

COOKIES & COLORING RECIPE

Oaty Cereal Bars

Total Time: 1 hr 10 min

Servings: 16 bars

Nutrition (per serving):

175.6 calories

2.1 g protein

23.7 g carbohydrates

35.8 mg cholesterol

210.2 mg sodium.



From [allrecipes.com](https://www.allrecipes.com)

Ingredients

- 1/2 cup granulated sugar
- 1/2 cup strained or extracted honey
- 1/2 cup peanut butter, smooth with salt
- 3 cups cereal
- 1 cup dry-roasted peanuts with salt

Directions:

1. Grease a 9x13 inch pan.
2. In a large saucepan over medium heat, stir together the sugar and honey.
3. Bring to a boil, then remove from heat and stir in the peanut butter until well blended.
4. Stir in the cereal and if desired, stir in the salted peanuts. Press into the prepared pan.
5. Allow to cool until firm, then cut into bars.