

Branching Out

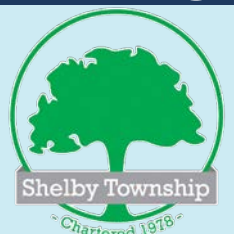
Shelby Township Events & Programs

Creating a Better Place through people, places and events



Shelby Township Parks, Recreation & Maintenance Catalog

Fall/Winter 2019-2020



Follow us on Facebook & Instagram

Serving the residents of Shelby Township at the
Shelby Township Activities Center, Burgess-Shadbush Nature Center,
the Shelby Township Senior Center and more than 1,100 acres of picturesque parks.



Shelby Township Parks, Recreation and Maintenance thanks the following people for their support:

SHELBY TOWNSHIP BOARD OF TRUSTEES

- Rick Stathakis, Supervisor
- Stanley T. Grot, Clerk
- Michael Flynn, Treasurer
- Lisa Casali, Trustee
- John Vermeulen, Trustee
- Vince Viviano, Trustee
- Lynn Wilhelm, Trustee

PARKS & RECREATION COMMITTEE

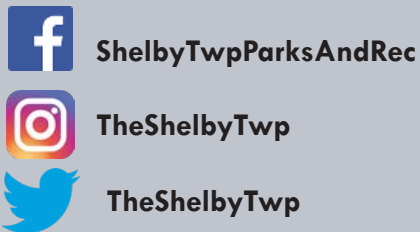
- Brian Zilli, Chairperson
- Joe Youngblood, PRM Department Rep
- Lynn Wilhelm, Board Rep
- Robert O'Brien, Vice Chair
- Shannon Alore
- Beth Bryer
- Stacy Cerget
- Ryan Knost
- Donald Watchowski
- Joe Yestrepki

SENIOR STEERING COMMITTEE

- Rick Stathakis, Supervisor
- Joe Youngblood, PRM Department Rep
- Amy Drake, Senior Coordinator
- Joan Hemingway
- Gloria La Grou
- Michael Paszkowski
- Mary Ann Swientoniowski

CHARTER TOWNSHIP OF SHELBY

Parks, Recreation & Maintenance Department
 Joe Youngblood, Director



Cover and event photos by Elite Photographic Studios

"We Create Community through People, Parks & Programs"
 Shelby Township Activities Center
 14975 21 Mile Road, Shelby Township, MI 48315

OFFICE HOURS

8:30 AM-noon and 1-5 PM, weekdays
 Office closes daily for lunch noon-1 PM

CONTACT INFORMATION

Phone: 586-731-0300
 Fax: 586-323-3054
 Email: shelbyprm@shelbytwp.org

shelbytwp.org/parks
 facebook.com/shelbytwpparksandrec

UPCOMING HOLIDAY CLOSURES

The Parks, Recreation and Maintenance Department Office and Shelby Township Senior Center will be closed in observance of the following holidays:

- Nov. 11 Veterans Day
- Nov. 28-29 Thanksgiving
- Dec. 24-Jan. 1 Christmas/New Year

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Catalog Key

Who's offering the class

Business or location offering the class, including the address
 Fee: \$ (Sometimes here)

Program

Title of Program – Description of program including, any additional equipment needed or included. Fee: \$ residents, \$ nonresidents (Sometimes here)
 #111111-A# TIME DAY(S) DATE LENGTH \$ (SOMETIMES HERE)
 Fee placement depends on listing

Title of Program – Description of program including any additional equipment needed or included. Fee: \$ residents, \$ nonresidents (Sometimes here)
 #111111-A# TIME DAY(S) DATE LENGTH \$ (SOMETIMES HERE)
 Activity Number

PRM MISSION STATEMENT

The Shelby Township Parks, Recreation and Maintenance Department staff provides progressive leisure, organized sports, cultural and educational programs to the township. It protects our natural resources and offers outdoor recreational opportunities to members of the community in a safe, healthy and enjoyable environment. The staff provides innovative and quality services to residents, businesses and service organizations in Shelby Township.

LIKE & FOLLOW US

Remember to like our Facebook page for updates and reminders about events, rainout information, photo albums from events and other news at [facebook.com/ShelbyTwpParksAndRec](https://www.facebook.com/ShelbyTwpParksAndRec).

CANCELLATIONS BECAUSE OF INCLEMENT WEATHER

When the weather calls for enough precipitation to cancel games, practices or classes, PRM places a phone message at **586-726-4556** and posts it to [facebook.com/ShelbyTwpParksAndRec](https://www.facebook.com/ShelbyTwpParksAndRec). Please check these areas before phoning PRM.

REGISTER FOR ACTIVITIES ONLINE

Enjoy the convenience of enrolling for classes from your computer. Visit shelbytwp.org/parks then follow the "Webtrac Online Registration" link on the left and follow the prompts using your household ID/username and password. Birthdate and grade level, where applicable, is required for online enrollment. If you see this information missing from your file, contact PRM to update your file. For more information about online registration or if you need help logging on, please call **586-731-0300**.

*If you have not previously done online business with us, please call **586-731-0300** or email shelbyprm@shelbytwp.org to provide names and birthdates, addresses and contact information so that we can create your account. After that, you can log on and enroll at your leisure.*

If you have previously done business with us, use your household ID number/username found on the top left portion of your receipt under the payment date to log on. Please call **586-731-0300** if you need assistance. Your 10-digit primary phone number is your password the first time you log on. After that, you'll be prompted to choose a new password. Following registration, you can submit payment by Visa or Mastercard.

INSTRUCTORS WANTED

Do you have a unique talent or skill that you can share with others? We're always on the lookout for instructors to teach classes, host workshops, hold seminars and lead camps for all ages. If you're interested in sharing your talent and knowledge, we'd love to hear your ideas. The new Shelby Township Activities Center has a craft room, computer room, meeting rooms, a multipurpose room and a full-size gymnasium available to meet a variety of needs.

If you enjoyed a class or workshop elsewhere and would like to suggest that we offer it, please share that with us. Send your ideas and proposals to Mike Adams madams@shelbytwp.org or call **586-731-0300** for more information.

REGISTRATION DATES

Residents of Shelby Township and Utica may register now. Unless otherwise noted, resident enrollment using any of the methods listed in the catalog are processed upon receipt. Nonresident registration begins Thursday, Oct. 24. Nonresidents must add \$7 for each activity unless the description contains a different fee.

SHELBY TWP. PARKS & RECREATION'S RESERVATION POLICY

Park pavilions, Hope Chapel and Heritage Garden can be reserved on a first-come, first-served basis with no restrictions on the date. Reservations can be made for any date, based on availability, for any month or year. Full payment is due at the time of the reservation. You may be subject to any price increases that go into effect between the date the reservation is made and the event date.

PRM does not grant refunds for Heritage Garden or Hope Chapel reservations. Refund requests for pavilion reservations can occur up to 30 days before the reservation date. Requests must be in writing. PRM deducts a 10% cancellation fee from the refund.

CONNECT WITH YOUR COMMUNITY

The Shelby Township Parks, Recreation and Maintenance Department invites businesses and organizations to show their support for the community.

Sponsors play an essential role in the success of the township's annual free and low-cost family events and youth athletic leagues. Several sponsorship levels and options are available. Benefits may include sponsor name on promotional materials, social media posts, email alerts, sponsor-provided promotional information placed at event, a space for sponsor to greet attendees and distribute information, a sponsor-provided banner placed at the sponsored event, and a listing on the "Thank You" page of the fall-winter edition of, "Branching Out." See page 27 for this year's appreciation.

To receive a sponsor packet or discuss options, email shelbyprm@shelbytwp.org or phone **586-731-0300**.

LOST & FOUND

Return found items from parks, events and games to PRM at the Shelby Township Activities Center at 14975 21 Mile Road. We tag items with where and when they were found. When possible, we contact the owner to let them know we have the lost item.

PRM keeps lost and found items for 30 days. Following that, PRM disposes of items or donates them to a local charity.

If you have lost an item, call **586-731-0300** or email shelbyprm@shelbytwp.org with a description.

DEPARTMENT POLICIES

Anti-Discrimination – The Parks, Recreation & Maintenance Department does not discriminate on the basis of race, color, national origin, sex, religion, age, gender identity, expression of sexual orientation or disabled status in the employment of or the provision of services.

Insurance – While the Parks, Recreation & Maintenance Department is committed to the safety of all of its participants, it takes no responsibility for personal injuries or loss of personal property while using township facilities or participating in activities. It is recommended that anyone enrolled in a program or using the facilities make provisions to provide adequate coverage with their own insurance program.

Photo Policy – The township frequently takes photos or video images of event and activity participants, visitors to our parks, and persons utilizing our facilities. These photos and video images are the sole property of the township and may be used for promotional and marketing purposes at its discretion.

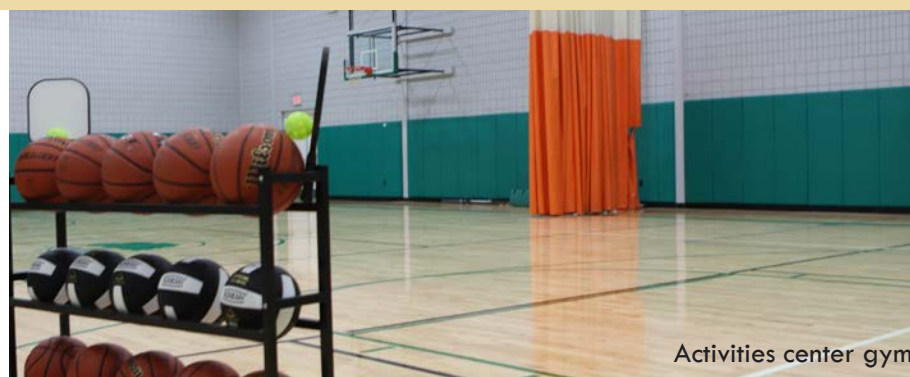


RENTALS & RESERVATIONS

RENTALS AT THE NEW SHELBY TOWNSHIP ACTIVITY CENTER

Do you need a room for a meeting, birthday party or shower? The Shelby Township Activities Center can provide rooms with tables and chairs 5-9 p.m., weekdays, and during daytime hours on Saturday and Sunday. The activities center kitchen is not available, and no alcohol is permitted on the premises. Call **586-731-0300** for more information. Prices are subject to change.

Gymnasium	\$75/hour resident	\$100/hour nonresident
North/South Court	\$50/hour resident	\$75/hour nonresident
Cafeteria – up to 125 occupants	\$60/hour resident	\$80/hour nonresident
Wertz Room – up to 40 occupants	\$40/hour resident	\$50/hour nonresident
Rooms 2 & 3 – up to 25 occupants	\$30/hour resident	\$40/hour nonresident
Rooms 4 & 5 – up to 25 occupants	\$30/hour resident	\$40/hour nonresident
Room 7 (craft room) – up to 25 occupants	\$30/hour resident	\$40/hour nonresident
Nonprofit Organizations – Rooms 2-5	\$15 flat fee for any meeting 3 hours or under	
	\$25 flat fee for any meeting over 3 hours	



Activities center gym

Full building layout on Page 14.



Activities center cafeteria

BIRTHDAY PARTY PACKAGES

Celebrate your birthday at the Shelby Township Activities Center at 14975 21 Mile Road. We will begin accepting reservations Oct. 1 for dates after Jan. 1, 2020. No reservations will be made for events before Jan. 1.

Available time slots are noon-2 p.m. or 1:30-3:30 p.m. Saturday or 1:30-3:30 p.m. Sunday. Rental includes one hour in a party room and one hour in the gym or craft room.

The rental fee for Shelby Township and Utica residents is \$175, and it is \$200 for nonresidents. The rental includes space for up to 20 children. Choose between gym or craft room rental.

Payment is due in full at booking. Renters provide decorations, food, eating utensils and craft. The Parks, Recreation and Maintenance Department supplies some gym equipment. Reservations must be made 14 days before the event date.

Parties that select a gym rental can pick one of the following game options at the time of reservation; basketball, soccer, pickleball, dodgeball, mission impossible, cornhole or golf toss. PRM supplies gym game supplies.

Call the Shelby Township parks and recreation office at **586-731-0300** to make your reservation. Payment is due in full at time of booking. Refunds and cancellations will be honored less a 10% processing fee. Request refunds in writing no later than 14 days before the reservation date. PRM will NOT issue refunds to requests within the 14-day window.

For more information, contact the Shelby Township parks and recreation offices at **shelbyprm@shelbytwp.org** or **586-731-0300** or visit the offices at the Shelby Township Activities Center at 14975 21 Mile Road.

PARK PAVILION RENTALS

Reservations for all pavilions are accepted in person at the Shelby Township Activities Center or by phone at 586-731-0300.

River Bends Park – You can reserve one of three pavilions with seating for up to 100 guests in our popular park at 5700 22 Mile Road. Shelters come with picnic tables, electrical outlets and barbeque grills. You'll have access to water, restrooms, playground areas, sand volleyball courts and horseshoe pits. Vehicles enter and park for free.

- **Mapleview Shelter** rents for **\$110 for residents, \$140 for nonresidents.**
- **Bittersweet and Hickory Grove Shelters** each rent for **\$170 for residents, \$200 for nonresidents.**



River Bends Park Mapleview Shelter

Woodall Neighborhood Park – This shelter at 4550 River Bends Drive off of Ryan Road accommodates up to 50 people with included picnic tables, barbeque grill and electric outlets. Water is available in restrooms only. **Fee: \$100 for residents, \$130 for nonresidents.**



Woodall Neighborhood Park shelter



Mae Stecker Park pavilion

Mae Stecker Park – Reserve a piece of the action at the pavilion in Mae Stecker Park with access to baseball diamonds, sand volleyball, basketball courts and tennis courts. The pavilion can accommodate up to 24 guests and has nearby restrooms. Mae Stecker Park is at 8600 24 Mile Road. Limited dates available. **Fee: \$50 for residents, \$80 for nonresidents.**



Chief Gene Shepherd Park pavilion

Chief Gene Shepherd Park – Within view of the popular splash pad, this pavilion is an excellent spot for a party, reunion or any gathering. The 40-by-60 structure can accommodate up to 80 people. Renters have access to picnic tables, electric outlets, water, indoor restrooms, playground, sand volleyball, horseshoe pit and bocce ball. The fee does not include the use of the splash pad. Chief Gene Shepherd Park is at 2452 23 Mile Road. **Fee: \$170 for residents, \$200 for nonresidents.**

HERITAGE GARDEN RESERVATIONS

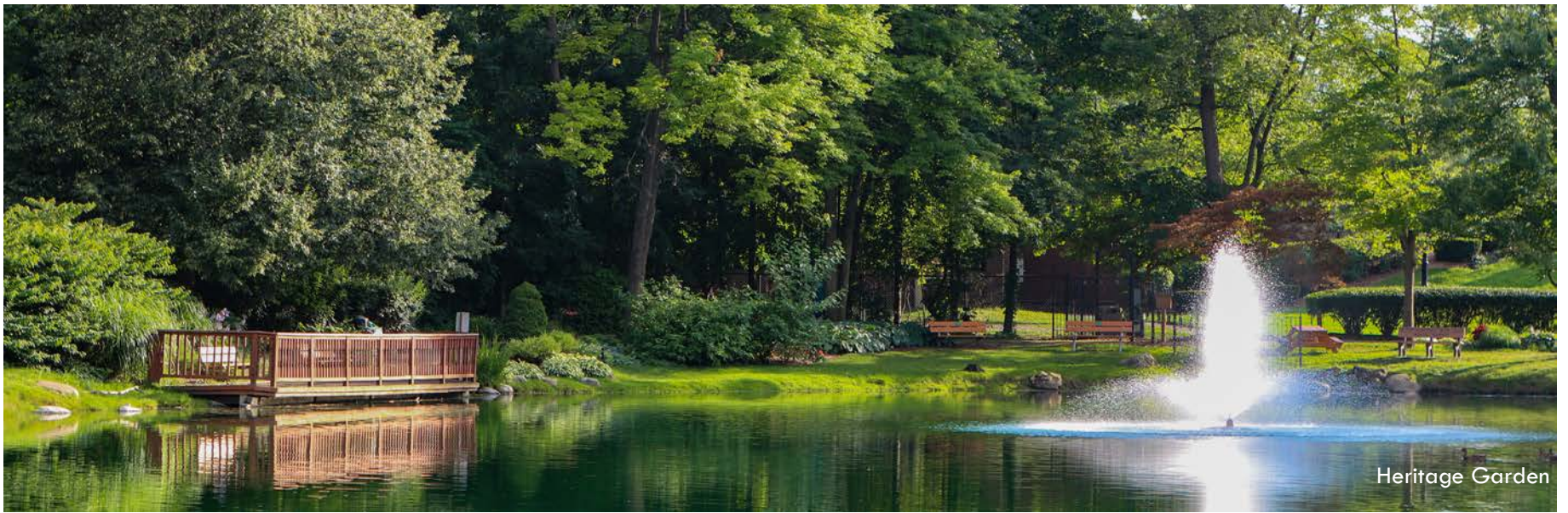
Beautiful Heritage Garden is the perfect spot to exchange wedding vows or capture a moment for years to come with professional photos. The garden is surrounded by ornate wrought-iron fencing next to a 2.5-acre spring-fed lake for a fairytale feeling. A 10-foot gazebo is tucked among beautiful trees, flowers and walkways maintained by the Shelby Gardeners Club and the PRM Department. Reservations include an attendant to assure exclusive use. Photographers and paid professionals are encouraged to make a reservation to ensure private use of the garden area. Reservations will be accepted in person or by phone at **586-731-0300**.

Fee: \$35/hour for residents, \$110/hour for nonresidents.

Wedding Reservations: There is a 2-hour minimum for a standing ceremony. There is a maximum of 10 chairs allowed in the garden for those who may not be able to stand throughout a service. Wedding parties may bring their chairs or choose to rent our white stacking chairs for \$5 each. A garden attendant will set up and remove our rented chairs.



Heritage Garden



Heritage Garden

WEDDINGS AT HOPE CHAPEL

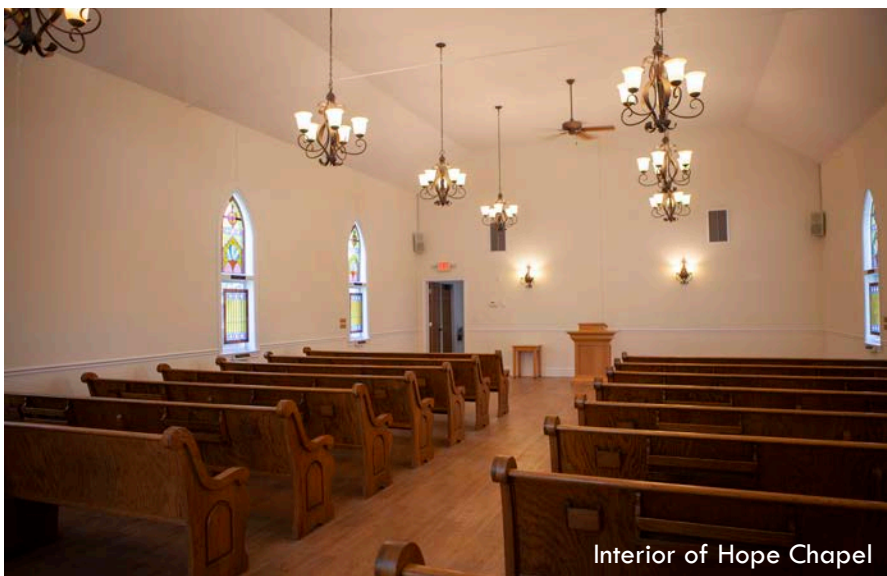
Celebrate your wedding at Shelby Township's Hope Chapel. Built in 1890 and relocated to the Shelby Township Municipal Campus in 2001, this quaint venue has all the charm of a small-town fairytale near beautiful Heritage Garden. **Fee: \$335 for residents, \$435 for nonresidents for a 2.5-hour time block and a one-hour rehearsal.**

Details:

- Seats up to 80 guests.
- Fridays, Saturdays and Sundays are available for weddings with Thursdays reserved for rehearsals.
- The wedding party is responsible for contracting its own clergy or officiant to perform their ceremony.
- Please call **586-731-0300**, or email shelbyprm@shelbytwp.org for details or to check availability.



Hope Chapel



Interior of Hope Chapel

ACTIVITY REGISTRATION

We accept **walk-in** registrations, in person, at the Shelby Township Activities Center at 14975 21 Mile Road. It's not necessary to complete a form for walk-in enrollment. Use cash, check, Visa, Mastercard or money order for walk-in payment.

Online enrollment for most classes and activities is available at shelbytwp.org/parks. Use the "Webtrac Online Registration" link in the left column and follow the prompts. Facility reservations and ticket sales are not available online.

Call the Parks, Recreation & Maintenance Department at **586-731-0300** to **enroll by phone** using your Visa or Mastercard. You will receive a receipt by email if your household has an email address on file with PRM. Otherwise, your credit card bill is confirmation of your enrollment.

To register by **mail**, enclose a check, or Visa or Mastercard information and a completed enrollment form in an envelope and mail it to our new address, Shelby Township Activities Center, 14975 21 Mile Road, Shelby Township, MI 48315.

You can **fax or email** registration by sending a completed enrollment form and Visa or Mastercard information. To fax, submit your documents to **586-323-3054**, or, to email, send all documents to shelbyprm@shelbytwp.org.

For mail, fax or email registration, please complete and sign the enrollment form below.

REGISTRATION DATES

Residents of Shelby Township and Utica may register now. Unless otherwise noted, resident enrollment using any of the methods listed in the catalog are processed upon receipt. Nonresident registration begins Thursday, Oct. 24. Nonresidents must add \$7 for each activity unless the description contains a different fee.



ENROLLMENT FORM

FOR MAIL, FAX OR EMAIL ENROLLMENT. PLEASE PRINT CLEARLY -- COMPLETE ENTIRE FORM & SIGN

Registrations will be processed upon receipt for Shelby Township and Utica residents. Registrations for nonresidents will be accepted beginning Thursday, Oct. 24. Enrollees will be notified if a class is full, canceled, or requires a supply list. A receipt will be sent via email if you have provided an email address. If you would like a receipt mailed to you, please include a self-addressed, stamped envelope with your mail-in or drop-box registration. Don't forget to sign the signature line. Include your check, money order, or credit card information. Make checks payable to Shelby Township Parks, Recreation and Maintenance. Event tickets not sold in person will be assessed a \$2 mailing fee if the receipt cannot be emailed. This fee does not apply to class registrations.

First Name _____ Last Name _____ Sex _____ Date of Birth _____ Grade _____ Activity # _____ Activity Name _____ Start Time _____ Start Date _____ Activity Fee _____ NonRes Fee if Required _____ Total Fee: \$ _____	First Name _____ Last Name _____ Sex _____ Date of Birth _____ Grade _____ Activity # _____ Activity Name _____ Start Time _____ Start Date _____ Activity Fee _____ NonRes Fee if Required _____ Total Fee: \$ _____	First Name _____ Last Name _____ Sex _____ Date of Birth _____ Grade _____ Activity # _____ Activity Name _____ Start Time _____ Start Date _____ Activity Fee _____ NonRes Fee if Required _____ Total Fee: \$ _____
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PAYMENT INFORMATION

Check/Money Order # _____	Credit Card # _____	Expiration Date _____
Credit Card - circle <input type="checkbox"/> Visa <input type="checkbox"/> Mastercard <input type="checkbox"/>	Cardholder's Name _____	

FAX-IN REGISTRATION ACCEPTED WITH CREDIT CARD PAYMENT ONLY! FAX FORM TO 586-323-3054

Mail registration form to: Shelby Township Parks, Recreation & Maintenance, 14975 21 Mile Road, Shelby Township, MI 48315

PLEASE PRINT CLEARLY & SIGN BELOW

Street Address _____ City or Township _____ Zip Code _____
 Home Phone _____ Work Phone _____ Cell Phone _____ Email Address _____
 Name of Parent or Guardian of Minor Child _____
 Emergency Contact Person _____ Emergency Phone _____ Relationship to Enrollee _____

PLEASE COMPLETE APPLICABLE INFORMATION:

Jersey/Shirt Size: Youth Adult XS S M L XL
 Is someone in the household volunteering? Circle: Coach Asst Other _____
 Name _____ Phone _____
 Team with (name) _____

NOTE REGARDING PRINTING ERRORS - Our office staff does its best to make sure the information, including fees and dates contained in our catalog, on flyers and posted online is correct. However, mistakes are made. We apologize for any misprints, but reserve the right to charge the corrected fee where an error is found.

WAIVER OF LIABILITY - In registering for the above, I hereby release the Charter Township of Shelby, its representatives, successors, and instructors of all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child, or other family members while participating in, observing, and traveling to or from the above listed activity. In addition, I hereby give my permission for the use of photos, video, or other likenesses of me or my minor child to be used in promotional materials for Shelby Township.

PLEASE SIGN HERE _____
 (Signature of Student or Parent of Minor Student)

FOR OFFICE USE ONLY

Processed by _____ Date _____ Receipt # _____
 Fax _____ Email _____ Mail _____ Drop-Box _____
 Notes _____

PRM DEPARTMENT & NATURE CENTER REFUND POLICIES

- PRM honors most refund requests if the request is made before a class meets for the second time.
- See league information for refund deadline dates, fees and policies for our athletic leagues.
- Requests for refunds for one-day events or classes, camps or for programs that meet for consecutive days must occur at least seven business days prior to the scheduled date.
- A \$7 fee per enrollment will be deducted from refunds for processing unless the description lists a different fee.
- A refund check will be mailed three to four weeks from the date of request for cash and check transactions.
- PRM credits refunds to your card for Visa or Mastercard refunds.
- Fees of \$7 or less are not eligible for refunds.
- Partial refunds are not issued.
- PRM does not grant refunds for Heritage Garden or Hope Chapel reservations.
- Refund requests for shelter reservations can occur up to 30 days before the reservation date. Requests must be in writing. PRM deducts a 10% cancellation fee from the refund.

ADDITIONAL INFORMATION

Event reservations or ticket sales – A \$2 per family mailing fee is added to reservation or sales not made in person if a receipt cannot be emailed. This fee does not apply to class enrollment. Event reservations are not available online.

Enrollment confirmation – Walk-in enrollment confirmation occurs at the time of registration. A receipt will be emailed for any enrollment not taken in person if an email address is on file.

Late registration and partial attendance – PRM does not prorate fees because of late registration or partial class attendance.

Check Return Policy – Any check returned for insufficient funds or any other reason is subject to processing and bank fees payable before further participation or registration.

Cancellations – PRM reserves the right to cancel an activity or program because of a lack of enrollment or other circumstances beyond its control. If a cancellation is necessary, PRM will contact enrollees by phone, and a full refund will be processed.

Senior Discount—Enrollees 65 or older are eligible for a 10% discount on their class enrollment upon request at the time of registration. If applicable, the discount occurs after the nonresident fee. A senior discount is not available for facility, park or event reservations.

Notice to Students—Instructors and staff members are not permitted to sell any product, service or espouse any spiritual or religious activity while performing duties as an instructor or facility member for the Charter Township of Shelby. Said persons must state their occupation and commercial role at the first class meeting. Also, literature with commercial content or business cards may be made available to students only upon the student’s request. The Charter Township of Shelby, PRM and its staff are not responsible for any activities that may take place inside or outside the classroom or off township properties.

EVENT & ACTIVITY LOCATIONS



- Shelby Township Activities Center**
14975 21 Mile Road
Shelby Township, MI 48315
- Argentine Tango Detroit**
7758 Auburn Road
Utica, MI 48317
- Body Images**
51204 Danview
Technology Court
Shelby Township, MI 48315
- Burgess-Shadbush Nature Center**
4101 River Bends Drive
Shelby Township, MI 48317
586-323-2478
- Cherry Creek Golf Club**
52000 Cherry Creek Drive
Shelby Township, MI 48316
- Chief Gene Shepherd Park**
2452 23 Mile Road
Shelby Township, MI 48316
- Dream Dance Co**
51756 Van Dyke Ave
Shelby Township, MI 48316
- Ford Field Central Park**
7460 23 Mile Road
Shelby Township, MI 48316
- Graceful Moves Dance**
54728 Shelby Road
Shelby Township, MI 48316
- Henriksen’s Golf Range**
51655 Van Dyke Ave.
Shelby Township, MI 48316
- Heritage Garden & Hope Chapel**
52700 Van Dyke Ave.
Shelby Township, MI 48316
- Holland Ponds**
50385 Ryan Road
Shelby Township, MI 48317
- Joe Dumars Fieldhouse**
45300 Mound Road
Shelby Township, MI 48317
- Lombardo Park**
11695 22 Mile Road
Shelby Township, MI 48317
- Mae Stecker Park**
8600 24 Mile Road
Shelby Township, MI 48316
- Master K’s Karate**
50658 Van Dyke Ave.
Shelby Township, MI 48317
- New Rink Roller Sports Complex**
50625 Van Dyke Ave.
Shelby Township, MI 48317
- New Way Martial Arts Academy**
48075 Van Dyke Ave.
Shelby Township, MI 48316
- River Bends Park**
5700 22 Mile Road
Shelby Township, MI 48317
- Shelby Lions Football & Soccer Fields**
51670 Van Dyke Ave.
Shelby Township, MI 48316
- Wag ‘N’ Tails Activity Center**
56776 Mound Road
Shelby Township, MI 48316
- Wag ‘N’ Tails Studio**
53153 Hayes Road
Shelby Township, MI 48315
- Whispering Woods Park**
11000 21 Mile Road
Shelby Township, MI 48315
- Woodall Neighborhood Park**
4550 River Bends Drive
Shelby Township, MI 48317



Shelby Township Activities Center

YOUTH & TEEN BASKETBALL LEAGUE

All leagues begin in mid-November and play at the Shelby Township Activities Center at 14975 21 Mile Road.

Grades 1 and 2 play once per week, and the schedule includes seven practices and four games. Grades 3 through 9 have one to two practices or games per week with seven practices and seven games. This section also includes playoffs. Weekday start times are as early as 5:45 p.m. and as late as 8 p.m. Fees listed are for Shelby Township or Utica residents. Nonresidents add \$10 per player.

Both players must request to be on each other's team for "buddy requests" to be honored. All players in divisions covering grades 1 through 9 may request one person as their buddy on the same team.

Register online at shelbytwp.org/parks. Online payment must be made using a Visa or Mastercard. To register by phone, call parks and recreation staff at **586-731-0300**. Phone payment must be made using a Visa or Mastercard. Register in person 8:30 a.m.-5 p.m., Monday through Friday, at the parks and recreation office in the Shelby Township Activities Center at 14975 21 Mile Road. The office is closed noon-1 p.m. for lunch. Cash, check, Visa or Mastercard can be used for in-person registration.

Refunds will be issued up until the first practice with a \$10 processing fee subtracted from refund. Phone **586-731-0300** with questions.

FEE:

#111118-A1	Instructional Coed Grades 1/2 (Wed)	\$80
#111118-A3	Boys Grades 3/4 Division (Mon/Sat)	\$90
#111118-A4	Boys Grades 5/6 Division (Tue/Sat)	\$90
#111118-A7	Boys Grades 7-9 (Days of play TBD)	\$90



2020 YOUTH BASEBALL PROGRAM

Youth baseball registration for Shelby Township and Utica residents runs Jan. 14–March 20 with online, walk-in and phone-in options available. Nonresidents can register Feb. 3–March 20. Nonresidents add \$10 per player. When registering online, you need your Household ID number and password. Email shelbyprm@shelbytwp.org or call **586-731-0300** to acquire that information. Register at webtrac.shelbytwp.org.

Pee Wee Tee begins May 2 and runs for seven weeks. All other leagues begin in late April or early May, depending on field conditions. Leagues are completed by July 4. Pee Wee Tee refunds are available through May 8. Refunds in all other divisions are available through April 18. PRM deducts a \$10 fee from all refunds.

As a guide, most players play one to two seasons in each division before moving up to the next division. Games and practices may also be on Fridays and Saturdays for all divisions if needed. Game times are 6:30 p.m. on weekdays and vary on Saturdays if required. Minor league players that are 11-years-old should be players that are not ready for the 50/70 Division.

All divisions will have approximately four practices and 12 games. Managers are allowed to request up to two other coaches, and one buddy request is allowed per player. Forming teams will **NOT** be permitted. Requests are not guaranteed, and your other coach or buddy must also request you.

The registration fee includes a team shirt, hat and an end-of-season award. Players supply their glove. No games take place Memorial Day weekend. Practices and games take place at parks located throughout Shelby Township.

Volunteer coaches, officials and staff play a vital role in our sports leagues. Please consider taking some time to make your child's sports experience a positive one by volunteering as a coach or assistant coach. To assist you, we'll provide general rules and guidelines at a volunteer meeting held before the season. No coaching experience is necessary. For more info on volunteering, please call **586-731-0300**.

Fees listed are for Shelby Township or Utica residents. Nonresidents add \$10 per player to fee. Register before Feb. 15 for a \$10 discount.

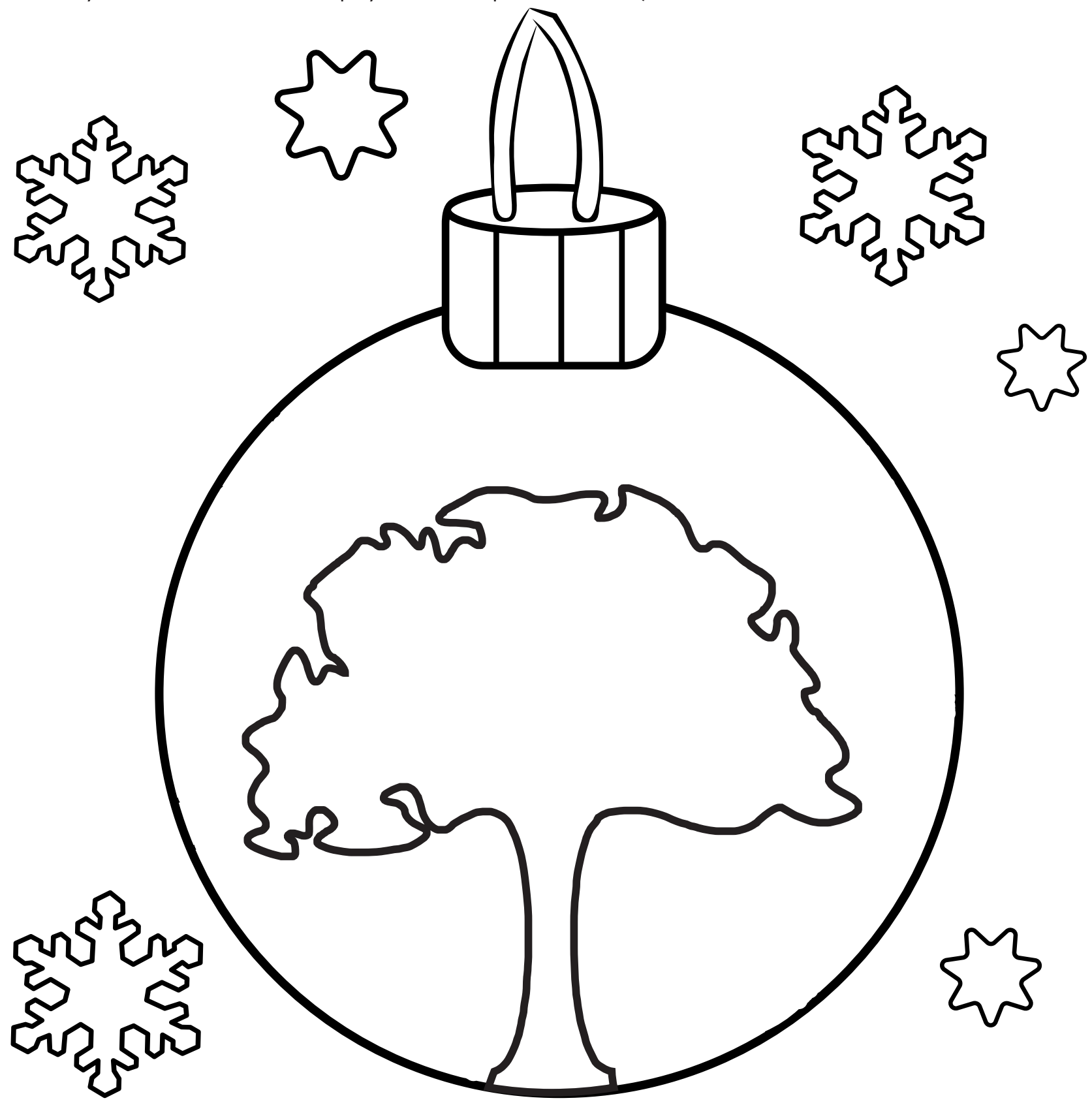
REGISTRATION #	DIVISION	DAYS	DISCOUNT PRICE	REGULAR PRICE
#111112-C1	Pee Wee Tee	Sat	\$55	\$65
#221112-A1	Coed Coach Pitch Ages 6-8	Mon/Wed	\$80	\$90
#221112-A2	Pitch Machine Ages 8-10	Tue/Thu	\$80	\$90
#211909-N3	Boys' Minor Baseball Ages 9-11	Tue/Thu	\$90	\$100
#211909-N6	Boys' Baseball 50/70 Ages 11-13	Mon/Wed	\$90	\$100
#211909-S1	Boys' Senior Ages 13-16	Tue/Thu (may vary)	\$90	\$100
#211909-S2	Boys' Baseball 16-18	Mon/Wed	\$90	\$100

2019 Shelby Township Christmas Coloring Contest

Participants: Students: Grades K-2; Special needs: Any age

Rules: Open to Shelby Township residents and Utica Community Schools students. Color the ornament and include your name, address and phone number on the back of the coloring sheet. One entry per person. Additional coloring sheets available at shelbytwp.org. Drop-off or mail your coloring sheet to the Shelby Township Library (51680 Van Dyke Ave., Shelby Township, MI 48316). Coloring sheets must be received by **5 p.m. Dec. 2.**

Prize: Judges will review the submissions and select a winner. First-place will welcome Santa Claus to Shelby Township and award him the "Key to the Township" prior to the Christmas tree lighting during Christmas Aglow, 7 p.m., Dec. 5 at 52700 Van Dyke Ave. All entries will be displayed at Township Hall until Jan. 3, 2019.



SHELBY TOWNSHIP ACTIVITIES CENTER

SHELBY TOWNSHIP ACTIVITIES CENTER 14975 21 MILE ROAD

OFFICE HOURS

8:30 AM-noon and 1-5 PM, weekdays
Office closes daily for lunch noon-1 PM

Mommy & Me Social – The “Mommy and Me Social” is an open gym for moms and toddlers. Meet other moms while your child burns off some energy in a safe and fun environment. Your toddler has the opportunity to run, jump and roll around during active play promoting muscle control, coordination, motor development, language development, cooperation and sharing. The social meets Saturdays throughout November in the Wertz Room at the Shelby Township Activities Center at 14975 21 Mile Road.
Fee per pair: \$60 resident, \$67 nonresident.

#211105-A1 10-11 AM SAT NOV. 2 6 WKS

Drawing Fundamentals – Drawing Fundamentals is a crash course in simple drawing and fundamentals such as shapes, light, shade, media manipulation and one- and two-point perspective. Classes run 90 minutes each, and students will use a pencil, charcoal and ruler. A simple art kit is sufficient and basic 11-by-14 paper is required. All supplies should cost less than \$20. Class is suitable for teens and adults and meets at the Shelby Township Activities Center at 14975 21 Mile. **Fee: \$50 resident, \$57 nonresident**

#221209-A1 10-11:30 AM SAT NOV. 23 4 WKS

DANCE CLASSES

Belly Dancing – Level 1 & 2 – Basics and Beyond – Are you interested in trying something different in a fun, laid-back atmosphere? Belly dancing is a beautiful form of exercise and expression. Meet new people while learning various belly dance choreographies. Optional performance opportunities are available at our October show. Classes serve ages 13 to adult. Dress comfortably. Contact Lori at underthemoonbd@gmail.com or **586-803-1918** with any questions. Lessons take place at the Shelby Township Activities Center at 14975 21 Mile Road. No classes on the week of Thanksgiving.
Fee: \$36 resident, \$43 nonresident.

#221507-A1 6:05-7 PM WED OCT. 23 6 WKS
#221507-A2 6:05-7 PM WED JAN. 8 6 WKS

Belly Dancing – Performance Group – Want to perfect existing moves and learn new moves and advanced choreography? This class will offer different styles of dance and how to layer movements to a variety of music. Optional performance opportunities are available. Please note, this class requires an invitation from the instructor. Contact Lori at underthemoonbd@gmail.com or **586-803-1918** with any questions. Lessons take place at the Shelby Township Activities Center at 14975 21 Mile Road. No classes on the week of Thanksgiving. **Fee: \$48 resident, \$55 nonresident.**

#221507-B1 7:05-8:30 PM WED OCT. 23 6 WKS
#221507-B2 7:05-8:30 PM WED JAN. 8 6 WKS



Belly dancing

new **Strength & Conditioning For Dancers + Cheerleaders** – Dancers must be strong and fit to endure the rigors of a dance performance. This strength and conditioning class is designed to strengthen dancers’ bodies, complement technical and stylistic dance training, prevent injuries and help reach a level of performance that will ensure success. Former Detroit Lions cheerleader Bianca Brengman teaches the class. Lessons take place at the Shelby Township Activities Center at 14975 21 Mile Road. **Fee: \$54 resident, \$61 nonresident**

#211302-A1 5:15-6:15 PM TUE NOV. 12 6 WKS
#211302-A2 5:15-6:15 PM TUE JAN. 7 6 WKS

new **Junior/High School Pom Technique (ages 10 +)** – Does your child want to be on the junior high or high school pom team? Then this is the class for you. This class focuses on jazz, kick, lyrical and ballet technique to prepare your child for their school’s pom and dance team try-outs. Former Detroit Lions cheerleader Bianca Brengman teaches the class. Lessons take place at the Shelby Township Activities Center at 14975 21 Mile Road.
Fee: \$54 resident, \$61 nonresident

#221302-B1 6:30-7:30 PM TUE NOV. 12 6 WKS
#221302-B2 6:30-7:30 PM TUE JAN. 7 6 WKS

new **Latin Dance Class** – This Latin dance class for individuals teaches basic moves without a regular training partner. This class offers a chance to learn the steps and timing for rumba, cha-cha, samba, merengue, and swing. Each class begins and ends with warm-up moves to get a low- to medium-impact workout at your own pace while having fun. Class meets at the Shelby Township Activities Center at 14975 21 Mile Road. Corrective Health and Exercise Therapy leads the class. There is no class Nov. 28.
Fee: \$50 resident, \$57 nonresident

#221517-A1 6-7 PM THU NOV. 14 6 WKS

INSTRUCTORS WANTED

Do you have a unique talent or skill that you can share with others? We’re always on the lookout for instructors to teach classes, host workshops, hold seminars and lead camps for all ages. If you’re interested in sharing your talent and knowledge, we’d love to hear your ideas. The new Shelby Township Activities Center has a craft room, computer room, meeting rooms, a multipurpose room and a full-size gymnasium available to meet a variety of needs.

If you enjoyed a class or workshop elsewhere and would like to suggest that we offer it, please share that with us. Send your ideas and proposals to Mike Adams madams@shelbytwp.org or call **586-731-0300** for more information.

FITNESS & WELLNESS CLASSES

Pound Fitness – Come experience this invigorating, full-body workout that combines strength training, conditioning and cardio while drumming with lightly weighted drumsticks. Designed for all fitness levels, “POUND” provides a great atmosphere for toning up and having fun. Dress comfortably and bring a yoga mat. Classes are held at the Shelby Township Activities Center at 14975 21 Mile Road. Maximum class size is 15 participants. Contact Jenn at jennifer0372@yahoo.com. **Fee: \$40 resident, \$47 nonresident**

#221301-A1 7-8 PM THU NOV. 7 6 WKS
 #221301-A2 7-8 PM THU JAN. 9 6 WKS

Stretch & Tone – This class is designed for the individual who would like a mild, low-impact exercise class. Students learn gentle stretching and toning exercises using resistance bands and light weights. Also includes breathing and warm-up exercises. Movements are done sitting and standing. Please bring your own resistance bands and 2- or 3-pound weights. Instructor is Janet Randolph. No class Nov. 27. **Fee: \$45 resident, \$52 nonresident.**

#221306-B1 5-5:55 PM WED OCT. 23 6 WKS
 #221306-B2 5-5:55 PM WED JAN. 8 6 WKS
 #221306-B3 5-5:55 PM WED FEB. 19 6 WKS

Meditations & Energy Healing – Learn what meditation is, its health benefits and how it boosts and heals the immune system. Each meditation brings “universal life force” energy through your physical body to clear energy pathways. Meditation balances the mind, body and spirit. Please join us in healing physically and emotionally by implementing daily meditation and intuitive practices using guided meditations.

Fee: \$20 resident, \$27 nonresident.

#221302-D1 9-10 AM SAT OCT. 19 2 WKS

Healing through Grief – We will learn methods to embrace our circumstances and gently release from the phases of grief and other stressful life conditions. These practices may help ease undesirable emotions, such as pain and suffering. This practice will raise our vibrations and expand the perceptions of these life experiences. **Fee: \$32 resident, \$39 nonresident.**

#221302-D2 9-10 AM SAT NOV. 2 4 WKS

Forgiveness Workshop (Parts 1 & 2) – Learn to accept reality and release negativity surrounding issues, situations and people. We will practice meditation techniques to protect ourselves from vulnerability in the future and forgive ourselves, others and unfortunate circumstances. When we learn to forgive, our “soul growth” increases, and it is spiritually, perceptually, emotionally and physically liberating. **Fee: \$20 resident, \$27 nonresident.**

#221302-D3 9-10 AM SAT DEC. 7 2 WKS

Meditations with Intentions – Guided meditations and techniques to clear old karma will help make space for renewed life intentions. We will work with positive affirmations and allow our intuition to develop and manifest specific objectives to live a fulfilling life with purpose.

Fee: \$32 resident, \$39 nonresident.

#221302-D4 9-10 AM SAT JAN. 4 4 WKS

new Self-Hypnosis Class – Self-hypnosis is a safe and effective way to achieve your goals easier and faster than before. In this class, you will learn what hypnosis is and is not, how powerful your mind is and how to harness that power to bring about positive change in your life. There will be in-class practice sessions. Class meets at the Shelby Township Activities Center at 14975 21 Mile Road.

Fee: \$45 resident, \$52 nonresident.

#221821-A1 6-7:30 PM MON NOV. 11 3 WKS

new Koru Mindfulness Basic Class – “Koru Mindfulness” is an evidence-based curriculum specifically designed for teaching adults mindfulness, meditation and stress management. While designed for emerging adults ages 18-29, students 60 and older have benefited from the class, too. The courses are 75 minutes and meet once a week for four weeks. We cover what mindfulness is and go into various meditation practices such as sitting, walking and eating meditation. The “Koru Mindfulness” curriculum provides tools to navigate stress and is designed for reduced stress, greater calmness, more self-compassion and feeling more rested. Life happens, so why not have the means to better equip you for the most stressful situations. The class is for adults 17 and older and has a maximum class size of 14 students.

Additional costs are a one-time \$3.99 fee for a smartphone application. A purchase of “The Mindful Twenty-Something” is also required. Please provide an email when you register so that you are sent a “Koru Mindfulness” link to your specific course. Class meets at the Shelby Township Activities Center at 14975 21 Mile Road. No class Nov. 23.

Fee: \$40 resident, \$47 nonresident.

#221318-A1 4-5:15 PM SAT NOV. 9 4 WKS

Basic Yoga – This class is appropriate for beginners. Learn to build a strong foundation of fundamental yoga postures and explore principles of alignment, breath and mindfulness. Also suited for practitioners seeking to refine and master the fundamentals. Students are encouraged to work within their unique abilities and limitations. Please bring a yoga mat. Classes occur at the Shelby Township Activities Center at 14975 21 Mile Road.

Fee: \$56 resident, \$63 nonresident

#221302-D1 6-7 PM THU NOV. 14 7 WKS
 #221302-D2 6-7 PM THU JAN. 9 7 WKS



Tai Chi

TAI CHI

Tai Chi is a form of moving meditation, consisting of slow, graceful movements that can improve balance, increase circulation and reduce everyday stress. It also strengthens the body and mind. Instructor Janet Randolph will help you experience the many benefits of Yang Style Tai Chi. This class is for all ages and is popular so enroll now. No equipment necessary, but please wear loose clothing. The class meets at the Shelby Township Activities Center at 14975 21 Mile Road. **Fee: \$99 resident, \$106 nonresident**

Beginner – #221306-A1 6-6:55 PM TUE JAN. 7 12 WKS

Review of Section 1 & Continue Section 2 – No new students. Instructor approval is required.

#221306-A4 5-5:55 PM TUE JAN. 7 12 WKS

Intro Section 2 & Review Section 1 – No new students. This class is for students that have already completed section 1 and would like to review the form and advance to section 2. Class time is divided 50/50. See the instructor for approval.

#221306-A3 8-8:55 PM TUE JAN. 7 12 WKS

Advanced Tai Chi Section 3 – No new students, instructor approval is required. This class is for students that are continuing their study of Tai Chi and have experience with classes in section 2 forms.

#221306-A2 7-7:55 PM TUE JAN. 7 12 WKS

UPCOMING EVENTS

2019 CHRISTMAS AGLOW

7 PM
THURSDAY, DEC. 5
Shelby Township Municipal Grounds
52700 Van Dyke Ave.

See Santa, hear some of your favorite Christmas carols and join us to share in the spirit of Christmas as we light the big tree. Visit with the jolly guy after he lights the tree, enjoy kids' crafts, cookies and hot chocolate, a marshmallow roast, horse-drawn wagon rides, and food trucks. Don't forget your wish list.



BREAKFAST WITH SANTA

9:30 OR 11:30 A.M. SHARP
SATURDAY, DEC. 7
Shelby Township Activities Center
14975 21 Mile Rd

Enjoy a catered breakfast buffet of pancakes, sausage, potatoes, fruit, bacon and beverages while giving your little ones a chance to visit with jolly old St. Nick without waiting in line at the mall. Mrs. Claus and some of her friends will also visit with and entertain guests. Volunteers from the Eisenhower Key Club will assist. Each child will receive a small gift from Santa and have an opportunity to make a simple holiday craft. Resident registration is open now, and nonresident reservations start Oct. 24. High chairs and booster seats are not available. Tickets are not available at the door.

Fee (any age) is \$14 per seat for residents, \$20 for non-residents.



Seating Time		
9:30 AM	.438 resident	\$14
	.439 nonresident	\$20
11:30 AM	.440 resident	\$14
	.441 nonresident	\$20

DADDY DAUGHTER DANCE

6-8:30 PM
THURSDAY, FEB. 13
Cherry Creek Golf Club
52000 Cherry Creek Drive



Dad, treasure and share a memorable evening with your special little lady in a beautiful setting worthy of a princess. Arrive for open seating at 6 p.m. Parties of four or more should arrive at 5:45 p.m. to ensure seats together.

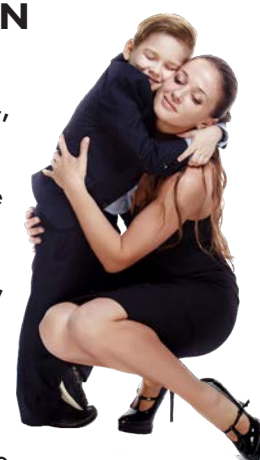
The Shelby Township Parks, Recreation and Maintenance Department provides a gorgeous bouquet and small gift for each young lady. Enjoy a delicious buffet dinner at 6:30 p.m. followed by dancing to a DJ. Keepsake photos are available for a fee payable by cash or check at the event. The evening concludes at 8:30 p.m., while your memories last a lifetime.

Please call the PRM office at **586-731-0300** for reservations by Jan. 29, or before the event is sold out. No refunds after Jan. 29.

.410	Resident couple	\$46
.411	Additional daughter	\$18 each
.401	Nonresident add	\$15/family

MOTHER SON DANCE

6-8:30 PM
WEDNESDAY, MARCH 4,
2020
Cherry Creek Golf Club
52000 Cherry Creek Drive



Moms and little gents, get together for dinner, dancing and DJ entertainment. A professional photo is available for a fee payable by cash or check to the photographer at the event. There will be a treat at the end of the evening for all children.

Parties of four or more should arrive 5:45-6 p.m., together, to ensure seats together. There are no saving seats. Reservations are available by phone, walk-in, mail, fax or emailed form.

Call **586-731-0300** or email shelbyprm@shelbytwp.org for details.

Do not wait to make your reservation. This event sells out fast. Tickets are not sold at the door. Please do not purchase tickets for other families. Each family must register separately. Refunds are not available seven business days before the event. A \$7 processing fee will apply to all refunds.

.412	Resident couple	\$46
.413	Additional son	\$18 each
.401	Nonresident add	\$15/family

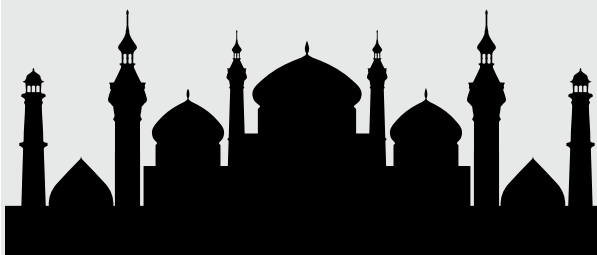


DINNER AND DANCING WITH SANTA

6-8:30 PM
THURSDAY, DEC. 12
Cherry Creek Golf Course
52000 24 Mile Road
Sponsored by Genisys Credit Union

Join the excitement with Santa Claus for a delicious buffet dinner and dancing to festive DJ music. Visit with Santa, Rudolph and Frosty. Children receive a small gift. Dinner is served at 6 p.m., and the evening concludes at 8:30 p.m. Seating is reserved, and reservations are accepted by the Shelby Township Parks, Recreation and Maintenance Department. Residents can reserve seats beginning Oct. 17, and nonresident reservations begin Oct. 31. The reservation deadline is Nov. 27 or until the event is sold out. No refunds after Nov. 27, and no tickets are sold at the door. Dinner and Dancing with Santa Claus is sponsored by Genisys Credit Union.

.404	Ages 5 and up	\$23
.405	Ages 4 & under	\$15
.401	Nonresidents add	\$15/family



PRINCESS FANTASY FUN NIGHT

6-8 PM
FRIDAY, JAN. 31, 2020
Shelby Township Activities Center
14975 21 Mile Rd

Dress up and prepare for a magical "Arabian Night" at this year's "Aladdin" Princess Fantasy Fun Night. This event is designed for children 3 to 10 and features a kid-friendly dinner, face painting, glitter tattoos, a themed craft, end of evening gift and a visit from Princess Jasmine. Register early. Space is limited. A parent or adult caregiver must accompany children.

.407	Resident child	\$16
.408	Resident adult	\$10
.409	Nonresidents add	\$10/ family



Holiday Thanks to Our Supporters

The staff from the Shelby Township Parks, Recreation and Maintenance Department sends its sincerest thanks and best wishes to the many generous individuals, businesses and service organizations that supported our activities, events, programs and athletic leagues throughout 2019. Contributions included financial assistance, donations of goods and services as well as volunteering time to aid and ensure successful, special events. Our supporters are very important to us, and we warmly wish them health, happiness, peace and prosperity this holiday season and throughout the coming year.

Barbara Gasparski
Betty Forte
Blossom Ridge
Bob & Diane Labadie
Burgess Trust
Christian Financial Credit Union
Clinton River Area Mountain Bike Association
Comfort Keepers
Detroit Area Steelheaders
Detroit Sportsmen's Club
Dr. Ban R. Barbat
DTE Energy Foundation
Eisenhower Key Club
Genisys Credit Union
Hampton Manor
Henry Ford Macomb Hospital

Iwona Wszedybyl Insurance
James Cadwell
Kerner's Auto Service
Knights of Columbus Council #13983
Knights of Columbus Council #13799
Macomb Charity Connect
Macomb Orthodontics
MC Dental Care
McLaren Macomb Hospital
Melanie Nikel
Michael Ward
MOD Pizza/Del Taco
Motor City Appliance
Oak Street Health
Oakleigh of Macomb
Pam Aulgur
Pine Ridge Villas of Shelby

Prime Site Media
Robby Atherton Foundation
Ronayne Family
Sarah Katsavrias
Senior Center Steering Committee
Shelby Community Foundation
Shelby Township Fire Department
Shelby Township FOP
Shelby Township Lions Club
Shelby Township Police Department
Silla Tomasi
Slow Pokes Bicycle Club
Susalla Family
Tatge Family
Telly's Greenhouse
Tide Dry Cleaners
Wright Family

ARTISTS & VENDOR APPLICATIONS AVAILABLE FOR 2020 SHELBY TOWNSHIP ART FAIR

April 1 Deadline

SHELBY TOWNSHIP

Art Fair

The Shelby Township Art Fair Committee is seeking artists and vendors for its 37th annual juried show Aug. 8-9, 2020. This event, which is co-hosted by Shelby Township, the Art Fair Committee and the Shelby Township Parks, Recreation and Maintenance Department, provides an excellent experience for more than 15,000 visitors from near and far. The fair includes more than 100 artists, artisans, crafters and "Michigan Made Market" vendors. There is also food, music, a kids' craft and activity area, and more.

The 2020 Shelby Township Art Fair takes place at beautiful River Bends Park at 5700 22 Mile Road, just west of Shelby Road. This new location provides a more substantial area for exhibitors and entertainment, nearly twice as much parking, and convenient free shuttle buses. This lovely park with plenty of mature trees, flat grassy areas and three pavilions is a favorite place for special events.

Applications are available by visiting shelbyartfair.org. To receive an application, email marshallp@shelbytwp.org or call 586-731-0300. The deadline to apply is April 1, and jury results get mailed on or around May 1, 2020.

SPONSOR OPPORTUNITIES AVAILABLE

Local, regional and national businesses and organizations are invited to support the art fair. A variety of sponsor options and marketing opportunities fit almost any budget. Sponsor support allows the committee and the PRM Department to continue hosting this family-friendly event.

Options include event partner, entertainment sponsor, shuttle bus sponsor, promotional sponsor and more. Details about the options are at shelbyartfair.org. Call Pam Marshall at 586-731-0300 to discuss sponsor options.



ACTIVITIES CENTER

Parks • Recreation • Seniors

SEE THE NEW SHELBY TOWNSHIP ACTIVITIES CENTER

"We Create Community through People, Parks & Programs"

14975 21 Mile Road, Shelby Township, MI 48315

PARKS & RECREATION OFFICE HOURS

8:30 AM-noon and 1-5 PM, weekdays
Office closes daily for lunch noon-1 PM

CONTACT

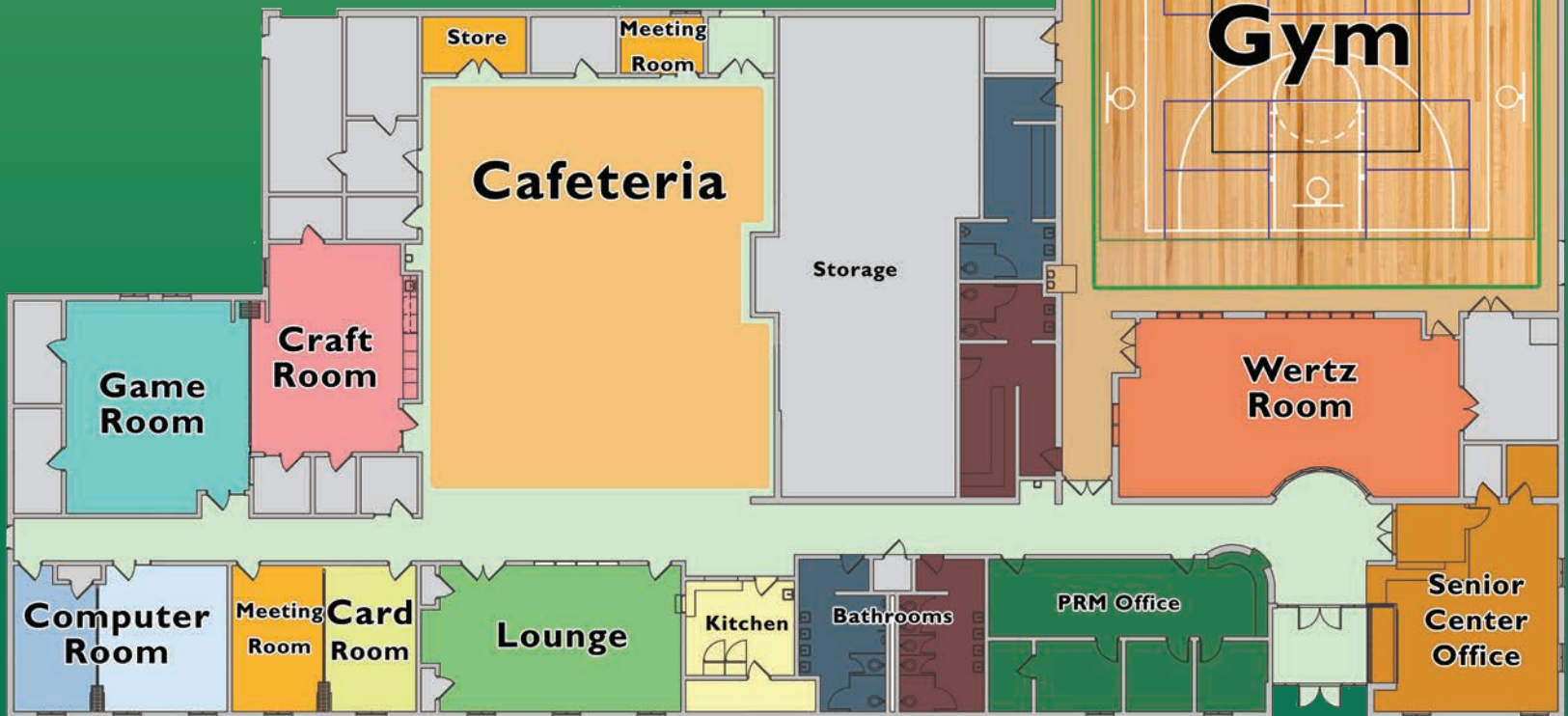
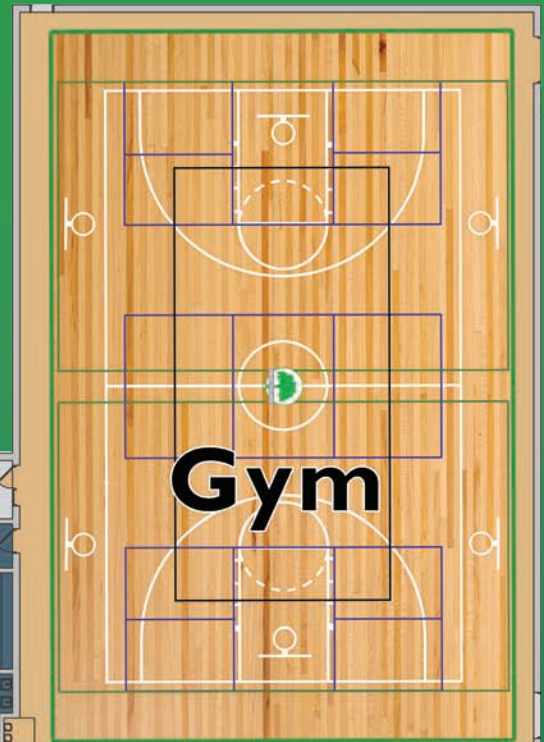
Phone: 586-731-0300
Fax: 586-323-3054
Email: shelbyprm@shelbytwp.org
shelbytwp.org/parks
facebook.com/shelbytwpparksandrec

SENIOR CENTER OFFICE HOURS

8:30 AM-5 PM, weekdays

CONTACT

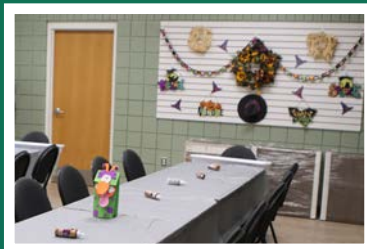
Phone: 586-739-7540
Fax: 586-323-3054
Email: seniors@shelbytwp.org
shelbytwp.org/seniors
facebook.com/shelbytwpseniors



GAME ROOM



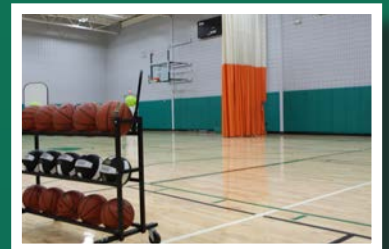
ART ROOM



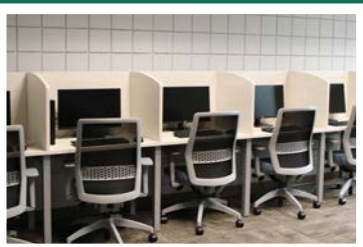
CAFETERIA



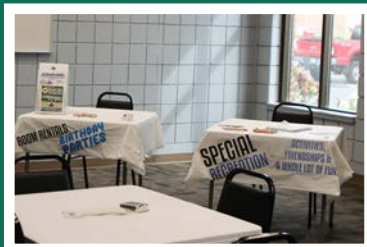
GYM



COMPUTER ROOM



CARD ROOM



LOUNGE



WERTZ ROOM





Join us for daily...

pickleball

basketball

aerobics

volleyball

walking

...and more for adults, seniors and families.

Go to shelbytwp.org/parks for weekly schedules.



ARGENTINE TANGO DETROIT
 7758 AUBURN ROAD, UTICA, MI 48317

Salsa Dance Classes With Practice Party – Learn the sultry salsa for club-style dancing or to prepare to go on that special Latin holiday. Have fun in a welcoming and relaxed atmosphere. Stay and enjoy a fun time practicing with your instructor nearby. No partner is needed. **Fee: \$45 resident, \$52 nonresident for singles and \$85 resident, \$92 nonresident for couples.**

#221509-A1	7 PM	WED	OCT. 30	6 WKS
#221509-A2	7 PM	WED	DEC. 11	6 WKS
#221509-A3	7 PM	WED	JAN. 22	6 WKS
#221509-A4	7 PM	FRI	NOV. 1	6 WKS
#221509-A5	7 PM	FRI	DEC. 13	6 WKS
#221509-A6	7 PM	FRI	JAN. 24	6 WKS

Beginner Ballroom Dance Lesson – Learn elegant ballroom dances for weddings or social functions. The class includes popular dances such as the foxtrot, waltz, cha-cha, rumba, swing and more. Have fun in a welcoming and relaxed atmosphere. No partner is needed. **Fee: \$45 resident, \$52 nonresident for singles and \$85 resident, \$92 nonresident for couples.**

#221509-B1	7 PM	MON	OCT. 28	6 WKS
#221509-B2	7 PM	MON	DEC. 9	6 WKS
#221509-B3	7 PM	MON	JAN. 20	6 WKS

Beginner Argentine Tango – Tango is one of the most exquisite Latin dances and is suited for slow music, social dancing for any occasion or club dancing. The lesson includes a 1-hour practice session. **Fee: \$45 resident, \$52 nonresident for singles and \$85 resident, \$92 nonresident for couples.**

#221509-D1	2 PM	SUN	OCT. 27	6 WKS
#221509-D2	2 PM	SUN	DEC. 9	6 WKS
#221509-D3	2 PM	SUN	JAN. 5	6 WKS

Argentine Tango/Beginner with Practice Party – Tango is one of the most exquisite Latin dances and is suited for slow music, social dancing for any occasion or club dancing. The lesson includes a 2.5-hour party including snacks and beverages with DJ. Have fun in a welcoming and relaxed atmosphere. No partner is needed. **Fee: \$45 resident, \$52 nonresident for singles and \$85 resident, \$92 nonresident for couples.**

#221509-B6	8 PM	FRI	NOV. 1	6 WKS
#221509-B7	8 PM	FRI	DEC. 13	6 WKS
#221509-B8	8 PM	FRI	JAN. 24	6 WKS

Hip-Hop Dance Class/Beginner – Hip-hop encompasses many different urban dance styles such as popping, locking, breaking and freestyle movement. It allows students to develop their sense of style. Our hip-hop classes teach rhythm, coordination, musicality and choreography in a fun and relaxed atmosphere. **Fee: \$45 Resident, \$52 nonresident**

#221509-E1	5 PM	WED	OCT. 31	6 WKS
#221509-E2	5 PM	WED	DEC. 12	6 WKS
#221509-E3	5 PM	WED	JAN. 5	6 WKS


BODY IMAGES

51204 DANVIEW TECHNOLOGY COURT NORTH SIDE OF 23 MILE ROAD, WEST OF SCHOENHERR
 BODYIMAGESFITNESSCENTER.COM

Classes begin the week of Nov. 11, and sessions last 12 weeks
 You can take any class, any day, any time.

#221301-A1	12 classes	\$98 resident, \$105 nonresident
#221301-B1	24 classes	\$168 resident, \$175 nonresident

Bodypump – This weight class is for everyone and will make students toned, lean and fit. Using light to moderate weights, with lots of repetition, it features a total-body workout that burns calories. The class features motivational instructions and upbeat music. It is perfect for any fitness level. Our instructors are certified, so join today.

MON/WED/FRI	9-10 AM
MON/WED	4:45-5:45 PM
MON/WED	7-8 PM
TUE/THU	6-7 PM
SAT	10:20-10:40 AM

H.I.I.T Total Burn – Full Body Workout – This class is a 45-minute cardio interval training workout designed to make you burn calories and improve upper- and lower-body strength. Every workout is different and may use exercise bands, balls, weights and more. It is excellent for all levels of fitness. We'll show you modifications to every exercise so there's nothing you can't do.

MON	6-6:45 PM
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STEP & SCULPT – This workout is for all levels of fitness. It uses basic stepping movements and motivating music to give you a fun cardio workout. It features segments of toning with dumbbells and tubing focused on shaping your upper and lower body. The class finishes with a core and cool-down stretch.

MON	6-6:45 PM
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Pound – This is a full-body cardio jam session, combining light resistance with constant simulated drumming. The workout fuses cardio, Pilates, strength movements, plyometrics and isometric poses. Through continual upper-body motion, using our lightly weighted drumsticks, you'll turn into a calorie-torching drummer.

TUE	7:15-8:15 PM
THU	7:15-8:15 PM

Weekend Warrior Bootcamp – This class is a 45-minute workout that focuses on improving your cardio, toning your arms, legs and butt as well as core conditioning in a circuit-style class. You can work at your own pace as all levels are welcome.

SAT	9:30-10:15 AM
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Yoga for Balance & Strength – This class is appropriate for yoga practitioners of all levels. The authentic and spiritually-oriented Hatha yoga class presents a mental and physical challenge that is fun and inclusive. Everyone is welcome. Please wear comfortable clothing and bring a yoga mat.

TUE	5-5:45 PM
FRI	10:15-11 AM



MASTER K'S KARATE INSTRUCTION

At Master K's Karate, located at 50658 Van Dyke Ave., students gain confidence and social skills in a caring, structured environment geared for enjoyment. The supervised atmosphere emphasizes encouragement, safety and fun in noncontact classes. Wear comfortable clothes and bring a smile. Register now with Shelby Township parks and recreation.

Fee: \$40 resident, \$47 nonresident for four-week classes, \$30 resident, \$37 nonresident for three-week classes.

Karate for Adults (ages 12 & up) – Get in shape while learning karate and self-defense. Wear loose clothing for this fun, noncontact beginner's class. Work at your level and increase focus, balance, control and strength while learning valuable martial arts techniques. Relieve stress and achieve greater self-confidence. No class Nov. 28, Dec. 23 and Dec. 26.

#221305-C1	7:15-8:30 PM	MON	NOV. 4	4 WKS
#221305-C2	7:15-8:30 PM	MON	DEC. 2	3 WKS
#221305-C3	7:15-8:30 PM	MON	JAN. 6	4 WKS
#221305-C4	7:15-8:30 PM	MON	FEB. 3	4 WKS
#221305-C6	7:15-8:30 PM	THU	NOV. 7	4 WKS
#221305-C7	7:15-8:30 PM	THU	DEC. 5	3 WKS
#221305-C8	7:15-8:30 PM	THU	JAN. 2	4 WKS
#221305-C9	7:15-8:30 PM	THU	FEB. 6	4 WKS

Children's karate programs on Page 18.

WAG 'N' TAILS

The Wag 'N' Tails Activity Center is at 56776 Mound Road just south of 26 Mile Road at the Mound Shelby Commons Industrial Plaza. The Wag 'N' Tails Studio is at 53153 Hayes Road, just north of 23 Mile Road. Please contact us to review your class location and requirements. All health vaccinations must be current and include DHLPP, Bordatella, negative fecal test, negative heartworm test and Rabies for dogs 6 months and older.

Please bring vaccination records before the first class.
Don't forget your training treats.

Puppy Preschool (7 wks-6 mths) – A detailed course designed to educate dog parents on how puppies think, learn and communicate. Housetraining, understanding nipping and biting, and proper greetings are just a few of the behavior topics covered in addition to commands taught. **Fee: \$219 residents, \$226 nonresidents**

#231822-A1	11 AM	SAT	NOV. 9	6 WKS CENTER
#231822-A2	6:30 PM	WED	NOV. 13	6 WKS STUDIO
#231822-B1	6:30 PM	MON	JAN. 6	6 WKS CENTER
#231822-B2	11 AM	SUN	JAN. 12	6 WKS CENTER
#231822-C1	8 PM	TUE	JAN. 21	6 WKS STUDIO
#231822-C2	6:30 PM	THU	FEB. 6	6 WKS STUDIO

Bark To The Basics – Come and find some relief to the behavior problems you have been tolerating. If you're not having difficulties, this class provides exercise and socialization while teaching and reinforcing the basics. **Fee: \$239 resident, \$246 nonresident**

#231822-F1	12:30 PM	SUN	OCT. 20	6 WKS CENTER
#231822-F2	12:30 PM	SAT	NOV. 9	6 WKS CENTER
#231822-G1	8 PM	WED	NOV. 13	6 WKS CENTER
#231822-G2	8 PM	MON	JAN. 6	6 WKS CENTER
#231822-G3	12:30 PM	SUN	JAN. 12	6 WKS CENTER
#231822-G4	6:30 PM	TUE	JAN. 21	6 WKS CENTER
#231822-H1	8 PM	THU	FEB. 6	6 WKS STUDIO



NEW WAY MARTIAL ARTS & FITNESS TRAINING CENTER

48075 VAN DYKE AVE., SHELBY TOWNSHIP, MI 48317

Women's Body (ages 14 & up) – This class involves different training tools and various intensities taught by a female functional training certified instructor. Classes are set up as circuit training or boot camp for maximum weight loss and will include strength, weight, endurance, body resistance, medicine ball, and cardio training. Coach Izi created this class specifically for women to improve their strength and increase bone density. Get strong, and shape up in a fun, motivational atmosphere without the main focus being on heavy weightlifting. Get fit with other women that will be there to help support you in achieving your goals. The results of this class are tremendous. This style of training is highly effective and will turn your body into a calorie-burning machine. Sessions include three classes per week for 12 guaranteed classes. **Fee: \$75 resident, \$82 nonresident**

#221328-A1	10-11 AM	MON/WED/FRI	OCT. 21	4 WKS
#221328-A2	10-11 AM	MON/WED/FRI	NOV. 18	4 WKS
#221328-A3	10-11 AM	MON/WED/FRI	DEC. 16	4 WKS
#221328-A4	10-11 AM	MON/WED/FRI	JAN. 13	4 WKS

Boxing Fundamentals (ages 13 & up) – This class will focus on boxing techniques used by the pros to improve speed, balance and endurance. Learn how to use the heavy bag and speed bag properly. Participate in drills that will improve your boxing and fitness. This class is suitable for any weight or skill level. No contact or sparring drills are required. Contact sparring is optional. Train for fitness, Golden Gloves competition or self-defense in a USA Boxing sanctioned gym. This class requires hand wraps available for \$10 at the front desk. **Fee: \$35 resident, \$42 nonresident**

#221328-B1	6-7 PM	TUE	OCT. 22	4 WKS
#221328-B2	6-7 PM	TUE	NOV. 19	4 WKS
#221328-B3	6-7 PM	TUE	DEC. 17	4 WKS
#221328-B4	6-7 PM	TUE	JAN. 14	4 WKS

#221328-C1	6-7 PM	THU	OCT. 24	4 WKS
#221328-C2	6-7 PM	THU	NOV. 21	4 WKS
#221328-C3	6-7 PM	THU	DEC. 19	4 WKS
#221328-C4	6-7 PM	TUE	JAN. 16	4 WKS

Kickboxing Fundamentals (ages 13 & up) – This class will focus on kickboxing techniques to improve speed, balance and endurance. Learn how to use the heavy bag and speed bag properly. Participate in drills that will improve your kickboxing skills and fitness. This class is suitable for any weight or skill level. No contact or sparring drills are required. Contact sparring is optional. Train for fitness, competition or self-defense in a USA Boxing sanctioned gym. This class requires hand wraps available for \$10 at the front desk. **Fee: \$36 resident, \$43 nonresident**

#221328-D1	7-8 PM	TUE	OCT. 22	4 WKS
#221328-D2	7-8 PM	TUE	NOV. 19	4 WKS
#221328-D3	7-8 PM	TUE	DEC. 17	4 WKS
#221328-D4	7-8 PM	TUE	JAN. 14	4 WKS

#221328-E1	7-8 PM	THU	OCT. 24	4 WKS
#221328-E2	7-8 PM	THU	NOV. 19	4 WKS
#221328-E3	7-8 PM	THU	DEC. 17	4 WKS
#221328-E4	7-8 PM	THU	JAN. 14	4 WKS

Full Body Blast with TRX Suspension (ages 13 & up) – A functional training certified TRX instructor teaches Full Body Blast Training. TRX is great for men and women at any fitness level. It is a very efficient way to exercise because it engages so many muscle groups at one time, including your core, all while getting your cardio in. This class will build your endurance and strength and get you in shape and toned up fast. This type of training works excellent as a way to cross-train for other sports. **Fee: \$75 resident, \$82 nonresident**

#221328-F1	11:15 AM-NOON	MON/WED/FRI	OCT. 21	4 WKS
#221328-F2	11:15 AM-NOON	MON/WED/FRI	NOV. 18	4 WKS
#221328-F3	11:15 AM-NOON	MON/WED/FRI	DEC. 16	4 WKS
#221328-F4	11:15 AM-NOON	MON/WED/FRI	JAN. 13	4 WKS

Private Lessons (One-on-one) – Get private, one-on-one music lessons with A-1 Studios. Receive one 30-minute lesson per week right in your home. Available lessons include piano, keyboard, guitar and drums. A-1 Studio has more than 40 years of full-time teaching experience. Skill levels offered include beginner to most advanced, and classes serve students age 6 to adult. A-1 Studios students learn music theory, pop, rock and classical music. If you do not own an instrument, rentals are available. Call Shelby Township parks and recreation at **586-731-0300** to register. A-1 Studios will work with you to set up a time and day for lessons. **Fee: \$96 resident, \$103 nonresident.**

For kids or adults

#211501-A1

4 WKS

DREAM DANCE CO.

51756 VAN DYKE AVE. SHELBY TWP. 48316 586-488-7011 ANNIE@DREAMDANCECO.NET
 CLASSES RUN: NOV. 1, 2019-JAN. 31, 2020

Dream & Dance with Me (ages 1-2) – Learn the basics of dance with your little one in this class through the use of music and props. Introduce your child to coordination, musicality and motor skills as they develop social skills from other children and parents. Fee includes leotard, tights, ballet shoes and teddy bear. **Fee \$245 resident, \$252 nonresident**

#211516-A1 10:30-11 AM SAT NOV. 2 12 WKS

Dreama Ballerina 1 (ages 2½-3) – Dreama Ballerina 1 is an introduction to dance. Dancers learn the basics of ballet and tap through discovery and imagery to build self-awareness and an ability to comprehend dance skills. Lessons also enhance listening skills, spacial awareness, structure, social skills, and confidence and create friendships. Class fee includes leotard, tights, ballet shoes, tap shoes and teddy bear.

Fee \$245 resident, \$252 nonresident

#211516-A2	4:30-5 PM	MON	NOV. 4	12 WKS
#211516-A3	6:30-7 PM	WED	NOV. 6	12 WKS
#211516-A4	10-10:30 AM	FRI	NOV. 1	12 WKS
#211516-A5	11-11:30 AM	SAT	NOV. 2	12 WKS

Dreama Ballerina 2 (ages 4-5) – Dreama Ballerina 2 class is an introduction to dance. Dancers learn the basics of ballet and tap through discovery and imagery to build self-awareness and an ability to comprehend dance skills. Lessons also enhance listening skills, spacial awareness, structure, social skills, and confidence and create friendships. Class fee includes leotard, tights, ballet shoes, tap shoes and teddy bear.

Fee \$245 resident, \$252 nonresident

#211516-A6	5:30-6:15 PM	MON	NOV. 4	12 WKS
#211516-A7	5:30-6:15 PM	THU	NOV. 7	12 WKS
#211516-A8	NOON-12:45 PM	SAT	NOV. 2	12 WKS

Dream Motion (ages 3-6) – Dream Motion is a high-energy class for ages 3-6. Lessons explore the basics of jazz and tumbling for children who love to jump and flip. Instruction includes somersaults, cartwheels, skipping and more. Watch your dancer beam with happiness as they gain new skills and self-love. Registration package includes all of your class attire.

Fee \$245 resident, \$262 nonresident

#211516-B1	5-5:30 PM	MON	NOV. 4	12 WKS
#211516-B2	7-7:30 PM	WED	NOV. 6	12 WKS
#211516-B3	5-5:30 PM	THU	NOV. 7	12 WKS
#211516-B4	11:30 AM-NOON	SAT	NOV. 2	12 WKS

Ballet (ages 6+) – Ballet is the foundation for all styles of dance. Students develop coordination, technique, flexibility, poise and strength in class consisting of barre, center floor and progression exercises. We recommend students take at least one ballet class. Class fee includes leotard, tights and ballet shoes. **Fee \$245 resident, \$252 nonresident**

AGES 6-9	#211516-D1	7:15-8:15 PM	TUE	NOV. 5	12 WKS
AGES 9-12	#211516-D2	5:15-6:15 PM	TUE	NOV. 5	12 WKS
AGES 13+	#211516-D3	7:00-8:30 PM	THU	NOV. 7	12 WKS
AGES 6-12	#211516-D4	6:15-7:15 PM	THU	NOV. 7	12 WKS
AGES 13+	#211516-D5	4:45-5:45 PM	WED	NOV. 6	12 WKS

Jazz (ages 6+) – Learn classical jazz styles as well as modern styles with a multitude of jumping and turning skills. Class will consist of a jazz warm up, progressions and combinations. Class fee includes dancewear and jazz shoes. **Fee \$245 resident, \$252 nonresident**

AGES 6-9	#211516-E1	6:15-6:45 PM	TUE	NOV. 5	12 WKS
AGES 9-12	#211516-E2	7:15-8:15 PM	TUE	NOV. 5	12 WKS
AGES 13+	#211516-E3	6:45-7:45 PM	THU	NOV. 7	12 WKS

Lyrical (ages 6+) – Lyrical dance uses the techniques from both ballet and jazz, while portraying a story to the audience. Lyrical is extremely technical, and it emphasizes fluidity, grace and the ability to express your emotions while dancing. Class fee includes dancewear and lyrical shoes.

Fee \$245 resident, \$252 nonresident

AGES 6-9	#211516-F1	5:45-6:30 PM	THU	NOV. 7	12 WKS
AGES 10+	#211516-F2	5:45-6:30 PM	THU	NOV. 7	12 WKS

Acro (ages 6+) – Acro dance is combination of tumbling, limbering and balancing skills. Dancers gain strength and progress quickly in other areas with acro training. Skills are first taught on the mats and then moved onto the floor. Class fee includes dancewear. **Fee \$245 resident, \$252 nonresident**

Acro 1 (new to acro & tumbling)

#211516-G1 6:45-7:30 PM MON NOV. 4 12 WKS

Acro 2 (Has bridge & recover, cartwheels & 1 handed on both sides)

#211516-G2 6:15-7:15 PM WED NOV. 6 12 WKS

Acro 3 (Adv. Acro: has skills listed above in addition to front & back walkovers)

#211516-G3 4:45-5:45 PM MON NOV. 4 12 WKS

Hip-Hop (ages 6+) – Hip-hop is a fusion of jazz styles with street dancing. Students will learn isolations, tutting, popping, locking and other moves unique to hip-hop style. Hip-hop helps with strength, coordination and quick rhythm. Class fee includes dancewear and hip-hop sneakers.

Fee \$245 resident, \$262 nonresident

AGES 6-9	#211516-J1	7:30-8:15 PM	MON	NOV. 4	12 WKS
AGES 10+	#211516-J2	5:30-6:15 PM	THU	NOV. 7	6 WKS

Tap (ages 6+) – Tap dance increases musicality, rhythm and coordination. Students will learn how to make different rhythms with their feet and put those rhythms to music. Tap class consists of warm up, center floor and combinations. Class fee includes dancewear and tap shoes.

Fee \$245 resident, \$252 nonresident

AGES 6-9	#211516-K1	5:30-6:15 PM	THU	NOV. 7	12 WKS
AGES 9-12	#211516-K2	8:15-9 PM	TUE	NOV. 5	12 WKS
AGES 13+	#211516-K3	6:15-7 PM	THU	NOV. 7	12 WKS

Cheer & Pom (ages 6+) – This class is for anyone who is interested in dance team or pom teams. We will be teaching dancers the basics of cheer, pom and a little bit of tumbling, too. Class fee includes dancewear and jazz shoes. **Fee \$245 resident, \$252 nonresident**

#211516-L1 5:45-6:15 PM WED NOV. 6 12 WKS

Guys Only (ages 6+) – This class is for all of the guys who are looking to learn hip-hop and acro. **Fee \$245 resident, \$252 nonresident**

#211516-M1 6:15-6:45 PM MON NOV. 4 12 WKS

Turns & Jumps (ages 6+) – This class is for anyone interested in improving technique to take their jumps to the next level.

Fee \$245 resident, \$252 nonresident

AGES 6-9	#211516-N1	5:45-6:15 PM	MON	NOV. 4	12 WKS
AGES 9-12	#211516-N2	7:15-7:45 PM	WED	NOV. 6	12 WKS
AGES 13+	#211516-N3	4:15-4:45 PM	WED	NOV. 6	12 WKS

JOE DUMARS' FIELDHOUSE

Joe Dumars' Fieldhouse offers fun, noncompetitive sports programs for ages 4 and older. Enrollees will learn the fundamental skills of the sport they are playing and essential life skills such as active listening, team play and goal setting. Take it from Joe Dumars, practice is important. Programs provide a growing challenge to returning participants while focusing on certain fundamentals each season. Academies take place at the Fieldhouse at 45300 Mound Road. **Fee: \$129 resident, \$136 nonresident.**

Basketball (Coed) – Learn dribbling, shooting, passing and defense.

Grades 1-3 Pee Wee				
#311601-A3	8-8:55 AM	SAT	OCT. 26	7 WKS
#311601-A4	5:30-6:25 PM	TUE	OCT. 29	7 WKS

Grades 4-6 Beginner				
#311601-B2	9-9:55 AM	SAT	OCT. 26	7 WKS

Grades 4-6 Beginner/Intermediate				
#311601-B4	6:30-7:25 PM	TUE	OCT. 29	7 WKS

Grades 4-6 Intermediate/Advanced				
#311601-B6	10-10:55 AM	SAT	OCT. 26	7 WKS

Grades 7-9 Beginner				
#311601-C2	NOON-12:55 PM	SAT	OCT. 26	7 WKS

Grades 7-9 Intermediate/Advanced				
#311601-C4	11-11:55 AM	SAT	OCT. 26	7 WKS

Basketball Strength & Conditioning (ages 10-16 coed) – Let the experienced staff at Joe Dumars Fieldhouse teach you speed, strength, conditioning and agility. Each session focuses on drills that will enhance vertical jumping and landing, linear acceleration and deceleration, and first-step quickness, to name a few.

#311601-C6	11-11:55 AM	SAT	OCT. 26	7 WKS
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Girls Basketball Hoop Clinic – Learn dribbling, shooting, passing and defense in this girls-only clinic.

Grades 4-6				
#311601-C7	5:30-6:25 PM	WED	OCT. 30	7 WKS

Grades 7-9				
#311601-C8	6:30-7:25 PM	WED	OCT. 30	7 WKS

Multisport (ages 4-6) – Experience instruction in many different sports from the skilled instructors at Joe Dumars Fieldhouse. Participants learn soccer, basketball, tee-ball, floor hockey and more.

#311601-E4	10-10:55 AM	SAT	OCT. 26	7 WKS
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Football (ages 7-12) – Learn to pass, catch, block, kick and passing routes. This class takes place on a hardwood floor rather than turf.

#311601-F2	NOON -12:55 PM	SAT	OCT. 26	7 WKS
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Volleyball (ages 10-14) – Hone your skills in one of Michigan's most prominent high school sports. This class focuses on skill-building and proper technique in digging, serving, spiking, blocking and setting. Participants experience some team play as well.

#311601-H2	5:30-6:25 PM	WED	OCT. 30	7 WKS
#311601-H4	6:30-7:25 PM	WED	OCT. 30	7 WKS

Tee-Ball (ages 4-6) – Learn base running, catching, hitting and fielding.

#311601-J2	5:30-6:25 PM	THU	NOV. 7	7 WKS
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Soccer (ages 4-6) – Soccer crosses continents and languages. Learn foot-eye coordination, passing, ball handling and striking.

#311601-K2	8-8:55 AM	SAT	OCT. 26	7 WKS
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Baseball (ages 7-12) – Learn the fundamentals of baseball as well as advanced field techniques and positioning.

#311601-L2	6:30-7:25 PM	THU	NOV. 7	7 WKS
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Adult karate programs on Page 17.

MASTER K'S KARATE INSTRUCTION

At Master K's Karate, located at 50658 Van Dyke Ave., students gain confidence and social skills in a caring, structured environment geared for enjoyment. The supervised atmosphere emphasizes encouragement, safety and fun in non-contact classes. Wear comfortable clothes and bring a smile. Register now with Shelby Township parks and recreation. **Fee: \$40 resident, \$47 nonresident for four-week classes, \$30 resident, \$37 nonresident for three-week classes.**

Little Dragons (ages 4-5) – This introductory class focuses on promoting a positive first experience with martial arts. Training touches on basic stances, kicking, blocking, punching and self-defense utilizing self-control while building self-esteem. The class is limited to 15 students. No class Dec. 28.

#211305-A1	10-10:45 AM	SAT	NOV. 2	4 WKS
#211305-A2	10-10:45 AM	SAT	DEC. 7	3 WKS
#211305-A3	10-10:45 AM	SAT	JAN. 4	4 WKS
#211305-A4	10-10:45 AM	SAT	FEB. 1	4 WKS

Young Dragons (ages 6-11) – "Young Dragons" is a beginner course designed as a positive introduction to martial arts. Training touches on basic stances, kicking, blocking, balance, coordination and self-defense. Uniform not required. Class limited to 20 students. No class Nov. 28, Dec. 23, Dec. 26 and Dec. 28.

#211305-B1	11-11:45 AM	SAT	NOV. 2	4 WKS
#211305-B2	11-11:45 AM	SAT	DEC. 7	3 WKS
#211305-B3	11-11:45 AM	SAT	JAN. 4	4 WKS
#211305-B4	11-11:45 AM	SAT	FEB. 1	4 WKS

#211305-B6	6-7 PM	MON	NOV. 4	4 WKS
#211305-B7	6-7 PM	MON	DEC. 2	3 WKS
#211305-B8	6-7 PM	MON	JAN. 6	4 WKS
#211305-B9	6-7 PM	MON	FEB. 3	4 WKS

#211305-D1	6-7 PM	THU	NOV. 7	4 WKS
#211305-D2	6-7 PM	THU	DEC. 5	3 WKS
#211305-D3	6-7 PM	THU	JAN. 2	4 WKS
#211305-D4	6-7 PM	THU	FEB. 6	4 WKS

MOTOR CITY MACHINE LACROSSE

THE NEW RINK SPORTS COMPLEX
WINTER/SPRING 2019-2020
50625 VAN DYKE AVE., SHELBY TWP., MI 48317 586-731-5006

new

Introduction to Lacrosse Clinic for Girls 9 to 16 - The Motor City Machine Lacrosse Club is offering a six-session clinic Sunday evenings at the Premier Sports Center at 14901 23 Mile Road. This introduction clinic for beginning players does not require experience. The focus will be on introducing players to the fundamentals of stick-handling, throwing, catching, scooping, dodging, game situations and fun competition that puts all of these skills to work. The Motor City Machine's high school and youth girls coaching staff of experienced girls lacrosse players and coaches provides instruction. Parents are encouraged to attend all sessions. The clinic is noncontact and requires no equipment. Sticks will be available for use at each session. Players are encouraged to purchase a girls lacrosse stick before or during the sessions to enable practice at home and familiarity with the stick.

Parents are responsible for outfitting their children with personal protective gear, such as mouth guards for dental work or protective eyeglasses. Tennis shoes or cleats are acceptable for indoor field play.

Fee: \$125 resident, \$132 nonresident

#211602-A1 (1.25 HOURS/WEEK-TBD) SUN NOV. 3 6 WKS

Saturday Learn to Skate (all ages) – This program is for all ages, children or adults, who want to learn the basics of roller skating and rollerblading in a fun and safe environment. You will learn forward skating, backward skating, starting, stopping and balance. The fee includes skate rental, but you can bring your skates or blades if you wish. The class fee includes an open skate session after the lesson. **Fee: \$60 resident, \$67 nonresident**

#211126-A1 NOON-12:45 PM SAT NOV. 16 5 WKS
#211126-A2 NOON-12:45 PM SAT JAN. 11 5 WKS

Thursday Learn to Skate (all ages) – This program is for all ages, children or adults, who want to learn the basics of roller skating and rollerblading in a fun and safe environment. You will learn forward skating, backward skating, starting, stopping and balance. The fee includes skate rental, but you can bring your skates or blades if you wish. The class fee includes five free skate passes. **Fee: \$60 residents, \$67 nonresidents**

#211126-A3 5:15-6PM THU NOV. 21 5WKS
(NO CLASS NOV. 28 OR DEC. 26)
#211126-A4 5:15-6PM THU JAN. 9 5WKS
#211126-A5 5:15-6PM THU FEB. 6 5WKS

Rollers & Strollers Preschool Skate & Bounce House (ages 7 & under)

– This class is for the beginner skater ages along with their parent(s). The session will include a mini-lesson, juice, snack and time for the preschoolers and their parents to socialize and skate to their favorite children's music. There will be a special appearance by Roller Roo, who will lead children through the "Hokey Pokey" and "Chicken Dance." During this session, parents are allowed on the skating surface with street shoes and may also push strollers. Push toys or ride-on toys may be brought in for use on the floor for those children that do not wish to skate. For safety, we ask that they do not bring in any toys that have pedals. You can bring in your skates, or use included regular skate rental. **Fee: \$30 resident, \$37 nonresident**

#211126-B2 10 AM-NOON SAT NOV. 16 5WKS
#211126-B3 10 AM-NOON SAT DEC. 21 5WKS
#211126-B4 10 AM-NOON SAT JAN. 25 5WKS

Rollers & Strollers ~ Special Holiday Events – Includes skate rental, snack and beverage. For ages 5 and younger.

- **Buzz & Woody Skate and Bounce**

Cost: \$10 residents, \$17 nonresidents

#211126-E1 10 AM-NOON SAT, OCT. 26

- **The Grinch Skate and Bounce**

Cost: \$10 residents, \$17 nonresidents

#211126-E2 10 AM-NOON SAT, DEC. 14

- **Frozen Skate and Bounce**

Cost \$10 resident, \$17 nonresidents

#211126-E3 10 AM-NOON SAT, JAN. 18

- **Baby Shark Skate and Bounce**

Cost: \$10 residents, \$17 nonresidents

#211126-E4 10 AM-NOON SAT, FEB. 29

NEW WAY MARTIAL ARTS & FITNESS TRAINING CENTER

48075 VAN DYKE AVE., SHELBY TOWNSHIP, MI 48317

Kids Brazilian Jiu Jitsu Bullyproof Program (ages 5-15) – The Kids Brazilian Jiu Jitsu program instills students with confidence, discipline, physical fitness, respect and knowledge. Experienced instructors teach world-class grappling skills to your kids. Students will also talk about bullying and learn an effective system for self-defense. Most Brazilian jiu jitsu techniques are purely defensive and utilize no strikes. Your child will develop mental focus, clarity, greater power, reflexes, higher mental awareness, inner confidence, and self-defense skills. **Fee: \$36 resident, \$43 nonresident for one day per week or \$70 resident, \$77 nonresident for two days per week.**

#211328-A1 6-7 PM MON OCT. 21 4 WKS
#211328-A2 6-7 PM MON NOV. 18 4 WKS
#211328-A3 6-7 PM MON DEC. 16 4 WKS
#211328-A4 6-7 PM MON JAN. 13 4 WKS

#211328-B1 6-7 PM WED OCT. 23 4 WKS
#211328-B2 6-7 PM WED NOV. 20 4 WKS
#211328-B3 6-7 PM WED DEC. 18 4 WKS
#211328-B4 6-7 PM WED JAN. 15 4 WKS

#211328-C1 6-7 PM FRI OCT. 25 4 WKS
#211328-C2 6-7 PM FRI NOV. 22 4 WKS
#211328-C3 6-7 PM FRI DEC. 20 4 WKS
#211328-C4 6-7 PM FRI JAN. 17 4 WKS

Kids Boxing Fundamentals (ages 6 to 12) – This class will focus on kickboxing techniques to improve speed, balance and endurance. Learn how to use the heavy bag and speed bag properly. Participate in drills that will improve your kickboxing skills and fitness. This class is suitable for any weight or skill level. No contact or sparring drills are required. Contact sparring is optional. Train for fitness, competition or self-defense in a USA Boxing sanctioned gym. This class requires hand wraps available for \$10 at the front desk. **Fee: \$36 resident, \$43 nonresident**

#211328-D1 5:15-6 PM TUE OCT. 22 4 WKS
#211328-D2 5:15-6 PM TUE NOV. 19 4 WKS
#211328-D3 5:15-6 PM TUE DEC. 17 4 WKS
#211328-D4 5:15-6 PM TUE JAN. 14 4 WKS

#211328-E1 5:15-6 PM THU OCT. 24 4 WKS
#211328-E2 5:15-6 PM THU NOV. 21 4 WKS
#211328-E3 5:15-6 PM THU DEC. 19 4 WKS
#211328-E4 5:15-6 PM THU JAN. 16 4 WKS



ADDRESS

4101 River Bends Dr.
Shelby Township, MI 48317

CONTACT

Phone: 586-323-2478
Fax: 586-323-2479
naturecenter@shelbytwp.org
facebook.com/BurgessShadbushNatureCenter



HOLIDAY CLOSURES

The Burgess-Shadbush Nature Center will be closed on the following dates:

- Oct. 16-20, Haunted Nature Center event (please see our event description)
- Nov. 28-29, Thanksgiving
- Dec. 25-26, Christmas.
- Jan. 1, New Year's Day.

Burgess-Shadbush Nature Center activities and programs occur at or near the nature center located at 4101 River Bends Drive. The nature center is in River Bends Park and accessed from the park's Ryan Road entrance near Hamlin Road. Check the "Nature News," call **586-323-2478** or visit the nature center on Facebook at [facebook.com/burgessshadbushnaturecenter](https://www.facebook.com/burgessshadbushnaturecenter) for details about upcoming events and more. The nature center is closed on Monday and Tuesday. It is open 10 a.m.-6 p.m., Wednesday through Saturday, and from noon-5 p.m. on Sunday.

A SPECIAL NOTE ABOUT OUR PROGRAMMING

Sometimes nature happens, and we have to make last minute adjustments to our programs and events for the safety of our guests and staff. If you have questions about any programs and the potential impact of extreme weather, call the nature center at **586-323-2478** or check our Facebook page for special event notes.

CANCELLATION/BOOKING POLICY

A \$30 nonrefundable deposit is required to reserve dates for field trips, scout groups and school programs. Birthday parties and other building rental events must pay the full program fee at the time of booking to reserve a program date. If you need to cancel your birthday party or event, you will be refunded your booking deposit minus an administrative fee.

ONLINE REGISTRATION

We encourage online registration for upcoming programs at webtrac.shelbytwp.org. Whether you are interested in a free program or one that requires a nominal fee, online registration helps our staff plan programs for the correct audience size. If there is an activity number next to the listing, you can register for the event. Some events have a limited amount of space. Preregistration enables us to plan for adequate staffing to accommodate larger program attendance.

WE WANT YOU TO COME VOLUNTEER AT THE NATURE CENTER

If you love nature, learning and teaching others, consider volunteering here at the nature center. Give us a call or stop by to talk to the staff about joining our volunteer community. You'll learn how to care for our animals, help us put on our fun events and more.

PLAN A FIELD TRIP

The Burgess-Shadbush Nature Center welcomes individual scouting groups, school groups and organizations to schedule programs with us. All ages are welcome, and we are excited to plan an event suited to your wishes. We invite you to contact the nature center for a listing of topics ranging from STEM programs to traditional nature-based lessons to tailor a program to badge, classroom or other learning requirements. The nature center requires at least one adult leader for every six youths attending the program. Please contact the nature center at **586-323-2478** for details and availability.



REACHING OUT FROM THE BURGESS-SHADBUSH NATURE CENTER

The Burgess-Shadbush Nature Center is hitting the road, and we want to stop by to see you. We are now offering a wide range of outreach topics. Our programs are designed for hands-on learning with living animals and mounted specimens for demonstrations. We also provide programs for events with large crowds. Please call us for additional information if you are interested in booking for a more festive occasion. Our programs cover various topics. We'll work with you to build a one-of-a-kind program to suit your needs. We do not offer outreach programs to private residences.

BIRTHDAY PARTIES AT THE NATURE CENTER

You can hold your child's next birthday party at the Burgess-Shadbush Nature Center. The party includes a chance to touch, hold and take photos with some live animals. Weather permitting, it also includes our popular nature walk. Your reservation will cover the use of our multipurpose room for four hours. The room holds a maximum of 24 adults and children. Hosts are responsible for decorations, food, table covers, cake and party favors. Parties are available select days, typically Saturday or Sunday afternoons when nature center events don't conflict. The payment confirms your reservation. You can register in person at the nature center with cash, check or credit card. Call the nature center at **586-323-2478** or email naturecenter@shelbytwp.org for more details. We now also provide sets of birthday gift bags. Let us put together your party favors for you.

Fee: \$120 for Shelby Township and Utica residents and \$145 for nonresidents.



HOME-SCHOOL CLASSES

Home-school programs are available for children 4 and older and cover a variety of natural science, heritage and outdoor topics. **The cost is \$3 per participating child.** Younger nonparticipating siblings are welcome. Preregistration is encouraged. Classes typically occur at 1:30 p.m. the first Wednesday of each month, September through May. Occasional date variations may occur because of holidays or other nature center programs.

The History of Home-School – Live your life in the shoes of an original home-schooler. At least a portion of the class takes place in our pioneer cabin, where we will talk about how kids spent their days before cellphones and computers.

#212845-C1 1:30-3 PM NOV. 6

Animal Movements – Can you walk like a fox or scurry like a raccoon? Have you ever seen tracks in the snow and wondered what left them? Join us as we sleuth our way through animals' signs by recognizing patterns and shapes they leave behind.

#212845-D1 1:30-3 PM DEC. 4

Winter Expedition – Do you have what it takes to be a nature guide? Put your map reading skills to the test. Together we will learn how to read a map and work to create one.

212845-E1 1:30-3 PM JAN. 8

Exploring Ecology – All animals rely on ecosystems to survive, even you. This class discusses different ecosystems you might find and how humans play a part in them.

212845-F1 1:30-3 PM FEB. 5

ADULT/ TEEN NATURAL EDUCATION CLASSES

Come check out our new natural education classes that cover topics to help make our homes, neighborhoods and lives a little greener. We also welcome topic suggestions to help answer any nature-inspired questions, comments or concerns you may have. Bring along younger kids to do a special kids craft session while you're in class. Classes are held the third Thursday of every month 5:30-6:30 p.m. Occasional times may vary depending on holidays or preexisting nature center events. **Fee: \$3 per person.**

Chasing Bigfoot – A sneak peek for our Bigfoot Hunt program Oct. 26, we will be learning about the history behind the elusive "monster" and Michigan's version.

#112450-B7 OCT. 24

Managing Conservation – It's deer season, and many people wonder, "how does hunting help?" In this class, we discuss the science behind conservation management and how it impacts Michigan's ecosystem.

#112450-B8 NOV. 21

How to Hibernate Like a Bear – Do you wish you could hibernate like a bear? They're the super hibernators of the animal kingdom, but did you know other animals hibernate, too? Find out which hibernating animal is your spirit animal this winter.

#112450-B9 DEC. 19

Why Weather Matters – #112450-C3 JAN. 16

Nature Tech – #112450-C4 FEB. 20

NATURE TALES FOR PRESCHOOLERS

Our assortment of seasonal stories delights children as they listen to an entertaining one-hour nature adventure with a story, snack, and craft or outing. Tales are suitable for ages 3-5 accompanied by an adult. Early registration is required as each class is limited to 24 children.

Fee: \$2 per child ages 3-5.

Date	10-11 AM	1:30-2:30 PM
Oct. 17	CLOSED	
Nov. 7	#212220-C1	#212220-C3
Nov. 21	#212220-C2	#212220-C4
Dec. 5	#212220-D1	#212220-D3
Dec. 19	#212220-D2	#212220-D4
Jan. 9	#212220-E1	#212220-E3
Jan. 23	#212220-E2	#212220-E4
Feb. 6	#212220-F1	#212220-F3



MERIT BADGE DAYS

The Burgess-Shadbrush Nature Center is happy to present our new merit badge series. Our certified merit badge counselors will be available on select days to assist in acquiring the following merit badges:

- Bird Study
- Mammal Study
- Reptile and Amphibian Study
- Insect Study
- Nature
- Soil and Water Conservation
- Plant Science
- Fish and Wildlife Management
- Forestry
- Wilderness Survival
- Orienteering
- Environmental Study
- Sustainability
- Citizenship in the Community

Scout groups or individual scouts accompanied by a parent or leader are welcome to book for this program. Call the nature center for details and to set up your appointment. Dates available are Jan. 18, 2020 and March 28, 2020. These programs require preregistration.



Haunted Nature Center – Visit our haunt-filled nature center to find costumed characters, fun scenes and spooky stories. Some of our characters will be handing out treats to anyone entering their lair. This playfully eerie event is ideal for the entire family. We recommend preregistration. The last admission each night will be at 8:30 p.m. An adult should accompany children. Kids are welcome to dress up and bring a small bag for treats. The nature center will be closed during the day Oct. 16-22 to set up this event.

Fee: \$5 per person

#332449-A1 6-9 PM OCT. 18
 #332449-A2 6-9 PM OCT. 19

The Great Bigfoot Hunt – Michigan has its fair share of tall tales and forest myths, and we're going to explore one in our backyard. Before hunting for Bigfoot, we'll start with the basics and learn about Michigan's cryptids. Then we'll set out to find signs of elusive forest dwellers on our trails.

Fee: \$3 per person

#132002-A7 3-5 PM OCT. 26

Movie Night at the Nature Center featuring "FernGully: The Last Rainforest" – The weather is starting to get dreary, so take a break and join us for a movie night. We will be showing the movie "FernGully." Pajamas are optional, pillows are welcome and popcorn is provided. We highly encourage preregistration as space is limited.

Fee: \$2 per person

#132848-A1 6:30-8 PM NOV. 15

A Pioneer Christmas – Enjoy Christmas festivities like the pioneers and the area's early settlers. Visit the pioneer cabin to see and make decorations. Take part in activities and a chance to test your historical knowledge. Sample some traditional, homemade treats and a cup of hot chocolate. The annual bake sale will have lots of tasty treats and proceeds help fund future programming at the nature center. An adult must accompany all children.

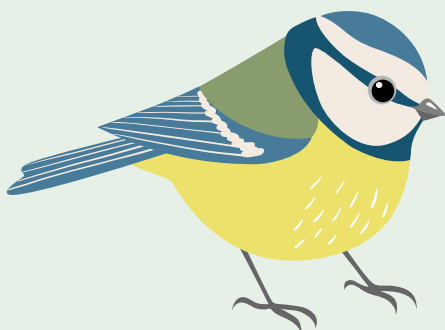
Fee: \$3 per person.

#332401-A1 NOON-4 PM DEC. 7
 #332401-A2 NOON-4 PM DEC. 8

Christmas Bird Count – Join our yearly contribution to the Macomb County Audubon Society's annual Christmas Bird Count. All skill levels are welcome. The day will include basic information on bird identification and ways to attract and observe winter birds. Participants will gather data while watching the feeders behind the nature center in addition to multiple hikes around the park to observe as many of our winter bird species as possible throughout the day. The nature center has a limited number of binoculars so please bring yours if you have them.

Free event

#332402-A1 10 AM-3 PM DEC. 14



Santa Visits the Nature Center – Head over to the nature center, lively and quick for our yearly visit from good old St. Nick. The big man himself, dressed in red and so merry, will ask if you've been bad, and your parents will say, "not very." Come with your cameras and wish lists galore. There's no fee for attending. See what's in store.

Free event

NOON-4 PM DEC. 15

Winter Fest – The weather may be frightful, but there's still plenty to do at the nature center. Join us for a fun-filled day of snow-related games and activities. Weather permitting, take part in the snow fort contest. If you need a minute to warm up, we will have a fire going in our fire ring. We provide hot dogs, buns, marshmallows and roasting sticks. We'll also have winter crafts and hot chocolate inside. In the event of inclement weather, some program elements may be omitted or substituted.

Fee: \$5 per person

#232402-A1 NOON-3 PM JAN. 25

Winter Hike – Dress warm and bring your hiking poles and binoculars for a brisk nature walk to learn about how Michigan's animals survive the frosty weather. We will search for signs, tracks and identify scat that our cold-tolerant friends leave behind. Inside the center, we will have winter animal crafts and activities for those of us who are not so cold tolerant. We provide warm cider and hot chocolate. Please bring your snacks if desired.

Fee: \$3 per person

#232452-A1 NOON-3 PM FEB. 15



Exotic Animal Day – Purchase tickets today for our annual Exotic Animal Day program. Both programs will be the same. The program includes smaller animals such as small lizards, snakes and other friendly critters as well as larger species that not frequently seen up close. We will also feature a nocturnal animal presentation with each program. Throughout the day, you can "meet and greet" some crazy new friends, ask questions, and learn the dos and don'ts of exotic pet ownership.

Noted naturalist and educator Randy Baker from Naturalist Endeavors and local nocturnal animal specialist Amanda Felk from the Night Nature Alliance will be our guest presenters for this program. They will be bringing in some exciting new native and nonnative animals that you definitely wouldn't regularly see at our nature center. Cameras are always welcome, but please refrain from flash photography when requested. The approximate program length is 75-90 minutes. Space is limited so preregister today.

Fee: \$5 per person

/580-02 11:30 AM MARCH 7
 /580-03 2 PM MARCH 7

Maple Syrup Festival – Move through one of our Maple Syrup Festival's four scheduled program tours. You'll discover and discuss the way we create one of everyone's favorite pancake toppings. We cover how sugar gets into the tree, how to recognize and tap maples for their sap, and move fireside to warm up and learn the boildown process. Taste some of the nature center's warm, tasty syrup and sample maple candy. Guests will learn to use traditional equipment for the collection process and look closely at the features of our maple trees. Scheduled tours take place at 11 a.m., noon, 1:30 p.m. and 2:30 p.m. Preregister early as this program fills fast.

Fee: \$3 per person (ages 4+)

/574-01 11AM MARCH 21
 /574-02 NOON MARCH 21
 /574-03 1:30 PM MARCH 21
 /574-04 2:30 PM MARCH 21

SCIENCE OLYMPIAD

Our Science Olympiad study programs are designed to provide background information with some creative suggestions for studying and remembering vital information. A short, challenging sample quiz will be given using photographs, preserved specimens and sometimes live animals. Students can work alone, in teams or with leaders. Students should bring recommended books and notes to help with the quiz, and we recommend taking notes during the program. We highly recommend preregistration. Walk-ins are welcome, but seating is limited. Science Olympiad events may be added or changed as more information about the 2020 season is available. Please call the nature center for additional details and an updated list of events. **Cost per program: \$4 per student.** Coaches and parents are free, if space permits.

DIVISION A

Amazing Arthropods - Introduction to Insect Orders

#212853-A1 10 AM-12:30 PM FEB. 1

Wildlife Safari - Fish of Michigan

#212853-A2 10 AM-12:30 PM FEB. 8

DIVISION B/C

Water Quality

#212853-B7 2-4:30 PM FEB. 1

Ornithology

#212853-B6 2-4:30 PM FEB. 8

Dynamic Planet

#212853-B5 10 AM-12:30 PM FEB. 22

Heredity (B only)

#212853-B4 2-4:30 PM FEB. 22

Geologic Mapping (C only)

#212853-B3 10 AM-12:30 PM FEB. 29

ADDRESS

Shelby Township Activities Center
14975 21 Mile Road, Shelby Township, MI 48315

CONTACT

Phone: 586-739-7540
seniors@shelbytwp.org
facebook.com/ShelbyTwpSeniors

OFFICE HOURS

8:30 AM-5 PM, weekdays

PROGRAMS

Balance Class – Join us for this class designed to help maintain good balance and strengthen your core. This exercise class moves at your own pace. It is being held 12:15 p.m. Mondays. The cost is \$3.

Volunteer Opportunities – The senior center is excited to partner with our local Kiwanis Club to work on numerous charitable projects. The group meets 1-4 p.m. select Wednesdays. Upcoming dates are Nov. 13, Dec. 11 and Jan. 9. Dates are subject to change. All are welcome.

Greeting Cards – Join us 10 a.m. most Friday mornings to create beautiful greeting cards. Please call the senior center at **586-739-7540** for detailed date information.

Movies – Movies are shown each month at the senior center. Check with the front desk for a current schedule.

New Craft Class – Our new craft class meets monthly and explores a new craft each month. Contact the senior center for specific dates and projects.

Brain Games – Did you know that keeping your brain active and engaged can help delay the onset of dementia? Our brain games group meets 1 p.m., twice a month, on the second and fourth Tuesday.

**SENIOR TRANSPORTATION**

Smart Community Transit is available for residents age 50 and older. Bus tickets are 50 cents each way and cover a limited transportation area. For more information, contact the senior center at 586-739-7540.

TRIPS AND TRAVEL

Are you interested in day trips or traveling by air or bus? The senior center offers monthly lunch trips and many other trips in the United States and abroad. Stop in to see the trips that are offered.

UPCOMING ACTIVITIES**LATE OCTOBER ACTIVITIES**

The **“Spooky Shindig” Dinner Dance** will be held 5:30 p.m., Friday, Oct. 18. Dance to the music of The Tommy James Band and enjoy a delicious buffet dinner. Tickets are \$16 and must be purchased in advance. Doors open at 5:30 p.m., and dinner is served at 6 p.m. Thank you to our sponsors MCCSA and Iwona Wszedybyl, a Shelby Township Insurance Agent.

Doors open for the **Halloween Hullabaloo Luncheon** at 10:30 a.m., Thursday, Oct. 31. Award-winning paleontologist Paleo-Joe will take us on a journey back in time to learn about life and death in the prehistoric age. Wear your costumes or your orange and black for a howling good time. Tickets cost \$10 and must be purchased in advance. Thank you to our sponsor Oak Street Health.

NOVEMBER ACTIVITIES

The **Thanksgiving Grateful Hearts Luncheon** takes place at 11 a.m., Thursday, Nov. 14. Join us for a delicious lunch and a wonderful step back in time as a “Donut Dolly” will tell us the amazing story of the American women who volunteered to serve the American Red Cross during the Vietnam War. Armed with cookies and homemade entertainment programs, Dollies risked their lives as they fulfilled their mission to cheer up U.S. troops. Tickets are \$10 and must be purchased in advance. Thank you to our sponsor Pine Ridge of Plumbrook.

Doors open for the **Turkey Time Dinner Dance** at 5:30 p.m., Friday, Nov. 15. The evening features dancing and a wonderful buffet dinner. Tickets cost \$16 and must be purchased in advance. Thank you to sponsors MCCSA and Oakleigh of Macomb.

DECEMBER ACTIVITIES

Christmas Bingo takes place at 9 a.m., Monday, Dec. 2. Join us for bingo and pancakes. Preregistration is required. Thank you to our sponsor Oakstreet Health.

The **Christmas to Remember Luncheon** starts at 11 a.m., Dec. 16 at Cherry Creek Golf Club at 52000 Cherry Creek Drive. Join us for a delicious lunch, fantastic entertainment and lots of prizes. Tickets will be on sale in late October. Thank you to MCCSA, Comfort Keepers, the Hampton Inn of Shelby Township and Oakstreet Health for sponsoring this event.

The **Jolly Jamboree Dinner Dance** gets swinging at 5:30 p.m., Friday, Dec. 21. Dance to some fantastic music and enjoy a festive holiday dinner. Tickets must be purchased in advance.

The Shelby Township Senior Center will be closed Dec. 24-Jan. 1.

JANUARY ACTIVITIES

January is movie month. Join us for some great movies and some special treats. On Thursday, Jan. 9, we serve hot cider and donuts. On Thursday, Jan. 16, we dish up snowman sundaes. On Thursday, Jan. 30, we’ll have hot chocolate and cookies.

Do you ever wish you could go back in time and wear your pajamas inside out, put a spoon under your pillow or flush ice tubes down the toilet to conjure up a snow day? On Thursday, Jan. 23, we’re going to create our own **Snow Day**. Join us at 1 p.m. for a warm bowl of soup, bread, snowballs and snacks. We’ll play some winter-themed games and celebrate an afternoon of winter fun. The cost is \$5. Tickets must be purchased in advance.

FEBRUARY ACTIVITIES

The **“Bee My Valentine” Luncheon** takes place at 11 a.m., Thursday, Feb. 13. Wear your red or pink and join us for a delicious lunch and entertainment. Tickets are \$10 and must be purchased in advance.

The **“Mardi Gras” Dinner Dance** starts at 5:30 p.m., Friday, Feb. 21. Dance to beautiful music and enjoy a delicious buffet dinner. Tickets are \$16 and must be purchased in advance. Doors open at 5:30 p.m. and dinner follows at 6 p.m. Thank you to our sponsor, MCCSA.

The following programs and services are available at the senior center:

- Knit and Crochet
- Senior Quilters
- Red Hat Groups
- Deaf Group
- Senior Loan Closet
- Artist Exhibits
- Aerobic & Chair Exercises
- Choir
- Current Events Group
- Quilting Group
- Bible Study
- Card Games
- Cookies & Coloring
- Watercolor Class
- Walking Group
- Ask the Lawyer
- Balance Class
- Brain Games
- Crafts

CALL FOR MORE INFORMATION.



ACTIVITIES CENTER

Parks • Recreation • Seniors

THE SENIOR CENTER HAS MOVED

SENIOR CENTER HOURS:
8:30 a.m.-5 p.m., Monday through Friday.

CONTACT:
586-739-7540
seniors@shelbytwp.org.

NEW FOR YOU

Expanded Rooms, Facilities & Amenities

- Classrooms
- Wireless Internet Access
- Lounge
- Wertz Fitness Room
- Meeting Rooms
- Computer Room
- Game Room
- Crafts Room
- Cafeteria & Activities Room
- Full-size Gymnasium
- Indoor Walking Area
- Baseball & Softball Field
- Party Room

Senior Center Classes & Activities

- Genealogy
- Book Clubs
- Cards & Games
- Ping Pong
- Billiards
- Darts
- Table Games
- Movie Days
- Computer Classes
- Social Media Classes
- Woodcarving
- Arts & Crafts
- Parties & Dances

Senior Center Wellness, Fitness & Active Recreation

- Daily Indoor Walking
- Pickleball
- Basketball
- Volleyball
- Badminton
- Arthritis Exercise
- Line Dancing
- Ballroom Dancing
- Tai Chi
- Bone Building
- Stretch & Tone
- Traditional Yoga
- Chair/Gentle yoga
- Senior Sports Leagues
- Meditation

Events, Parties & Room Rentals

- Birthday Parties
- Bridal & Baby Showers
- Recitals
- Workshops
- Clubs & Organizations
- Speakers



FAQ

The Shelby Township Senior Center is located in the Shelby Township Activities Center at 14975 21 Mile Road. Here are some answers to the questions you may have.

Who is the activities center for?

The building will act as the new senior center from 8:30 a.m.-5 p.m. weekdays for adults 50 and older. With multiple rooms and a variety of programming, there will be something for all ages and abilities. Take a look to the right for a glimpse of what's being planned.

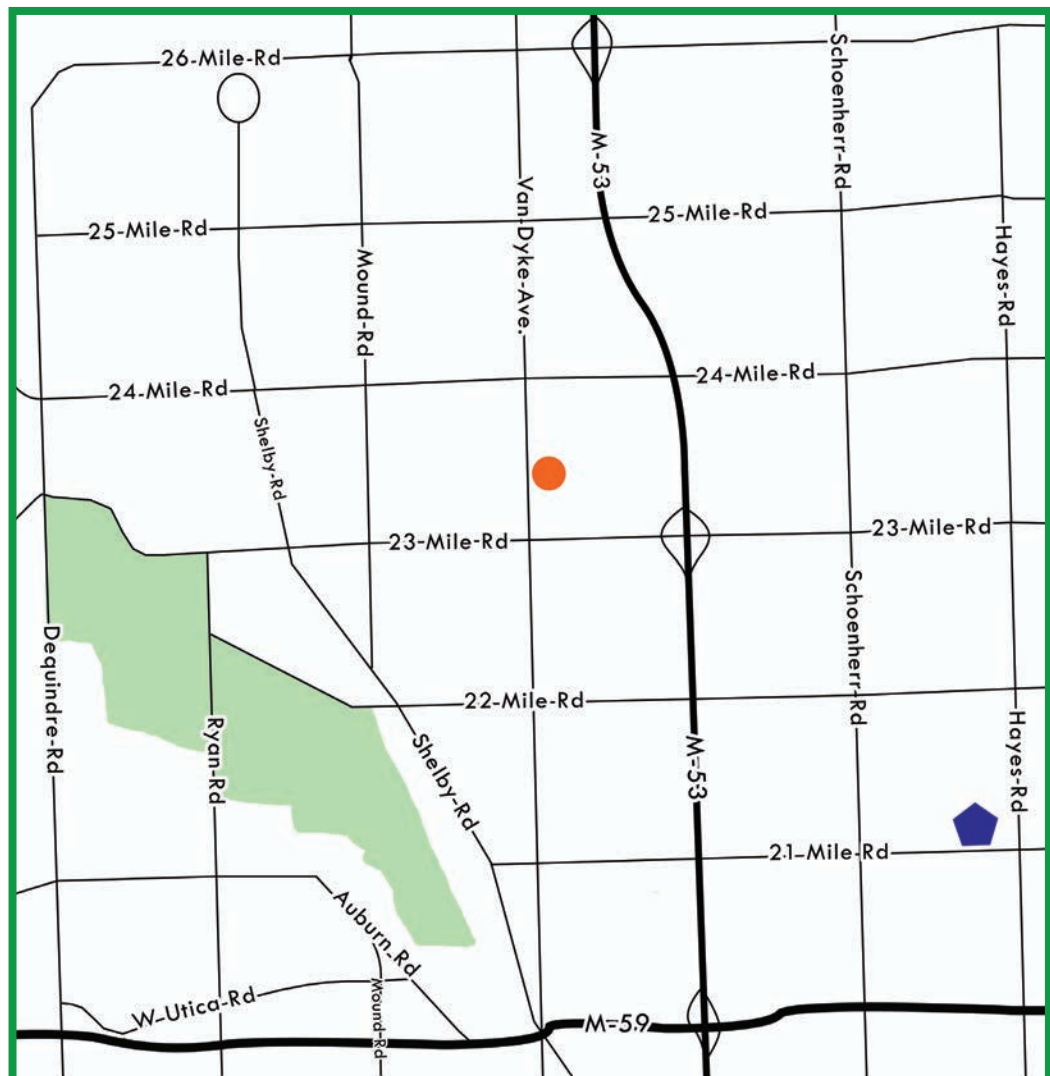
Is there a membership fee?

Typically, senior center programming runs weekdays before 5 p.m. and is for senior center members only. The senior center has an annual membership cost of \$5 for residents of Shelby Township and Utica and \$10 for nonresidents. Individual programs and classes may have costs associated with registration that will be listed on a program-by-program basis.

When will the new programming be posted?

Check upcoming issues of the "Senior Newsletter" for senior programming. You can also follow the senior center facebook page at facebook.com/ShelbyTwpSeniors. Updates will also be posted on the Shelby Township website on shelbytwp.org/seniors.

Map of Shelby Township



KEY



NEW Shelby Township Activities Center
Home of the Shelby Township Senior Center
14975 21 Mile Road



Old location of the senior center

ADDRESS

51680 Van Dyke Ave.,
Shelby Township, MI, 48316

CONTACT

Phone: 586-739-7414
Fax: 586-726-0535
shelbylib@libcoop.net

HOURS

9 AM-8 PM Mon-Thu
9 AM-5 PM Fri & Sat
Closed Sun

ADULT PROGRAMMING

Trivia Night at the Library – Play trivia in a safe and relaxed environment. Feel free to bring a team or drop in on your own and connect with others. Participants compete for prizes by answering a challenging range of questions on pop culture, sports, science, history and more with light refreshments provided.

7-8:30 PM NOV. 20 ATRIUM

Silk Scarf Dyeing – Relax for an evening at the library, and go home with a beautiful hand-dyed silk scarf. Give it as a holiday gift or keep it for yourself. This is no registration, and supplies are limited.

7-8:30 PM DEC. 11 ATRIUM

The Life and Work of Blessed Solanus Casey – Noted journalist and author Patricia Montemurri visits the library to discuss her book, “Blessed Solanus Casey.” Her focus is on the legendary Detroit-based Capuchin friar and co-founder of the Capuchin Soup Kitchen, who is nearing sainthood. No registration required.

7-8:30 PM JAN. 8 ATRIUM

Palentine’s Day Party – Bring your pals or make new friends at the library as we celebrate “Palentine’s Day” with snacks, crafts and music. No registration is required, and supplies are limited.

7-8:30 PM FEB. 12 ATRIUM

ADULT BOOK CLUBS

Newcomers are always welcome.

Not Your Parents’ Book Club, 7 PM, the last Tuesday of each month, Nick’s 22nd Street Steakhouse at 48900 Van Dyke Ave.
Oct. 29, at Hamlin Pub at 55076 Van Dyke Ave. “Circe” by Madeline Miller
Nov. 26, “Life After Life” by Kate Atkinson
December, No meeting

Afternoon Book Club, 1 PM, the third Thursday of each month
Nov. 21, “Educated” by Tara Westover
Dec. 19, Select Books for 2020
Jan. 16, 2020, “Beartown” by Fredrik Backman

Evening Book Club, 6:30 PM, the second Tuesday of each month
Nov. 12, “Before We Were Yours” by Lisa Wingate
Dec. 10, “Little Fires Everywhere” by Celeste Ng, Select Books for 2020
Jan. 14, “The Seven Husbands of Evelyn Hugo” by Taylor Jenkins Reid

Mystery Book Club, 10:30 AM, the second Saturday of each month
Nov. 9, “Legacy of Spies” by John LeCarre
Dec. 14, “The Good Daughter” by Karin Slaughter, Select Books for 2020
Jan. 11, 2020, “Lethal White” by Robert Galbraith

FRIENDS OF THE LIBRARY

There’s never been a better time to be a “Friend” of the Shelby Township Library.

As the community gets ready for a new 26,000-square-foot library on the municipal campus at 52700 Van Dyke Ave., the Friends of the Shelby Township Library will play a pivotal role. The Friends will assist in organizing and planning fundraisers, a donation wall and opening-week activities. Throughout this process, there will be early-access opportunities for Friends of the Shelby Township Library members.

Along with helping with the new library, the Friends of the Shelby Township Library supports the library with additional funds and volunteer services. They also sponsor activities for fundraising and membership enhancement and bring attention to library services.

Funds are raised by assessing membership dues, holding fundraisers and selling items in the Friends’ Bookstore, located past the checkout desk at the library, and on the Silent Bid Table, located across from the library’s reference desk.

These funds are used to provide furniture, equipment, special events, programs, artwork and materials for the library.

The Friends of the Shelby Township Library is an independent, non-profit library support organization with member-elected officials. The Friends of the Shelby Township Library Board meets at 10 a.m. on the third Thursday of each month.

To join the Friends of the Shelby Township Library, fill out the membership form and turn it in at the library’s front desk or visit shelbytwplib.org/friends-of-the-library. For more information, contact the library at 586-739-7414 or shelbylib@libcoop.net.

Friends of the Library Membership

Annual Membership Dues

Student	\$5
Senior	\$5
Individual	\$10
Family	\$20
Supporting Org.	\$20
Business	\$25
Lifetime	\$300

Please cut this application out and turn it in to or mail it to the Shelby Township Library at 51680 Van Dyke Ave., Shelby Twp., MI 48316



Amount: \$ _____

I would like to volunteer by (check all that apply):

- Helping with events
 Providing Refreshments

TEEN PROGRAMMING

27

Teen Advisory Board (grades 7-12) – Join a council of teens that creates teen displays, decorates the library and plans events for teens at the library. Earn community service hours every month for attending or come to hang out and enjoy some snacks. Teens can fill out a TAB application from shelbytwplib.org or at the reference desk.

6-7:30 PM FIRST THU. OF EVERY MONTH
CARD ROOM

Teen Hangout (grades 7-12) – Teens are invited to join us for activities and games each week.

3-4:30 PM WEDNESDAYS CARD ROOM



Teen Mystery Night (grades 7-12), registration required – Join us for an evening of mystery and murder with a fairy-tale twist. Guests and princesses are invited from across the land to celebrate the anniversary of the Evil Queen's rule. During the evening, secrets and truths about King White's disappearance come to the surface. Everyone is desperate to get a "happily ever after," but who is to blame? You are the detective. Investigate crime scenes, interrogate the suspects, gather the evidence and solve the case. Registration begins Oct. 26. Costumes are welcome.

6-7:30 PM NOV. 15 ATRIUM

Teen Canvas and Cocoa Hour (grades 7-12), registration required – Sip on delicious cocoa and join us for a relaxing painting session at this special teen-only craft night. Registration begins Dec. 7.

6-7:30 PM DEC. 20 ATRIUM

Teen Marshmallow Pop Workshop (grades 7-12), registration required – Do you like marshmallows? Do you like chocolate? Combine the two and make a sweet treat. Stick a marshmallow on a lollipop stick and use your creativity to decorate it with chocolate, sprinkles and frosting to create a unique and delicious masterpiece. Registration begins Feb. 1.

6-7:30 PM FEB. 21 ATRIUM



We regularly add more library events. Check the calendar at shelbytwplib.org or follow [facebook.com/ShelbyTwpLib](https://www.facebook.com/ShelbyTwpLib), so you don't miss an exciting library activity.

CHILDREN'S PROGRAMMING

Ha Ha Halloween Ventriloquist (all ages), registration required – Ventriloquist Richard Paul presents a ghoulishly funny, but not scary, Halloween spectacular featuring life-size puppets, magic, special effects and hauntingly hilarious audience participation. Halloween costumes are welcome. Please register every member of your group. Registration began Oct. 5.

6:30-7:30PM OCT. 24 CAFETERIA

"Star Wars" Snapology Workshop (ages 5 and up), registration required – If you love "Star Wars," this is the adventure for you. You'll work on "Star Wars" themed activities using Legos and other interactive learning tools to build creations such as starships and lightsabers. Snapology puts purpose into building with toys that spark creativity while teaching blueprinting, engineering and math concepts. Registration begins Oct. 26.

1:30-2:30 PM NOV. 16 CARD ROOM

Library Tree Trimming Party (all ages) – Celebrate the upcoming holidays at our annual tree trimming event. Children can decorate ornaments to trim the tree or to take home. Cookies and refreshments help us get in the spirit.

6-7 PM DEC. 2 ATRIUM

Seasonal Science Fun (ages 5-12), registration required – Do you want to build a snowman using science skills? Complete STEM challenges and experiments related to winter at this program with Cathy Foster of TechKnowKids. Registration begins Nov. 16.

1:30-2:30 PM DEC. 7 CARD ROOM

Pokémon Hangout (all ages) – Calling all Pokémon trainers, bring your cards and handheld games and play, trade and meet other Pokémon fans at this casual event. The event includes refreshments and door prizes.

2-3 PM JAN. 18 CAFETERIA

"Pop" Up Party Saturday (all ages) – Pop in to the library for fun with things that pop. The party will feature pop culture trivia, bubble wrap "pop" art painting, popular party games, bubbles and pop music. Sample assorted flavors of Pop-Tarts, popcorn, and soda pop. Raffle prizes will include Pop Rocks candy and Funko Pop vinyl figurines. Bring your friends and family, and pop 'til you drop.

1:30-2:30 PM JAN. 25 CAFETERIA

Library Lego Day (all ages) – Design and build your own Lego creations, or complete the challenges we provide. We will have regular Lego blocks and large Duplo blocks for all ages to share.

1:30-2:30 PM FEB. 15 CAFETERIA

Tinker Tuesday (all ages) – Craft, design, build and create whatever you can imagine using the odds and ends we supply.

1:30-2:30 PM FEB. 18 CARD ROOM

STORYTIMES

Winter/Spring storytime registration for Wiggles and Giggles, Preschool Pages and Toddler Tales begins Jan. 4 for Shelby Township residents. Patrons can register online, in person or by calling the library. Register for the first class Jan. 14 or 15, and your child will be signed up for the entire session. Please only register one storytime per child.

Wiggles and Giggles (ages 2-5) – Wiggles and Giggles begins Jan. 14 with no storytime Feb. 18 and April 7. This is a storytime for toddlers, young children and caregivers to interact with stories, rhymes, songs, bubbles and movement.

10-10:30 AM TUESDAYS

Preschool Pages (ages 3.5-5) – Preschool Pages begins Jan. 14 with no storytime Feb. 18 and April 7. This program features stories, rhymes and activities for preschoolers to help prepare them for kindergarten. Caregivers can participate during storytime or browse the library.

11-11:30 AM TUESDAYS

Toddler Tales (ages 2-3.5) – Toddler Tales begins Jan. 15 with no storytime Feb. 19 and April 8. This storytime includes stories, songs and activities to develop early literacy for toddlers with their caregivers.

10-10:30 AM & 11-11:30 AM WEDNESDAYS

DROP-IN STORYTIMES

no registration required

Baby Bears (children under 2) – Drop in for short stories, songs, lap bounces and playtime. This program offers early literacy fun for children under 2 with a caregiver.

10-10:30 AM OCT. 25. NOV. 8 AND 22. DEC. 13,
JAN. 17 AND 31, AND FEB. 14 AND 28.

Families and Jammies – Drop in for stories, songs and activities for the whole family. Wearing pajamas is welcomed.

6:30-7:15 PM NOV. 14, DEC. 12, JAN. 9 AND 23,
FEB. 13 AND 27



BRANCHING OUT



Charter Township of Shelby
52700 Van Dyke Ave.
Shelby Township, MI 48316

2020 CALENDAR OF EVENTS

Please note that dates, events and locations are subject to change.
For more information please call **586-731-0300** or
visit shelbytwp.org/parks.

JANUARY

Sat, Jan. 25
Winter Fest & Cookout
Burgess-Shadbush Nature Center

Fri, Jan. 31
Princess Fantasy Fun Night
Shelby Township Activities Center

FEBRUARY

Thu, Feb. 13
Daddy Daughter Dance
Cherry Creek Golf Club

Sat, Feb. 15
Winter Hike at the Burgess-Shadbush Nature Center

MARCH

Wed, March 4
Mother Son Dance
Cherry Creek Golf Club

Sun, March 7
Exotic Animal Day
Burgess-Shadbush Nature Center

Sat, March 21
Maple Syrup Festival
Burgess-Shadbush Nature Center

Sat, March 22
Spring is Springing
Burgess-Shadbush Nature Center

APRIL

Sat, April 4
Easter Bunny Lunch
Shelby Township Activities Center

Sat, April 4
Easter Egg Scramble
location TBD

Sun, April 5
"Egg" citing Easter Event
Burgess-Shadbush Nature Center

MAY

Sat, May 2
Heron and Spring Festival
Holland Ponds

Sat, May 16
Camp Sampler Day
Burgess-Shadbush Nature Center

JUNE

Sat, June 6
River Day
Burgess-Shadbush Nature Center

Fri, June 12
Splash Bash Summer Kickoff
Chief Gene Shepherd Park

Sat, June 13
34th Annual Kid's Fishing Derby
Heritage Lake

Sun, June 28
Log Cabin Day
Burgess-Shadbush Nature Center

JULY

Sat, July 11
25th Annual Kid's Olympics
Whispering Woods Kiwanis Park

Sat, July 25
13th Annual Shelby Township's
Annual Flea Market
Whispering Woods Kiwanis Park

AUGUST

Sat, Aug. 1
Kid to Kid Sale
Shelby Township Activities Center

Sat & Sun, Aug. 8 & 9
37th Annual Shelby Township
Art Fair
River Bends Park

SEPTEMBER

Sat, Sept. 5
Sportsman's Skills Day
Burgess-Shadbush Nature Center

Sun, Sept. 13
Bow Wow Luau
Chief Gene Shepherd Park

Sat, Sept. 19
Heritage Fest
Burgess-Shadbush Nature Center

OCTOBER
Fri, Oct. 9
Halloween Spooktacular
& Movie Night
Mae Stecker Park

Fri & Sat, Oct. 16 & 17
Haunted Nature Center
Burgess-Shadbush Nature Center

Sat, Oct. 24
Spidermania
Burgess-Shadbush Nature Center

NOVEMBER

Fri, Nov. 20
Snack and Shop Shelby Township
Shelby Township Activities Center

DECEMBER

Thu, Dec. 3
Christmas Aglow Tree Lighting
Shelby Township Municipal
Campus

Sat, Dec. 5
Breakfast with Santa
Shelby Township Activities Center

Sat & Sun, Dec. 5 & 6
Pioneer Christmas
Burgess-Shadbush Nature Center

Thu, Dec. 10
Dinner and Dancing with Santa
Cherry Creek Golf Club

Mon, Dec. 11-18
Light Up the Holidays Christmas
Decorating Contest

Sun, Dec. 19
Santa Visits the Nature Center
Burgess-Shadbush Nature Center

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