

# Branching Out

Shelby Township Events & Programs

Creating a Better Place through people, places and events



Shelby Township Parks, Recreation & Maintenance Catalog

# Spring 2020



Follow us on Facebook & Instagram

Serving the residents of Shelby Township at the  
Shelby Township Activities Center, Burgess-Shadbush Nature Center,  
the Shelby Township Senior Center and more than 1,100 acres of picturesque parks.



Shelby Township Parks, Recreation and Maintenance Department thanks the following people for their support:

**SHELBY TOWNSHIP BOARD OF TRUSTEES**

- Rick Stathakis, Supervisor
- Stanley T. Grot, Clerk
- Michael Flynn, Treasurer
- Lisa Casali, Trustee
- John Vermeulen, Trustee
- Vince Viviano, Trustee
- Lynn Wilhelm, Trustee

**PARKS & RECREATION COMMITTEE**

- Brian Zilli, Chairperson
- Joe Youngblood, PRM Department Rep
- Lynn Wilhelm, Board Rep
- Robert O'Brien, Vice Chair
- Shannon Alore
- Beth Bryer
- Stacy Cerget
- Ryan Knost
- Donald Watchowski
- Joe Yestrepki

**SENIOR STEERING COMMITTEE**

- Rick Stathakis, Supervisor
- Joe Youngblood, PRM Department Rep
- Amy Drake, Senior Coordinator
- Joan Hemingway
- Gloria La Grou
- Michael Paszkowski
- Mary Ann Swientoniowski

**CHARTER TOWNSHIP OF SHELBY**

**Parks, Recreation & Maintenance Department**  
 Joe Youngblood, Director



Event photos by  
 Elite Photographic Studios

"We Create Community through People, Parks & Programs"  
 Shelby Township Activities Center  
 14975 21 Mile Road, Shelby Township, MI 48315

**OFFICE HOURS**

8:30 AM-noon and 1-5 PM, weekdays  
 Office closes daily for lunch noon-1 PM

**CONTACT INFORMATION**

Phone: 586-731-0300  
 Fax: 586-323-3054  
 Email: shelbyprm@shelbytp.org

shelbytp.org/parks  
 facebook.com/shelbytwpparksandrec

**UPCOMING HOLIDAY CLOSURES**

The Parks, Recreation and Maintenance Department Office and Shelby Township Senior Center will be closed in observance of the following holidays:

- Feb. 17 Presidents Day
- April 10 Good Friday

**Table of Contents**

Get Recreational - PRM Information and News	3
Rentals & Reservations	4
Enrollment Information	6
PRM Sports	8
PRM Activities Center Programs	10
Upcoming Events & Programs	12
Youth Programs	14
Adult Programs	17
Burgess-Shadbush Nature Center	19
Senior Center	21
Library	22
2020 Event Calendar	Back Cover



Who's offering the class

**Catalog Key**

**Business or location** offering the class, including the address  
**Fee: \$ (Sometimes here)**

**Title of Program** – Description of program including, any additional equipment needed or included. **Fee: \$ residents, \$ nonresidents (Sometimes here)**  
 #111111-A# TIME DAY(S) DATE LENGTH \$ (SOMETIMES HERE)

**Title of Program** – Description of program including any additional equipment needed or included. **Fee: \$ residents, \$ nonresidents (Sometimes here)**  
 #111111-A# TIME DAY(S) DATE LENGTH \$ (SOMETIMES HERE)

Program

Fee placement depends on listing

Activity Number

### PRM MISSION STATEMENT

The Shelby Township Parks, Recreation and Maintenance Department staff provides progressive leisure, organized sports, cultural and educational programs to the township. It protects our natural resources and offers outdoor recreational opportunities to members of the community in a safe, healthy and enjoyable environment. The staff provides innovative and quality services to residents, businesses and service organizations in Shelby Township.

### LIKE & FOLLOW US

Remember to like our Facebook page for updates and reminders about events, rainout information, photo albums from events and other news at [facebook.com/ShelbyTwpParksAndRec](https://www.facebook.com/ShelbyTwpParksAndRec).

### CANCELLATIONS BECAUSE OF INCLEMENT WEATHER

When the weather calls for enough precipitation to cancel games, practices or classes, PRM places a phone message at **586-726-4556** and posts it to [facebook.com/ShelbyTwpParksAndRec](https://www.facebook.com/ShelbyTwpParksAndRec). Please check these areas before phoning PRM.

### REGISTER FOR ACTIVITIES ONLINE

Enjoy the convenience of enrolling for classes from your computer. Visit [shelbytwp.org/parks](https://shelbytwp.org/parks) then follow the "Webtrac Online Registration" link on the left and follow the prompts using your household ID/username and password. Birthdate and grade level, where applicable, is required for online enrollment. If you see this information missing from your file, contact PRM to update your file. For more information about online registration or if you need help logging on, please call **586-731-0300**.

*If you have not previously done online business with us, please call **586-731-0300** or email [shelbyprm@shelbytwp.org](mailto:shelbyprm@shelbytwp.org) to provide names and birthdates, addresses and contact information so that we can create your account. After that, you can log on and enroll at your leisure.*

If you have previously done business with us, use your household ID number/username found on the top left portion of your receipt under the payment date to log on. Please call **586-731-0300** if you need assistance. Your 10-digit primary phone number is your password the first time you log on. After that, you'll be prompted to choose a new password. Following registration, you can submit payment by Visa or Mastercard.

### INSTRUCTORS WANTED

Do you have a unique talent or skill that you can share with others? We're always on the lookout for instructors to teach classes, host workshops, hold seminars and lead camps for all ages. If you're interested in sharing your talent and knowledge, we'd love to hear your ideas. The new Shelby Township Activities Center has a craft room, computer room, meeting rooms, a multipurpose room and a full-size gymnasium available to meet a variety of needs.

If you enjoyed a class or workshop elsewhere and would like to suggest that we offer it, please share that with us. Send your ideas and proposals to Mike Adams [madams@shelbytwp.org](mailto:madams@shelbytwp.org) or call **586-731-0300** for more information.

### REGISTRATION DATES

Residents of Shelby Township and Utica may register now. Unless otherwise noted, resident enrollment using any of the methods listed in the catalog are processed upon receipt. Nonresident registration begins Thursday, Feb. 13. Nonresidents must add \$7 for each activity unless the description contains a different fee.

### SHELBYTWP. PARKS & RECREATION'S RESERVATION POLICY

Park pavilions, Hope Chapel and Heritage Garden can be reserved on a first-come, first-served basis with no restrictions on the date. Reservations can be made for any date, based on availability, for any month or year. Full payment is due at the time of the reservation. You may be subject to any price increases that go into effect between the date the reservation is made and the event date.

PRM does not grant refunds for Heritage Garden or Hope Chapel reservations. Refund requests for pavilion reservations can occur up to 30 days before the reservation date. Requests must be in writing. PRM deducts a 10% cancellation fee from the refund.

### CONNECT WITH YOUR COMMUNITY

The Shelby Township Parks, Recreation and Maintenance Department invites businesses and organizations to show their support for the community.

Sponsors play an essential role in the success of the township's annual free and low-cost family events and youth athletic leagues. Several sponsorships levels and options are available. Benefits may include sponsor name on promotional materials, social media posts, email alerts, complimentary display ads in the printed event promotion, sponsor-provided promotional information placed at event, a space for sponsor to greet attendees and distribute information, a sponsor-provided banner placed at the sponsored event, and a listing on the "Thank You" page of the fall-winter edition of, "Branching Out."

To receive a sponsor packet or discuss options, email [shelbyprm@shelbytwp.org](mailto:shelbyprm@shelbytwp.org) or phone 586-731-0300.

### LOST & FOUND

Return found items from parks, events and games to PRM at the Shelby Township Activities Center at 14975 21 Mile Road. We tag items with where and when they were found. When possible, we contact the owner to let them know we have the lost item.

PRM keeps lost and found items for 30 days. Following that, PRM disposes of items or donates them to a local charity.

If you have lost an item, call **586-731-0300** or email [shelbyprm@shelbytwp.org](mailto:shelbyprm@shelbytwp.org) with a description.

### DEPARTMENT POLICIES

**Anti-Discrimination** - The Parks, Recreation & Maintenance Department does not discriminate on the basis of race, color, national origin, sex, religion, age, gender identity, expression of sexual orientation or disabled status in the employment of or the provision of services.

**Insurance** - While the Parks, Recreation & Maintenance Department is committed to the safety of all of its participants, it takes no responsibility for personal injuries or loss of personal property while using township facilities or participating in activities. It is recommended that anyone enrolled in a program or using the facilities make provisions to provide adequate coverage with their own insurance program.

**Photo Policy** - The township frequently takes photos or video images of event and activity participants, visitors to our parks, and persons utilizing our facilities. These photos and video images are the sole property of the township and may be used for promotional and marketing purposes at its discretion.



## RENTALS & RESERVATIONS

### RENTALS AT THE NEW SHELBY TOWNSHIP ACTIVITY CENTER

Do you need a room for a meeting, birthday party or shower? The Shelby Township Activities Center can provide rooms with tables and chairs 5-9 p.m., weekdays, and during daytime hours on Saturday and Sunday. The activities center kitchen is not available, and no alcohol is permitted on the premises. Call **586-731-0300** for more information. Prices are subject to change.

<b>Gymnasium</b>	<b>\$75/hour resident</b>	<b>\$100/hour nonresident</b>
<b>North/South Court</b>	<b>\$50/hour resident</b>	<b>\$75/hour nonresident</b>
<b>Cafeteria</b> – up to 125 occupants	<b>\$60/hour resident</b>	<b>\$80/hour nonresident</b>
<b>Wertz Room</b> – up to 40 occupants	<b>\$40/hour resident</b>	<b>\$50/hour nonresident</b>
<b>Rooms 2 &amp; 3</b> – up to 25 occupants	<b>\$30/hour resident</b>	<b>\$40/hour nonresident</b>
<b>Rooms 4 &amp; 5</b> – up to 25 occupants	<b>\$30/hour resident</b>	<b>\$40/hour nonresident</b>
<b>Room 7 (craft room)</b> – up to 25 occupants	<b>\$30/hour resident</b>	<b>\$40/hour nonresident</b>
<b>Nonprofit Organizations</b> – Rooms 2-5		
	<b>\$15 flat fee for any meeting 3 hours or under</b>	
	<b>\$25 flat fee for any meeting over 3 hours</b>	



Shelby Township Activities Center Gym



Shelby Township Activities Center Cafeteria

### PARK PAVILION RENTALS

Reservations for all pavilions are accepted in person at the Shelby Township Activities Center or by phone at 586-731-0300.

**River Bends Park** – You can reserve one of three pavilions with seating for up to 100 guests in our popular park at 5700 22 Mile Road. Shelters come with picnic tables, electrical outlets and barbeque grills. You'll have access to water, restrooms, playground areas, sand volleyball courts and horseshoe pits. Vehicles enter and park for free.

- **Mapleview Shelter** rents for **\$110 for residents, \$140 for nonresidents.**
- **Bittersweet and Hickory Grove Shelters** each rent for **\$170 for residents, \$200 for nonresidents.**



River Bends Park Mapleview Shelter

**Woodall Neighborhood Park** – This shelter at 4550 River Bends Drive off of Ryan Road accommodates up to 50 people with included picnic tables, barbeque grill and electric outlets. Water is available in restrooms only. **Fee: \$100 for residents, \$130 for nonresidents.**



Woodall Neighborhood Park Shelter



Mae Stecker Park Pavilion

**Mae Stecker Park** – Reserve a piece of the action at the pavilion in Mae Stecker Park with access to baseball diamonds, sand volleyball, basketball courts and tennis courts. The pavilion can accommodate up to 24 guests and has nearby restrooms. Mae Stecker Park is at 8600 24 Mile Road. Limited dates available. **Fee: \$50 for residents, \$80 for nonresidents.**



Chief Gene Shepherd Park Pavilion

**Chief Gene Shepherd Park** – Within view of the popular splash pad, this pavilion is an excellent spot for a party, reunion or any gathering. The 40-by-60 structure can accommodate up to 80 people. Renters have access to picnic tables, electric outlets, water, indoor restrooms, playground, sand volleyball, horseshoe pit and bocce ball. The fee does not include the use of the splash pad. Chief Gene Shepherd Park is at 2452 23 Mile Road. **Fee: \$170 for residents, \$200 for nonresidents.**

## HERITAGE GARDEN RESERVATIONS

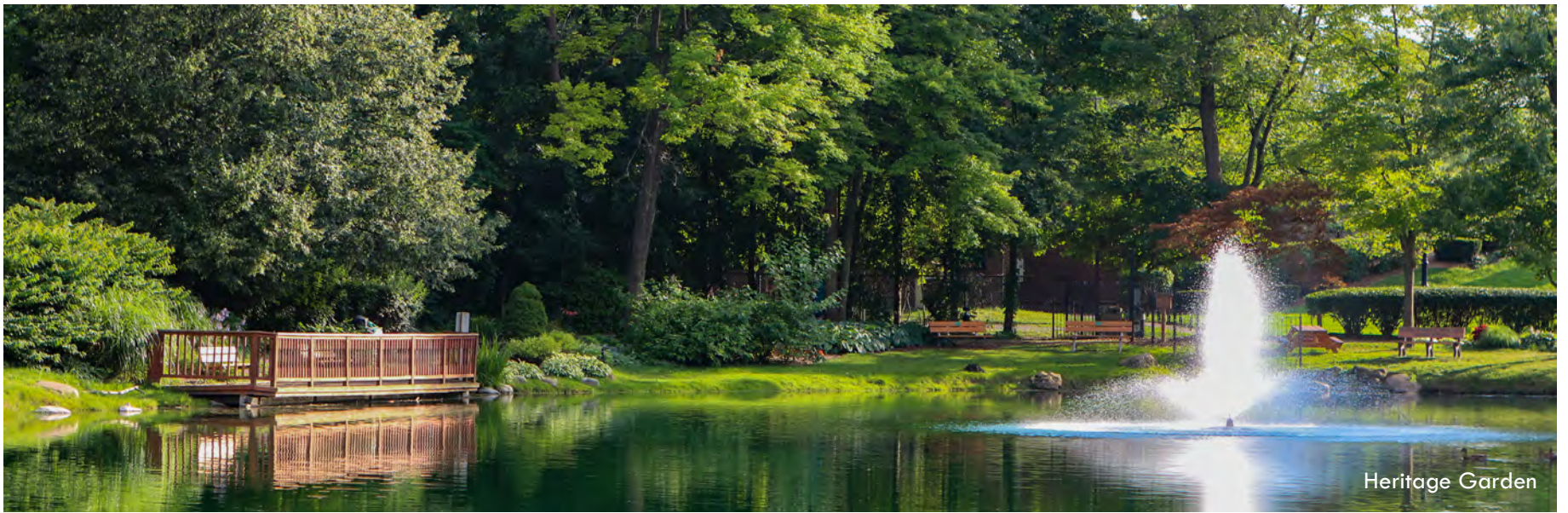
Beautiful Heritage Garden is the perfect spot to exchange wedding vows or capture a moment for years to come with professional photos. The garden is surrounded by ornate wrought-iron fencing next to a 2.5-acre spring-fed lake for a fairytale feeling. A 10-foot gazebo is tucked among beautiful trees, flowers and walkways maintained by the Shelby Gardeners Club and the PRM Department. Reservations include an attendant to assure exclusive use. Photographers and paid professionals are encouraged to make a reservation to ensure private use of the garden area. Reservations will be accepted in person or by phone at **586-731-0300**.

**Fee: \$35/hour for residents, \$110/hour for nonresidents.**

**Wedding Reservations:** There is a 2-hour minimum for a standing ceremony. There is a maximum of 10 chairs allowed in the garden for those who may not be able to stand throughout a service. Wedding parties may bring their chairs or choose to rent our white stacking chairs for \$5 each. A garden attendant will set up and remove our rented chairs.



Heritage Garden



Heritage Garden

## WEDDINGS AT HOPE CHAPEL

Celebrate your wedding at Shelby Township's Hope Chapel. Built in 1890 and relocated to the Shelby Township Municipal Campus in 2001, this quaint venue has all the charm of a vintage, small-town chapel near beautiful Heritage Garden. **Fee: \$335 for residents, \$435 for nonresidents for a 2.5-hour time block and a one-hour rehearsal.**

**Details:**

- Seats up to 80 guests.
- Fridays, Saturdays and Sundays are available for weddings with Thursdays reserved for rehearsals.
- The wedding party is responsible for contracting its own clergy or officiant to perform their ceremony.
- Please call **586-731-0300**, or email [shelbyprm@shelbytwp.org](mailto:shelbyprm@shelbytwp.org) for details or to check availability.



Hope Chapel



Interior of Hope Chapel

## ACTIVITY REGISTRATION

We accept walk-in registrations, in person, at the Shelby Township Activities Center at 14975 21 Mile Road. It's not necessary to complete a form for walk-in enrollment. Use cash, check, Visa, Mastercard or money order for walk-in payment.

Online enrollment for most classes and activities is available at [shelbytwp.org/parks](http://shelbytwp.org/parks). Use the "Webtrac Online Registration" link in the left column and follow the prompts. Facility reservations and ticket sales are not available online.

Call the Parks, Recreation & Maintenance Department at 586-731-0300 to enroll by phone using your Visa or Mastercard. You will receive a receipt by email if your household has an email address on file with PRM. Otherwise, your credit card bill is confirmation of your enrollment.

For your convenience, a registration drop box is available for after-hours enrollment at the front doors of the activities center. To register by mail or drop-box, enclose a check, or Visa or Mastercard information and a completed enrollment form in an envelope and mail it to our new address, Shelby Township Activities Center, 14975 21 Mile Road, Shelby Township, MI 48315.

You can fax or email registration by sending a completed enrollment form and Visa or Mastercard information. To fax, submit your documents to 586-323-3054, or, to email, send all documents to [shelbyprm@shelbytwp.org](mailto:shelbyprm@shelbytwp.org).

For mail, fax or email registration, please complete and sign the enrollment form below.

### REGISTRATION DATES

Residents of Shelby Township and Utica may register now. Unless otherwise noted, resident enrollment using any of the methods listed in the catalog are processed upon receipt. Nonresident registration begins Wednesday, Feb. 5. Nonresidents must add \$7 for each activity unless the description contains a different fee.

## ENROLLMENT FORM

### FOR MAIL, FAX OR EMAIL ENROLLMENT. PLEASE PRINT CLEARLY -- COMPLETE ENTIRE FORM & SIGN

Registrations will be processed **upon receipt** for Shelby Township and Utica residents. Registrations for non-residents will be accepted beginning Wednesday, Feb. 5. **Enrollees will be notified if a class is full, canceled, or requires a supply list.** A receipt will be sent via email if you have provided an email address. If you would like a receipt mailed to you, please include a self-addressed, stamped envelope with your mail-in or drop-box registration. **Don't forget to sign the signature line.** Include your check, money order, or credit card information. **Make checks payable to Shelby Township Parks, Recreation and Maintenance.** Event tickets not sold in person will be assessed a \$2 mailing fee if the receipt cannot be emailed. **This fee does not apply to class registrations.**

First Name	Last Name	First Name	Last Name	First Name	Last Name
_____	_____	_____	_____	_____	_____
Sex _____	Date of Birth _____	Grade _____	Sex _____	Date of Birth _____	Grade _____
Activity # _____	Activity Name _____	Activity # _____	Activity Name _____	Activity # _____	Activity Name _____
Start Time _____	Start Date _____	Start Time _____	Start Date _____	Start Time _____	Start Date _____
Activity Fee _____	NonRes Fee <i>if Required</i> _____	Activity Fee _____	NonRes Fee <i>if Required</i> _____	Activity Fee _____	NonRes Fee <i>if Required</i> _____
Total Fee: \$ _____		Total Fee: \$ _____		Total Fee: \$ _____	

### PAYMENT INFORMATION

Check/Money Order # _____	Credit Card # _____	Expiration Date _____
Credit Card - circle <input type="checkbox"/> Visa <input type="checkbox"/> Mastercard <input type="checkbox"/>	Cardholder's Name _____	

### FAX-IN REGISTRATION ACCEPTED WITH CREDIT CARD PAYMENT ONLY! FAX FORM TO 586-323-3054

Mail registration form to: Shelby Township Parks, Recreation & Maintenance, 14975 21 Mile Road, Shelby Township, MI 48315

### PLEASE PRINT CLEARLY & SIGN BELOW

Street Address \_\_\_\_\_ City or Township \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email Address \_\_\_\_\_  
 Name of Parent or Guardian of Minor Child \_\_\_\_\_  
 Emergency Contact Person \_\_\_\_\_ Emergency Phone \_\_\_\_\_ Relationship to Enrollee \_\_\_\_\_

### PLEASE COMPLETE APPLICABLE INFORMATION:

Jersey/Shirt Size: Youth Adult XS S M L XL  
 Is someone in the household volunteering? Circle: Coach Asst Other \_\_\_\_\_  
 Name \_\_\_\_\_ Phone \_\_\_\_\_  
 Team with (name) \_\_\_\_\_

NOTE REGARDING PRINTING ERRORS - Our office staff does its best to make sure the information, including fees and dates contained in our catalog, on flyers and posted online is correct. However, mistakes are made. We apologize for any misprints, but reserve the right to charge the corrected fee where an error is found.

WAIVER OF LIABILITY - In registering for the above, I hereby release the Charter Township of Shelby, its representatives, successors, and instructors of all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child, or other family members while participating in, observing, and traveling to or from the above listed activity. In addition, I hereby give my permission for the use of photos, video, or other likenesses of me or my minor child to be used in promotional materials for Shelby Township.

PLEASE SIGN HERE \_\_\_\_\_  
 (Signature of Student or Parent of Minor Student)

### FOR OFFICE USE ONLY

Processed by \_\_\_\_\_ Date \_\_\_\_\_ Receipt # \_\_\_\_\_  
 Fax \_\_\_\_\_ Email \_\_\_\_\_ Mail \_\_\_\_\_ Drop-Box \_\_\_\_\_  
 Notes \_\_\_\_\_

## PRM DEPARTMENT & NATURE CENTER REFUND POLICIES

- PRM honors most refund requests if the request is made before a class meets for the second time.
- See league information for refund deadline dates, fees and policies for our athletic leagues.
- Requests for refunds for one-day events or classes, camps or for programs that meet for consecutive days must occur at least seven business days prior to the scheduled date.
- A \$7 fee per enrollment will be deducted from refunds for processing unless the description lists a different fee.
- A refund check will be mailed three to four weeks from the date of request for cash and check transactions.
- PRM credits refunds to your card for Visa or Mastercard refunds.
- Fees of \$7 or less are not eligible for refunds.
- Partial refunds are not issued.
- PRM does not grant refunds for Heritage Garden or Hope Chapel reservations.
- Refund requests for shelter reservations can occur up to 30 days before the reservation date. Requests must be in writing. PRM deducts a 10% cancellation fee from the refund.

## ADDITIONAL INFORMATION

**Event reservations or ticket sales** - A \$2 per family mailing fee is added to reservation or sales not made in person if a receipt cannot be emailed. This fee does not apply to class enrollment. Event reservations are not available online.

**Enrollment confirmation** - Walk-in enrollment confirmation occurs at the time of registration. A receipt will be emailed for any enrollment not taken in person if an email address is on file.

**Late registration and partial attendance** - PRM does not prorate fees because of late registration or partial class attendance.

**Check Return Policy** - Any check returned for insufficient funds or any other reason is subject to processing and bank fees payable before further participation or registration.

**Cancellations** - PRM reserves the right to cancel an activity or program because of a lack of enrollment or other circumstances beyond its control. If a cancellation is necessary, PRM will contact enrollees by phone, and a full refund will be processed.

**Senior Discount** - Enrollees 65 or older are eligible for a 10% discount on their class enrollment upon request at the time of registration. If applicable, the discount occurs after the nonresident fee. A senior discount is not available for facility, park or event reservations.

**Notice to Students** - Instructors and staff members are not permitted to sell any product, service or espouse any spiritual or religious activity while performing duties as an instructor or facility member for the Charter Township of Shelby. Said persons must state their occupation and commercial role at the first class meeting. Also, literature with commercial content or business cards may be made available to students only upon the student's request. The Charter Township of Shelby, PRM and its staff are not responsible for any activities that may take place inside or outside the classroom or off township properties.

## EVENT & ACTIVITY LOCATIONS



1. **Shelby Township Activities Center**  
14975 21 Mile Road  
Shelby Township, MI 48315
2. **Argentine Tango Detroit**  
7758 Auburn Road  
Utica, MI 48317
3. **Body Images**  
51204 Danview  
Technology Court  
Shelby Township, MI 48315
4. **Burgess-Shadbush Nature Center**  
4101 River Bends Drive  
Shelby Township, MI 48317  
586-323-2478
5. **Cherry Creek Golf Club**  
52000 Cherry Creek Drive  
Shelby Township, MI 48316
6. **Chief Gene Shepherd Park**  
2452 23 Mile Road  
Shelby Township, MI 48316
7. **Dream Dance Co**  
51756 Van Dyke Ave  
Shelby Township, MI 48316
8. **Ford Field Central Park**  
7460 23 Mile Road  
Shelby Township, MI 48316
9. **Graceful Moves Dance**  
54728 Shelby Road  
Shelby Township, MI 48316
10. **Henriksen's Golf Range**  
51655 Van Dyke Ave.  
Shelby Township, MI 48316
11. **Heritage Garden & Hope Chapel**  
52700 Van Dyke Ave.  
Shelby Township, MI 48316
12. **Holland Ponds**  
50385 Ryan Road  
Shelby Township, MI 48317
13. **Joe Dumars Fieldhouse**  
45300 Mound Road  
Shelby Township, MI 48317
14. **Lombardo Park**  
11695 22 Mile Road  
Shelby Township, MI 48317
15. **Mae Stecker Park**  
8600 24 Mile Road  
Shelby Township, MI 48316
16. **Master K's Karate**  
50658 Van Dyke Ave.  
Shelby Township, MI 48317
17. **New Rink Roller Sports Complex**  
50625 Van Dyke Ave.  
Shelby Township, MI 48317
18. **New Way Martial Arts Academy**  
48075 Van Dyke Ave.  
Shelby Township, MI 48316
19. **River Bends Park**  
5700 22 Mile Road  
Shelby Township, MI 48317
20. **Shelby Lions Football & Soccer Fields**  
51670 Van Dyke Ave.  
Shelby Township, MI 48316
21. **Wag 'N' Tails Activity Center**  
56776 Mound Road  
Shelby Township, MI 48316
22. **Wag 'N' Tails Studio**  
53153 Hayes Road  
Shelby Township, MI 48315
23. **Whispering Woods Park**  
11000 21 Mile Road  
Shelby Township, MI 48315
24. **Woodall Neighborhood Park**  
4550 River Bends Drive  
Shelby Township, MI 48317



Shelby Township Activities Center

**YOUTH & TEEN BASKETBALL LEAGUE**

All divisions begin March 8 and run for seven weeks. All games and practices take place on Sunday. Grade one and two teams have four practices and three games. Teams for grades three to nine have two practices and five games. Players must request each other for buddy requests. All divisions may request only one person as a buddy on the same team.

Walk-in registrations are available at the Shelby Township Activities Center at 14975 21 Mile Road are available. Use cash, check, Visa, Mastercard or money order for walk-in payment. Office hours are 8:30 a.m.-noon and 1-5 p.m., weekdays. The office closes daily for lunch noon-1 p.m. Online enrollment is available at [shelbytwp.org/parks](http://shelbytwp.org/parks). Use the "Webtrac Online Registration" link in the left column and follow the prompts. Call the Parks, Recreation & Maintenance Department at 586-731-0300 to enroll by phone using your Visa or Mastercard. Refunds are issued until the first practice minus a \$10 processing fee.

**APPROXIMATE START TIMES:**

Grade one and two	9 AM
<b>Grade three and four</b>	<b>10 AM</b>
Grade five and six	11 AM and noon
<b>Grade seven, eight and nine</b>	<b>1 PM and 2 PM</b>

**DIVISIONS, START DATES AND FEES**

Fees listed are for Shelby Township or Utica residents. Nonresidents add \$10 per player.

**Fee:**

#111118-A1	Instructional coed grades one and two	\$55
#111118-A3	<b>Boys grade three and four</b>	<b>\$65</b>
#111118-A4	Boys grade five and six	\$65
#111118-A7	<b>Boys grade seven, eight and nine</b>	<b>\$65</b>

**BEGINNER GIRLS LACROSSE**

Introduction to Lacrosse Clinic for girls grades five to eight

The Motor City Machine Lacrosse Club is offering a six-session clinic Sundays at the Premier Sports Center at 14901 23 Mile Road. This introduction clinic for beginning players does not require experience. The program introduces players to the fundamentals of stick-handling, throwing, catching, scooping, dodging, game situations and fun competition that puts all of these skills to work. The Motor City Machine's high school and youth girls coaching staff of experienced girls lacrosse players and coaches provide instruction. Parents are encouraged to attend all sessions. The clinic is noncontact and requires no equipment. Sticks will be available for use at each session. Players are encouraged to purchase a girls lacrosse stick before or during the sessions to enable practice at home and familiarity with the stick.

Parents are responsible for outfitting their children with personal protective gear, such as mouth guards for dental work or protective eyeglasses. Tennis shoes or cleats are acceptable for indoor field play.

**Fee: \$125 resident, \$132 nonresident**

#111602-A1 Sun (1.25 hours/week-TBD) 6 wks  
March 15, 22, 29 and April 5, 19, 26

**2020 YOUTH BASEBALL PROGRAM**

Youth baseball registration for Shelby Township and Utica residents runs Jan. 14–March 20 with online, walk-in and phone-in options available. Nonresidents can register Feb. 3–March 20. Nonresidents add \$10 per player. When registering online, you need your Household ID number and password. Email [shelbyprm@shelbytwp.org](mailto:shelbyprm@shelbytwp.org) or call 586-731-0300 to acquire that information. Register at [webtrac.shelbytwp.org](http://webtrac.shelbytwp.org).

Pee Wee Tee begins May 2 and runs for seven weeks. All other leagues begin in late April or early May, depending on field conditions. Leagues are completed by July 4. Pee Wee Tee refunds are available through May 8. Refunds in all other divisions are available through April 18. PRM deducts a \$10 fee from all refunds.

As a guide, most players play one to two seasons in each division before moving up to the next division. Games and practices may also be on Fridays and Saturdays for all divisions if needed. Game times are 6:30 p.m. on weekdays and vary on Saturdays if required. Minor league players that are 11-years-old should be players that are not ready for the 50/70 Division. All divisions, other than Pee Wee Tee, will have approximately four practices

and 12 games. Managers are allowed to request up to two other coaches, and one buddy request is allowed per player. Forming teams will NOT be permitted. Requests are not guaranteed, and your other coach or buddy must also request you.

The registration fee includes a team shirt, hat and an end-of-season award. Players supply their glove. No games take place Memorial Day weekend. Practices and games take place at parks located throughout Shelby Township.

Volunteer coaches, officials and staff play a vital role in our sports leagues. Please consider taking some time to make your child's sports experience a positive one by volunteering as a coach or assistant coach. To assist you, we'll provide general rules and guidelines at a volunteer meeting held before the season. No coaching experience is necessary. For more info on volunteering, please call 586-731-0300.

Fees listed are for Shelby Township or Utica residents. Nonresidents add \$10 per player to fee.

REGISTRATION #	DIVISION	DAYS	DISCOUNT PRICE	REGULAR PRICE
#111112-C1	Pee Wee Tee	Sat	\$55	\$65
<b>#221112-A1</b>	<b>Coed Coach Pitch Ages 6-8</b>	<b>Mon/Wed</b>	<b>\$80</b>	<b>\$90</b>
#221112-A2	Pitch Machine Ages 8-10	Tue/Thu	\$80	\$90
<b>#211909-N3</b>	<b>Boys' Minor Baseball Ages 9-11</b>	<b>Tue/Thu</b>	<b>\$90</b>	<b>\$100</b>
#211909-N6	Boys' Baseball 50/70 Ages 11-13	Mon/Wed	\$90	\$100
<b>#211909-S1</b>	<b>Boys' Senior Ages 13-16</b>	<b>Tue/Thu (may vary)</b>	<b>\$90</b>	<b>\$100</b>
#211909-S2	Boys' Baseball 16-18	Mon/Wed	\$90	\$100



**TENNIS ROCKS!**

Tennis Program Director Bill McGarry is a United States Professional Tennis Association Professional 1 instructor. McGarry played college tennis at the University of Michigan with five years of tour experience and more than 25 years of teaching experience, including his current winter sessions at Wimbledon Racquet Club. All make-ups must be pre-scheduled with McGarry at 586-855-8990. He is also available to answer any tennis programming questions. Classes take place at Mae Stecker Park at 8600 24 Mile Road.

**Young Star Tennis - Ages 4-7** – Learn forehand, backhand and volley to improve developing gross motor skills through plenty of fun and games. Orange and regular balls will be used. Please bring a racquet and water bottle to class.

#111107-A1 5-6 PM Tue & Thu April 28-May 2  
\$110 resident, \$117 nonresident

#111107-A2 10:30-11:30 AM Sat May 9-June 13  
\$82 resident, \$89 nonresident

#111107-A3 5-6 PM Tue & Thu May 26-June 18  
\$110 resident, \$117 nonresident

**Rising Star Junior Tennis Academy - Ages 6-9** – Learn forehand, backhand and volley to improve developing gross motor skills through plenty of fun and games. Orange and regular balls will be used. Please bring a racquet and water bottle to class.

#111107-A4 6-7:30 PM Tue & Thu April 28-May 21  
\$165 resident, \$172 nonresident

#111107-A5 9-10:30 AM Sat May 9-June 13  
\$124 resident, \$131 nonresident

#111107-A6 6-7:30 PM Tue & Thu May 26-June 18  
\$165 resident, \$172 nonresident

**Top Gun Beginner/AB Tennis - Ages 8-15** – All basic strokes will be taught with an emphasis on correct grips and form to produce muscle memory. Drop feeds and rallying will begin at this level as well as competitive contests and games. Please bring a racquet and a water bottle to class. No class held on May 25.

#111107-C1 6:30-8 PM Mon & Wed April 27-May 20  
\$165 resident, \$172 nonresident

#111107-C2 11:30 AM-1 PM Sat May 9-June 13  
\$124 resident, \$131 nonresident

#111107-C3 6:30-8 PM Mon & Wed May 27-June 17  
\$144 resident, \$151 nonresident

**The Academy Intermediate & Advanced - Ages 9-18** – Whether you're playing for school or getting more competitive, this is the class you want. Our experienced staff will take you to the next level and help you reach your goals. Advanced skills, situational games and match play will all be found here. Bring plenty of water. No class held on May 25.

#111107-F1 4:30-6:30 PM Mon & Wed April 27-May 20  
\$218 resident, \$225 nonresident

#111107-F2 2-5 PM Sat May 9-June 13  
\$245 resident, \$252 nonresident

#111107-F3 4:30-6:30 PM Mon & Wed May 27-June 17  
\$190 resident, \$197 nonresident

**ADULT KICKBALL LEAGUE** new

Shelby Township's new summer 2020 coed kickball league begins May 11. Teams play seven regular-season games and a single-elimination tournament. No games played on Memorial Day. The registration deadline is April 30. Games take place 6-8 p.m. Monday evenings at Mae Stecker Park at 8600 24 Mile Road.

**\$395/team**  
#221117-K1 Mondays May 11

**2020 ADULT SOFTBALL**

ASA Certified – Slow Pitch Leagues  
Held at Mae Stecker Park – 8600 24 Mile Road

Registration for returning teams, same season and division as the previous year, begins Feb. 25. Registration for new teams begins March 6. Play for all divisions begins the week of April 27.

Contact Mike Adams at 586-731-0300  
or email [madams@shelbytwp.org](mailto:madams@shelbytwp.org) for more information. A manager's meeting for registered teams takes place before the start of the season.

- Non-refundable team fees must be paid in full. Spaces for teams cannot be held without full payment by Visa, Mastercard, cash, check or money order.

- All teams in all leagues must pay a \$20 umpire fee before each game. Umpire fees are payable to the umpire by each team before each game.

- All leagues include game balls, 12 T-shirts for season champions, and 12 T-shirts plus a trophy for playoff champions.

- A \$50 forfeit fee is assessed upon forfeit for each game forfeited. Forfeit fees must be paid before a team is permitted to play its next game.

- All leagues are open leagues.

**Men's Double-Header League**

The season includes 11 double-headers, 22 games, and playoffs. Games take place at 6:20 p.m., 7:30 p.m., 8:40 p.m. and 9:50 p.m. weekdays. Sunday games begin at approximately 2:30 p.m. A new home run rule allows each team two home runs. Following the second home run, the one up rule takes effect. **Registration fee: \$800**

**Days of Play:**

#221117-A1 Monday night  
#221117-A4 **Tuesday night**  
#221117-A5 Wednesday night  
#221117-A6 **Thursday night**  
#221117-A7 Sunday afternoon

**Coed League**

The season includes 12 regular-season games and single-elimination playoffs. Games start at 6:20 p.m., 7:30 p.m., 8:40 p.m. and 9:50 p.m. Fridays. Saturday games begin at approximately noon.  
**Registration Fee: \$600**

**Days of Play:**

#221117-A3 Friday night  
#221117-A8 **Saturday afternoon**

**Women's League**

The season includes 12 regular-season games and a single-elimination playoff. Playoffs may be combined with Sterling Heights Parks and Recreation. Games start at 6:20 p.m., 7:30 p.m., 8:40 p.m. and 9:50 p.m. on Tuesdays. **Registration Fee: \$500**

**Days of Play:**

#221117-A2 Tuesday night

## Shelby Township Activities Center Drop-In Policies &amp; Procedures

- **Children 10 years and younger must be directly supervised by an adult caregiver** at all times while visiting the activities center.
- **Children ages 11 years to grade nine must have an adult parent within the facility** but do not require direct supervision.
- **Teens in grade nine to age 18 can be in the facility unsupervised**, but they must provide a grade nine ID or valid driver's license upon every visit. Failure to produce identification results in no unsupervised access.
- **Adults age 18 and older must sign-in at the front desk** for each visit and have a waiver on file.
- To utilize the Shelby Township Activities Center, all patrons must sign in at the front desk upon entry to the activities center. Patrons also must have an active household in our software system with updated emergency contact information.

**Belly Dancing - Level 1 & 2 - Basics and Beyond** – Are you interested in trying something different in a fun, laid-back atmosphere? Belly dancing is a beautiful form of exercise and expression. Meet new people while learning various belly dance choreographies. Optional performance opportunities are available at our October show. Classes serve ages 13 to adult. Dress comfortably. Contact Lori at [underthemoonbd@gmail.com](mailto:underthemoonbd@gmail.com) or 586-803-1918 with any questions. Lessons take place at the Shelby Township Activities Center at 14975 21 Mile Road. No classes on the week of Thanksgiving. **Fee: \$36 resident, \$43 nonresident.**

#121507-A1	6:05-7 PM	Wed	Feb. 26	6 wks
#121507-A2	6:05-7 PM	Wed	April 15	6 wks

**Belly Dancing – Performance Group** – Want to perfect existing moves and learn new moves and advanced choreography? This class will offer different styles of dance and how to layer movements to a variety of music. Optional performance opportunities are available. Please note, this class requires an invitation from the instructor. Contact Lori at [underthemoonbd@gmail.com](mailto:underthemoonbd@gmail.com) or 586-803-1918 with any questions. Lessons take place at the Shelby Township Activities Center at 14975 21 Mile Road. No classes on the week of Thanksgiving. **Fee: \$48 resident, \$55 nonresident.**

#121507-B1	7:05-8:30 PM	Wed	Feb. 26	6 wks
#121507-B2	7:05-8:30 PM	Wed	April 15	6 wks

**Bucket List Workshop** – A “bucket list” is a tool to keep your goals and dreams in front of you. This three-hour workshop allows you to have fun, learn more about yourself and create your bucket list. Participants leave with an inspirational reminder of the goals and dreams they want to accomplish. The program includes crafting a “visual design for your life” using magazine pictures, quotes and other supplies. The program meets at the Shelby Township Activities Center. Necessary supplies include poster board, glue stick or tape, and scissors, which can be purchased in class. **Fee: \$20 resident \$27 nonresident**

#221821-B1	9:30 AM-12:30 PM	Sat	March 7	
------------	------------------	-----	---------	--

**Chair Yoga** – Chair yoga allows anyone to experience the positive benefits of yoga. The class foundation is simple and easy to follow. Provided modifications enable anyone to achieve improvement in their wellness. Instruction emphasizes deep breathing, movement form, mind and body relaxation, stretching, and positive energy. About 80 percent of the class takes place in a chair, and 20 percent features standing poses that can be modified to seated postures if needed. Wear comfortable clothing, and shoes are optional. A yoga mat is optional if you want to go barefoot. Carol Smith leads the class at the Shelby Township Activities Center. **Fee: \$72 resident, \$79 nonresident or drop-in for \$10 per class.**

#121330-A1	9:30-10:30 AM	Sat	March 7	8 wks
------------	---------------	-----	---------	-------

**Basics of Computer Use** – Students learn the basics of computer use, social media, word processing, internet use and set up an email account. Classes take place at the Shelby Township Activities Center. **Fee: \$80 resident, \$87 nonresident**

#121802-G1	6:30-8:30 PM	Tue	March 3	4 wks
------------	--------------	-----	---------	-------

**Intermediate Computers** – Delve deeper into computer use with the ins and outs of Microsoft Excel and Microsoft PowerPoint. The program also covers how to sell used goods on the internet. Classes take place at the Shelby Township Activities Center. **Fee: \$80 resident, \$87 nonresident**

#121802-G2	6:30-8:30 PM	Tue	April 14	4 wks
------------	--------------	-----	----------	-------

**Basic Yoga** – Beginners can learn to build a strong foundation of fundamental yoga postures and explore principles of alignment, breath and mindfulness. This class also works with practitioners seeking to refine and master the fundamentals. Students are encouraged to work within their unique abilities and limitations.

**Fee: \$56 resident, \$63 nonresident or drop-in for \$10 per class**

#121302-D1	5:30-6:30 PM	Thu	Feb. 27	7 wks
#121302-D2	5:30-6:30 PM	Thu	April 9	7 wks

**Sweat, Tone & Sculpt** – This class is a total-body, low-impact, muscle-toning and core-strengthening workout for all fitness levels.

**Fee: \$46 resident, \$53 nonresident or drop-in for \$8 per class**

#121302-A2	6:15-7:15 PM	Tue	March 3	7 wks
#121302-A3	6:15-7:15 PM	Tue	April 14	7 wks

**TGA Golf** – TGA Premier Golf brings its youth program to the gym at the Shelby Township Activities Center. Children learn swing fundamentals, putting, chipping, rules and etiquette in a safe, nurturing environment. TGA provides all equipment and guarantees a student-coach ratio of 8:1 or better.

**Fee: \$119 resident, \$126 nonresident**

#111128-A1	6-7 PM	Mon	April 13	6 wks
------------	--------	-----	----------	-------

**Latin Dance Class** – This Latin dance class for individuals teaches basic moves without a regular training partner. This class offers a chance to learn the steps and timing for rumba, cha-cha, samba, merengue, and swing. Each class begins and ends with warm-up moves to get a low- to medium-impact workout at your own pace while having fun. Class meets at the Shelby Township Activities Center at 14975 21 Mile Road. Corrective Health and Exercise Therapy leads the class. **Fee: \$50 resident, \$57 nonresident**

#221517-A2	6-7 PM	Thu	March 5	6 wks
------------	--------	-----	---------	-------

**Beginning Line Dancing & Advanced Level 2** – Come out and line dance with Darlene. This class covers basic line dance steps from old favorites to the newest dances. The class meets at the Shelby Township Activities Center. **Fee: \$33 resident, \$40 nonresident or drop-in for \$6 for one hour or \$8 for two hours.**

#121511-A1	7-9 PM	Thu	March 26	6 wks
#121511-A2	7-9 PM	Thu	May 7	6 wks

**Stress & Anxiety Management with Meditation** – Everyone has different levels of stress in their lives. Learn to manage yours with meditation. This class explores methods to improve overall physical and mental health.

**Fee: \$32 resident, \$39 nonresident.**

#121309-A1	9-10 AM	Sat	Feb. 22	2 wks
------------	---------	-----	---------	-------

**Meditations and Energy Healing** – Learn what meditation is, its health benefits and how it boosts and heals the immune system. Each meditation brings “universal life force” energy through your physical body to clear energy pathways. Meditation balances the mind, body and spirit. Please join us in healing physically and emotionally by implementing daily meditation and intuitive practices using guided meditations.

**Fee: \$32 resident, \$39 nonresident.**

#121309-A2	9-10 AM	Sat	March 14	2 wks
------------	---------	-----	----------	-------

**new Mommy and Me Social** – The “Mommy and Me Social” is an open gym for moms and toddlers ages 1-3. Meet other moms while your child burns off some energy in a safe and fun environment. Your toddler has the opportunity to run, jump and roll around during active play promoting muscle control, coordination, motor development, language development, cooperation and sharing. There is no instructor, so moms or caregivers are required to stay with toddlers. The social meets 9:30-11:30 a.m. Saturdays beginning Feb. 22 in the Wertz Room at the Shelby Township Activities Center at 14975 21 Mile Road. **Fee per session: \$5 resident, \$10 nonresident.**

**Healing through Grief** – We will learn methods to embrace our circumstances and gently release from the phases of grief and other stressful life conditions. These practices may help ease undesirable emotions, such as pain and suffering. This practice will raise our vibrations and expand the perceptions of these life experiences. **Fee: \$32 resident, \$39 nonresident.**

#121309-A3 9-10 AM Sat April 18 2 wks

**Natural Health 101** – This two-hour class investigates the history, methods and applications of natural remedies and solutions with some take-home items. It meets at the Shelby Township Activities Center. **Fee: \$33 resident \$40 nonresident**

#121822-A1 6-8 PM Wed March 18  
 #121822-A2 6-8 PM Wed April 22

**Pound Fitness** – Come experience this invigorating, full-body workout that combines strength training, conditioning and cardio while drumming with lightly weighted drumsticks. Designed for all fitness levels, “POUND” provides a great atmosphere for toning up and having fun. Dress comfortably and bring a yoga mat. Classes are held at the Shelby Township Activities Center at 14975 21 Mile Road. Maximum class size is 15 participants. Contact Jenn at [jennifer0372@yahoo.com](mailto:jennifer0372@yahoo.com). **Fee: \$40 resident, \$47 nonresident or drop-in for \$8 per day**

#121310-A1 7-8 PM Thu Feb. 20 6 wks  
 (No class March 12)  
 #121301-A2 7-8 PM Thu April 16 6 wks

**Self-Hypnosis Class** – Self-hypnosis is a safe and effective way to achieve your goals easier and faster than before. In this class, you will learn what hypnosis is and is not, how powerful your mind is and how to harness that power to bring about positive change in your life. There will be in-class practice sessions. Class meets at the Shelby Township Activities Center at 14975 21 Mile Road. **Fee: \$45 resident, \$52 nonresident.**

#121821-A2 6-7:30 PM Mon March 23 3 wks

**Stretch and Tone** – This class is designed for the individual who would like a mild, low-impact exercise class. Students learn gentle stretching and toning exercises using resistance bands and light weights. Also includes breathing and warm-up exercises. Movements are done sitting and standing. Please bring your own resistance bands and 2- or 3-pound weights. Instructor is Janet Randolph. **Fee: \$45 resident, \$52 nonresident.**

#121306-B1 5-5:55 PM Wed Feb, 19 6 wks  
 #121306-B2 5-5:55 PM Wed April 15 6 wks  
 #121306-B3 5-5:55 PM Wed May 27 6 wks

## Tai Chi

Tai Chi is a form of moving meditation, consisting of slow, graceful movements that can improve balance, increase circulation and reduce everyday stress. It also strengthens the body and mind. Instructor Janet Randolph will help you experience the many benefits of Yang Style Tai Chi. This class is for all ages and is popular so enroll now. No equipment necessary, but please wear loose clothing. The class meets at the Shelby Township Activities Center at 14975 21 Mile Road. **Fee: \$99 resident, \$106 non-resident.**

### Beginner

#121306-A1 6-6:55 PM Tue April 14 12 wks

**Advanced Tai Chi Section 3** – No new students. Instructor approval is required. This class is for students that are continuing their study of Tai Chi and have experience with classes in section 2 forms.

#121306-A2 7-7:55 PM Tue April 14 12 wks

**Intro Section 2 and Review Sect 1** – No new students. This class is for students that have already completed section 1 and would like to review the form and advance to section 2. Class time is divided 50/50. See the instructor for approval.

#121306-A3 8-8:55 PM Tue April 14 12 wks

**Review of Section 1 & Cont. Section 2** – No new students. Instructor approval is required.

#121306-A4 5-5:55 PM Tue April 14 12 wks

**new Drawing (Grades 4-8)** – For students in grades 4-8, this class covers basic drawing skills through the use of line, shape, form, value, perspective and composition. Themed lessons provide an introduction to graphite, color pencil, ink, pastels and additional media. Beginning to advanced students utilize self-expression as they work through the creative process. The class meets at the Shelby Township Activities Center. No class April 9. The minimum class size is five students. **Fee: \$89 resident, \$96 nonresident**

#111823-A3 6-7:30 PM Wed March 18 5 wks  
 #111823-A4 6-7:30 PM Wed May 6 5 wks

**Drawing** – This drawing class covers the necessary foundation of drawing for beginners and those seeking a refresher. Students build observational skills as they work with a weekly still life. Through exploration and practice, students develop self-expression and strong drawing skills. Necessary supplies for the first class include a pencil, pen, eraser and a few sheets of paper, any size or kind. If you already have a sketchbook, pencils and other supplies, you are encouraged to bring them as well. The full supply list is available at registration. Class meets at the Shelby Township Activities Center. **Fee: \$85 resident, \$92 nonresident.**

#111823-A5 5-7 PM Fri March 6 5 wks  
 #111823-A6 5-7 PM Fri April 17 5 wks

## INSTRUCTORS WANTED

Do you have a unique talent or skill that you can share with others? We're always on the lookout for instructors to teach classes, host workshops, hold seminars and lead camps for residents of all ages. If you're interested in sharing your talent and knowledge, we'd love to hear your ideas. The new Shelby Township Activities Center has a craft room, computer room, meeting rooms, a multipurpose room and a full-size gymnasium available to meet any needs.

If you enjoyed a class or workshop elsewhere and would like to suggest that we offer it, please share that with us. Send your ideas and proposals to [Mike Adam madams@shelbytwp.org](mailto:Mike Adam madams@shelbytwp.org) or call 586-731-0300 for more information.



# UPCOMING EVENTS

## Easter Bunny Lunch

11 AM Sat., April 4  
 Shelby Township Activities Center  
 Sponsored by Henry Ford Macomb Hospitals

Hop to it, and don't let your kids miss this chance to munch lunch with their loveable, floppy-eared friend. A surprise entertainer will perform at this event geared for families and kids 10 and younger precisely at 11 a.m. Pizza and salad are served at roughly 11:15 a.m. Bring your camera. No high chairs or booster seats are available. Any persons and children that require a place at the table must purchase a ticket. Large groups should arrive early to ensure seats together. No tickets will be sold at the door. Tickets are available until March 15 or until sold out.

Activity #	\$ per seat
.415	\$7 resident
.416	\$12 nonresident

## Easter Egg Scramble

1 PM for ages 3-5  
 2 PM for ages 6-10  
 April 4  
 River Bends Park at 5700 22 Mile Road

Your kids will have an "egg-citing" afternoon at River Bends Park, scrambling for goodie-filled eggs. Watch for an appearance by the Easter Bunny, and don't forget your camera and basket. The scramble is a rain-or-shine outdoor event sponsored by Dr. Ban R Barbat.

Free for Shelby Township and Utica residents

- CALL 586-731-0300 TO REGISTER #131411-A1
- FREE for Shelby Township and Utica Residents
  - Nonresidents \$10 per child – any age
  - ID required at park entrance



Join our Kid's Club email list for information about events and activities happening at the Shelby Township Activities Center. This group may meet monthly. Sign up for alerts for events such as magic shows, sports competitions, movie nights, art classes and craft workshops. Receive Kid's Club text notifications by texting @stkidsclub to 81010. Parents and guardians must join our notification system.

## TRAC

### TEEN RECREATION ADVISORY COMMITTEE

A team for teens in grades seven-12, the Teen Recreation Advisory Board includes an email list with volunteer opportunities within Shelby Township, sports tournaments, teen nights, workshops and more. This group may meet monthly. Receive text notifications for TRAC by texting @stprmTRAC to 81010. Only participants over 13 may join our notification system. Interested youths under 13 must have parents or guardians sign up for notifications.

## ARTISTS & VENDOR APPLICATIONS AVAILABLE FOR 2020 SHELBY TOWNSHIP ART FAIR

**April 1 Deadline**



The Shelby Township Art Fair Committee is seeking artists and vendors for its 37th annual juried show Aug. 8-9, 2020. This event, which is co-hosted by Shelby Township, the Art Fair Committee, and the Shelby Township Parks, Recreation and Maintenance Department, provides an excellent experience for more than 15,000 visitors from near and far. The fair includes more than 100 artists, artisans, crafters and Michigan Made Market vendors. There is also food, music, a kids' craft and activity area, and more.

The 2020 Shelby Township Art Fair takes place at beautiful River Bends Park at 5700 22 Mile Road, just west of Shelby Road. This new location provides a more substantial area for exhibitors and entertainment, almost twice as much parking, and convenient free shuttle buses. This lovely park with plenty of mature trees, flat grassy areas and three pavilions is a favorite place for special events.

Applications are available by visiting [shelbyartfair.org](http://shelbyartfair.org). To receive an application, email [marshallp@shelbytwp.org](mailto:marshallp@shelbytwp.org) or call 586-731-0300. The deadline to apply is April 1, and jury results get mailed on or around May 1, 2020.

### SPONSOR OPPORTUNITIES AVAILABLE

Local, regional and national businesses and organizations are invited to support the art fair. A variety of sponsor options and marketing opportunities fit almost any budget. Sponsor support allows the committee and the PRM Department to continue hosting this family-friendly event.

Options include event partner, entertainment sponsor, shuttle bus sponsor, promotional sponsor and more. Details about the options are at [shelbyartfair.org](http://shelbyartfair.org). Call Pam Marshall at 586-731-0300 to discuss sponsor options.

# SCHOLARS & JAZZ

6:30 PM Friday, March 20, 2020 Shelby Gardens 50265 Van Dyke Ave., Shelby Township

BENEFITING THE NEW SHELBY TOWNSHIP LIBRARY

Presented by Utica/Shelby Rotary Club & Macomb Charity Connect



DINNER & MUSIC

ROARING 20s ATTIRE

AMAZING RAFFLES

TICKETS \$85 per person \$800 table of 10

To purchase tickets or for more information visit [macombcharityconnect.org](http://macombcharityconnect.org)

## Household Hazardous Waste Collection Day

For Green For Life Shelby Township residential customers only

**April 25, 2020**

**9 AM - 2 PM**

Location:

**River Bends Park**

5700 22 Mile Road

Enter off 22 Mile Road, between Shelby and Ryan roads

**Items Accepted:** pesticides, herbicides, oil, gasoline, antifreeze, paint thinner, car batteries, household batteries, cleaners, compact fluorescent, LED, and fluorescent bulbs, aerosol, mercury-containing devices, chlorine, oil-based, and latex paint

Eye glasses and medications are also accepted. Please have both available on front seat. Remove pills from bottles and place in resealable bag. Do not bring empty pill bottles. Put bottles of liquid medications in a separate plastic resealable bag.

Sharps accepted in a sealed coffee can or rigid plastic container.

**Items Not Accepted:** smoke detectors, explosives, fire extinguishers, propane cylinders, medical or business waste, appliances, tires, ammunition, or trash

### NO ELECTRONICS ACCEPTED

Electronics Recycling will occur 9 a.m. to 1 p.m., Oct. 10 at River Bends Park

For more information, visit [shelbytwp.org/recycling](http://shelbytwp.org/recycling) or call the Shelby Township DPW at **586-726-7272**.

## A-1 STUDIOS

a1musicstudios.com

586-731-0300

**Private Lessons (One-on-one)** – Get private, one-on-one music lessons with A-1 Studios. Receive one 30-minute lesson per week right in your home. Available lessons include piano, keyboard, guitar and drums. A-1 Studio has more than 40 years of full-time teaching experience. Skill levels offered include beginner to most advanced, and classes serve students age 6 to adult. A-1 Studios students learn music theory, pop, rock and classical music. If you do not own an instrument, rentals are available. Call Shelby Township parks and recreation at 586-731-0300 to register. A-1 Studios will contact you to set up the days and times that work best for you.

**Fee: \$96 resident, \$103 nonresident.**

#211501-A1 4 wks

## THE NEW RINK

50625 Van Dyke Ave.

**Rollers & Strollers Preschool Skate & Bounce Zone (Ages 7 & Under)** – This class is for the beginner skater ages along with their parent(s). The session will include a mini-lesson, juice, snack and time for the preschoolers and their parents to socialize and skate to their favorite children's music. There will be a special appearance by Roller Roo, who will lead children through the "Hokey Pokey" and "Chicken Dance." During this session, parents are allowed on the skating surface with street shoes and may also push strollers. Push toys or ride-on toys may be brought in for use on the floor for those children that do not wish to skate. For safety, we ask that they do not bring in any toys that have pedals. You can bring in your skates, or use included regular skate rental. **Fee: \$30 resident, \$37 nonresident per child AND skating adult.**

#111126-B1	10 AM-noon	Sat	Feb. 29	5 wks
#111126-B2	10 AM-noon	Sat	April 4	5 wks
#111126-B3	10 AM-noon	Sat	May 9	5 wks

(no class May 23)

**Learn To Skate (All Ages)** – This program is for all ages, children or adults, who want to learn the basics of roller skating and rollerblading in a fun and safe environment. You will learn forward skating, backward skating, starting, stopping and balance. The fee includes skate rental, but you can bring your skates or blades if you wish. The class fee includes an open skate session after the lesson. **Fee: \$60 resident, \$67 nonresident.**

#111126-A1	noon-12:45 PM	Sat	Feb. 29	5 wks
#111126-A2	noon-12:45 PM	Sat	April 4	5 wks
#111126-A3	noon-12:45 PM	Sat	May 9	5 wks

(no class May 23)

**Learn To Skate (All Ages)** – This program is for all ages, children or adults, who want to learn the basics of roller skating and rollerblading in a fun and safe environment. You will learn forward skating, backward skating, starting, stopping and balance. The fee includes skate rental, but you can bring your skates or blades if you wish. The class fee includes five free skate passes. **Fee: \$60 resident, \$67 nonresident**

#111126-A4	5:15-6 PM	Thu	Feb. 13	5 wks
------------	-----------	-----	---------	-------

(no class Feb. 20)

#111126-A5	5:15-6 PM	Thu	March 26	5 wks
#111126-A6	5:15-6 PM	Thu	April 30	5 wks

## ROLLERS &amp; STROLLERS SPECIAL EVENTS

**Baby Shark Skate & Bounce**

9 AM-noon Sat Feb. 29

Ages: 7 and younger

Includes skate rental, bounce zone, snack and beverage.

#111126-E3 **Cost: \$10 resident, \$17 nonresident**

**Easter Bunny Skate & Bounce**

10 AM-noon Sat April 11

Ages: 7 and younger

Includes skate rental, bounce zone, snack and beverage.

#111126-E4 **Cost: \$10 resident, \$17 nonresident**

## JOE DUMARS' FIELDHOUSE

Joe Dumars' Fieldhouse offers fun, noncompetitive sports programs for ages 4 and older. Enrollees will learn the fundamental skills of the sport they are playing and essential life skills such as active listening, team play and goal setting. Take it from Joe Dumars, practice is important. Programs provide a growing challenge to returning participants while focusing on certain fundamentals each season. Academies take place at the Fieldhouse at 45300 Mound Road. **Fee: \$129 resident, \$136 nonresident**

**Basketball (Coed)** - Learn dribbling, shooting, passing and defense.

**Grades 1-3 Pee Wee**

#211601-A3	8-8:55 AM	Sat	Feb. 29	7 wks
#211601-A4	5:30-6:25 PM	Tue	March 3	7 wks

**Grades 4-6 Beginner**

#211601-B2	9-9:55 AM	Sat	Feb. 29	7 wks
------------	-----------	-----	---------	-------

**Grades 4-6 Beginner/Intermediate**

#211601-B5	6:30-7:25 PM	Tue	March 3	7 wks
------------	--------------	-----	---------	-------

**Grades 4-6 Intermediate/Advanced**

#211601-B7	10-10:55 AM	Sat	Feb. 29	7 wks
------------	-------------	-----	---------	-------

**Grades 7-9 Beginner**

#211601-C2	noon-12:55 PM	Sat	Feb. 29	7 wks
------------	---------------	-----	---------	-------

**Grades 7-9 Intermediate/Advanced**

#211601-C4	11-11:55 AM	Sat	Feb. 29	7 wks
------------	-------------	-----	---------	-------

**Basketball Strength and Conditioning (Ages 10-16 Coed)** - Let the experienced staff at Joe Dumars Fieldhouse teach you speed, strength, conditioning and agility. Each session focuses on drills that will enhance vertical jumping and landing, linear acceleration and deceleration, and first-step quickness, to name a few.

211601-C6	11-11:55 AM	Sat	Feb. 29	7 wks
-----------	-------------	-----	---------	-------

**Girls Basketball Hoop Clinic** – Learn dribbling, shooting, passing and defense in this girls-only clinic.

**Grades 4-6**

#211601-G2	5:30-6:25 PM	Wed	March 4	7 wks
------------	--------------	-----	---------	-------

**Grades 7-9**

#211601-G4	6:30-7:25 PM	Wed	March 4	7 wks
------------	--------------	-----	---------	-------

**Multisport (Ages 4-6)** – Experience instruction in many different sports from the skilled instructors at Joe Dumars Fieldhouse. Participants learn soccer, basketball, tee-ball, floor hockey and more.

#211601-E2	10-10:55 AM	Sat	Feb. 29	7 wks
------------	-------------	-----	---------	-------

**Football (Ages 7-12)** – Learn to pass, catch, block, kick and passing routes. This class takes place on a hard-wood floor rather than turf.

#211601-F2	noon-12:55 PM	Sat	Feb. 29	7 wks
------------	---------------	-----	---------	-------

**Volleyball (Ages 10-14)** – Hone your skills in one of Michigan's most prominent high school sports. This class focuses on skill-building and proper technique in digging, serving, spiking, blocking and setting. Participants experience some team play as well.

#211601-H2	5:30-6:25 PM	Wed	March 4	7 wks
#211601-H4	6:30-7:25 PM	Wed	March 4	7 wks

**Tee-Ball (Ages 4-6)** - Learn base running, catching, hitting and fielding.

#211601-J1	5:30-6:25 PM	Thu	March 5	7 wks
------------	--------------	-----	---------	-------

**Soccer (Ages 4-6)** – Soccer crosses continents and languages. Learn foot-eye coordination, passing, ball handling and striking.

#211601-K2	9-9:55 AM	Sat	Feb. 29	7 wks
------------	-----------	-----	---------	-------

**DREAM DANCE CO.** 51756 Van Dyke Ave., Shelby Twp 48316

annie@dreamdanceco.net

**Dream & Dance with Me (Ages 1-2)** – Learn the basics of dance with your little one in this “mommy and me” class through the use of music and props. Introduce your child to coordination, musicality and motor skills as they develop social skills from other children and parents. Fee includes leotard, tights, ballet shoes and teddy bear. **Fee: \$245 resident, \$252 nonresident**

#111516-A1 10:30-11 AM Sat March 7 12 wks

**Dreama Ballerina** – Dreama Ballerina is an introduction to dance. Dancers learn the basics of ballet and tap through discovery and imagery to build self-awareness and an ability to comprehend dance skills. Lessons also enhance listening skills, spacial awareness, structure, social skills, and confidence and create friendships. Class fee includes leotard, tights, ballet shoes, tap shoes and teddy bear. **Fee: \$245 resident, \$252 nonresident**

**Ages 2½-3**

#111516-A3 6:30-7 PM Wed March 4 12 wks  
**#111516-A4 10-10:30 AM Fri March 6 12 wks**  
 #111516-A5 11-11:30 AM Sat March 7 12 wks

**Ages 4-5**

**#111516-A6 5:30-6:15 PM Mon March 2 12 wks**  
 #111516-A7 5:30-6:15 PM Thu March 5 12 wks  
**#111516-A8 noon-12:45 PM Sat March 7 12 wks**

**Dream Motion (Ages 3-6)** – Dream Motion is a high-energy class for ages 3-6. Lessons explore the basics of jazz and tumbling for children who love to jump and flip. Instruction includes somersaults, cartwheels, skipping and more. Watch your dancer beam with happiness as they gain new skills and self-love. Registration package includes all of your class attire. **Fee: \$245 resident, \$252 nonresident**

#111516-B1 5-5:30 PM Mon March 2 12 wks  
**#111516-B2 7-7:30 PM Wed March 4 12 wks**  
 #111516-B3 5-5:30 PM Thu March 5 12 wks  
**#111516-B4 11:30 AM-noon Sat March 7 12 wks**

**Ballet (Ages 6+)** – Ballet is the foundation for all styles of dance. Students develop coordination, technique, flexibility, poise and strength in class consisting of barre, center floor and progression exercises. We recommend students take at least one ballet class. Class fee includes leotard, tights and ballet shoes. **Fee: \$245 resident, \$252 nonresident**

**Ages 6-9**  
 #111516-D1 7:15-8:15 PM Tue March 3 12 wks

**Ages 9-12**  
 #111516-D2 5:15-6:15 PM Tue March 3 12 wks

**Ages 13+**  
 #111516-D3 7:00-8:30 PM Thu March 5 12 wks

**Ages 6-12**  
 #111516-D4 6:15-7:15 PM Thu March 5 12 wks

**Ages 13+**  
 #111516-D5 4:45-5:45 PM Wed March 4 12 wks

**Guys Only (Ages 6+)** – This class is for all of the guys who are looking to learn hip-hop and acro. **Fee: \$245 resident, \$252 nonresident**

#111516-M1 6:15-6:45 PM Mon March 2 12 wks

**Turns & Jumps (Ages 6+)** – This class is for anyone interested in improving technique to take their jumps to the next level. **Fee: \$245 resident, \$252 nonresident**

**Ages 6-9**  
 #111516-N1 5:45-6:15 PM Mon March 2 12 wks

**Ages 9-12**  
 #111516-N2 7:15-7:45 PM Wed March 4 12 wks

**Lyrical (Ages 6+)** – Lyrical dance uses the techniques from both ballet and jazz, while portraying a story to the audience. Lyrical is extremely technical, and it emphasizes fluidity, grace and the ability to express your emotions while dancing. Class fee includes dancewear and lyrical shoes. **Fee: \$245 resident, \$252 nonresident**

**Ages 6-9**  
 #111516-F1 4:45-5:30 PM Thu March 5 12 wks

**Ages 10+**  
 #111516-F2 4:45-5:30 PM Thu March 5 12 wks

**Acro (Ages 6+)** – Acro dance is combination of tumbling, limbering and balancing skills. Dancers gain strength and progress quickly in other areas with acro training. Skills are first taught on the mats and then moved onto the floor. Class fee includes dancewear. **Fee: \$245 resident, \$252 nonresident**

**Acro 1 (new to acro & tumbling)**

#111516-G1 6:45-7:30 PM Mon March 2 12 wks  
**#111516-G2 5:45-6:15 PM Tue March 3 12 wks**

**Acro 2 (has bridge & recover, cartwheels & 1 handed on both sides)**  
 #111516-G3 6:15-7:15 PM Wed March 4 12 wks

**Acro 3 (advanced - has skills listed above plus front & back walkovers)**  
 #111516-G4 4:45-5:45 PM Mon March 2 12 wks

**Acro (Ages 6+)** – Acro dance is combination of tumbling, limbering and balancing skills. Dancers gain strength and progress quickly in other areas with acro training. Skills are first taught on the mats and then moved onto the floor. Class fee includes dancewear. **Fee: \$245 resident, \$252 nonresident**

**Ages 5-8**  
 #111516-J1 5:15-6:15 PM Tue March 3 12 wks

**Ages 8-10**  
 #211516-J2 7:30-8:15 PM Mon March 2 12 wks

**Ages 12+**  
 #111516-J3 5:30-6:15 PM Thu March 5 12 wks

**Tap (Ages 6+)** – Tap dance increases musicality, rhythm and coordination. Students will learn how to make different rhythms with their feet and put those rhythms to music. Tap class consists of warm up, center floor and combinations. Class fee includes dancewear and tap shoes. **Fee: \$245 resident, \$252 nonresident**

**Ages 6-12**  
 #111516-K1 5:30-6:15 PM Thu March 5 12 wks

**Ages 13+**  
 #111516-K3 6:15-7 PM Thu March 5 12 wks

**Cheer & Pom (Ages 6+)** – This class is for anyone who is interested in dance team or pom teams. We will be teaching dancers the basics of cheer, pom and a little bit of tumbling, too. Class fee includes dancewear and jazz shoes. **Fee: \$245 resident, \$252 nonresident**

#111516-L1 5:45-6:15 PM Wed March 4 12 wks

**Jazz (Ages 6+)** – Learn classical jazz styles as well as modern styles with a multitude of jumping and turning skills. Class will consist of a jazz warm up, progressions and combinations. Class fee includes dancewear and jazz shoes. **Fee \$245 resident, \$252 nonresident**

**Ages 6-9**  
 #111516-E1 6:15-6:45 PM Tue March 3 12 wks

**Ages 9-12**  
 #111516-E2 7:15-8:15 PM Tue March 3 12 wks

**Ages 13+**  
 #111516-E3 6:45-7:45 PM Thu March 5 12 wks

**NEW WAY MARTIAL ARTS & FITNESS TRAINING CENTER**

48075 Van Dyke Ave. Shelby Township, MI 48317

**Kids Brazilian Jiu Jitsu Bullyproof Program (Ages 5-15)** – The Kids Brazilian Jiu Jitsu program instills students with confidence, discipline, physical fitness, respect, and knowledge. Experienced instructors teach world-class grappling skills to your kids. Students also will talk about bullying and learn an effective system for self-defense. Most Brazilian jiu jitsu techniques are purely defensive and utilize no strikes. Your child will develop mental focus, clarity, greater power, reflexes, higher mental awareness, inner confidence, and self-defense skills. **Fee: \$34 resident, \$41 nonresident**

#111328-A1	6-7 PM	Mon	Feb. 24	4 wks
#111328-A2	6-7 PM	Mon	March 23	4 wks
#111328-A3	6-7 PM	Mon	April 20	4 wks
#111328-B1	6-7 PM	Wed	Feb. 26	4 wks
#111328-B2	6-7 PM	Wed	March 25	4 wks
#111328-B3	6-7 PM	Wed	April 22	4 wks
#111328-C1	6-7 PM	Fri	Feb. 21	4 wks
#111328-C2	6-7 PM	Fri	March 20	4 wks
#111328-C3	6-7 PM	Fri	April 17	4 wks

**Kids Boxing Fundamentals (Ages 6 to 12)** – This class will focus on boxing techniques such as stance, guard, movement, jab, cross and hook. This class increases strength and improves balance and endurance. It includes cardio calisthenics, shadow boxing, bag work, partner drills, pad work and core strengthening exercises. This course enhances fitness, self-defense tools and self-confidence. This class is suitable for any weight or skill level. No contact or sparring drills are required, contact sparring is optional. This class requires hand wraps available for \$10 at the front desk. **Fee: \$35 resident, \$42 nonresident**

#111328-D1	5:15-6 PM	Tue	Feb. 25	4 wks
#111328-D2	5:15-6 PM	Tue	March 24	4 wks
#111328-D3	5:15-6 PM	Tue	April 21	4 wks
#111328-E1	5:15-6 PM	Thu	Feb. 27	4 wks
#111328-E2	5:15-6 PM	Thu	March 26	4 wks
#111328-E3	5:15-6 PM	Thu	April 23	4 wks

**Boxing Fundamentals (Ages 13 & Up)** – This class will focus on boxing techniques used by the pros to improve speed, balance and endurance. Learn how to use the heavy bag and speed bag properly. Participate in drills that will improve your boxing and fitness. This class is suitable for any weight or skill level. No contact or sparring drills are required. Contact sparring is optional. Train for fitness, Golden Gloves competition or self-defense in a USA Boxing sanctioned gym. This class requires hand wraps available for \$10 at the front desk. **Fee: \$35 resident, \$42 nonresident**

#121328-C1	6-7 PM	Tue	Feb. 25	4 wks
#121328-C2	6-7 PM	Tue	March 24	4 wks
#121328-C3	6-7 PM	Tue	April 21	4 wks
#121328-C5	6-7 PM	Thu	Feb. 27	4 wks
#121328-C6	6-7 PM	Thu	March 26	4 wks
#121328-C7	6-7 PM	Thu	April 23	4 wks

**Kickboxing Fundamentals (Ages 13 & up)** – This class will focus on kickboxing techniques to improve speed, balance and endurance. Learn how to use the heavy bag and speed bag properly. Participate in drills that will improve your kickboxing skills and fitness. This class is suitable for any weight or skill level. No contact or sparring drills are required. Contact sparring is optional. Train for fitness, competition or self-defense in a USA Boxing sanctioned gym. This class requires hand wraps available for \$10 at the front desk. **Fee: \$35 resident, \$42 nonresident**

#121328-D1	7-8 PM	Tue	Feb. 25	4 wks
#121328-D2	7-8 PM	Tue	March 24	4 wks
#121328-D3	7-8 PM	Tue	April 21	4 wks
#121328-D5	7-8 PM	Thu	Feb. 27	4 wks
#121328-D6	7-8 PM	Thu	March 26	4 wks
#121328-D7	7-8 PM	Thu	April 23	4 wks

**Full Body Blast with TRX Suspension (Age 13 & Up)** – A functional training certified TRX instructor teaches Full Body Blast Training. TRX is great for men and women at any fitness level. It is a very efficient way to exercise because it engages so many muscle groups at one time, including your core, all while getting your cardio in. This class will build your endurance and strength and get you in shape and toned up fast. This type of training works excellent as a way to cross-train for other sports. **Fee: \$75 resident, \$82 nonresident**

#121328-E1	11:15 a.m.-noon	Mon/Wed/Fri	Feb. 24	4 wks
#121328-E2	11:15 a.m.-noon	Mon/Wed/Fri	March 23	4 wks
#121328-E3	11:15 a.m.-noon	Mon/Wed/Fri	April 20	4 wks

**MASTER K'S KARATE**

50658 Van Dyke Ave.

**Little Dragons (Ages 4-5)** – This introductory class focuses on promoting a positive first experience with the martial arts. Training touches on basic stances, kicking, blocking, punching and self-defense utilizing self-control while building self-esteem. The class is limited to 15 students. **Fee: \$40 resident, \$47 nonresident**

#111305-A1	10-10:45 AM	Sat	March 7	4 wks
#111305-A2	10-10:45 AM	Sat	April 4	4 wks
#111305-A3	10-10:45 AM	Sat	May 2	4 wks

**Young Dragons (Ages 6-11)** – “Young Dragons” is a beginner course designed as a positive introduction to the martial arts. Training touches on basic stances, kicking, blocking, balance, coordination and self-defense. Uniform not required. Class limited to 20 students. **Fee: \$40 resident, \$47 nonresident**

#111305-B1	9-10 AM	Sat	March 7	4 wks
#111305-B2	9-10 AM	Sat	April 4	4 wks
#111305-B3	9-10 AM	Sat	May 2	4 wks
#111305-B4	6-7 PM	Mon	March 2	4 wks
#111305-B5	6-7 PM	Mon	April 6	4 wks
#111305-B6	6-7 PM	Mon	May 4	4 wks
#111305-B7	6-7 PM	Thu	March 5	4 wks
#111305-B8	6-7 PM	Thu	April 2	4 wks
#111305-B9	6-7 PM	Thu	May 7	4 wks

**Karate for Adults (Ages 12 & Up)** – Get in shape while learning karate and self-defense. Wear loose clothing for this fun, noncontact beginner’s class. Work at your level and increase focus, balance, control and strength while learning valuable martial arts techniques. Relieve stress and achieve greater self-confidence. **Fee: \$40 resident, \$47 nonresident**

#121305-C1	7:15-8:30 PM	Mon	March 2	4 wks
#121305-C2	7:15-8:30 PM	Mon	April 6	4 wks
#121305-C3	7:15-8:30 PM	Mon	May 4	4 wks
#121305-C4	7:15-8:30 PM	Thu	March 5	4 wks
#121305-C5	7:15-8:30 PM	Thu	April 2	4 wks
#121305-C6	7:15-8:30 PM	Thu	May 7	4 wks



Kids in grades 1-6 are invited to join our Kid's Club email list for information about events and activities happening at the all new Shelby Township Activities Center! This group may meet monthly.

Join our text notifications for Kid's Club by texting @stkidsclub to 81010. ONLY PARENTS/GUARDIANS MAY JOIN OUR NOTIFICATION SYSTEM.





## ARGENTINE TANGO DETROIT

7758 Auburn Road,  
Utica, 48317

**Latin Salsa Dancing** – Beginners can learn to build a strong foundation of salsa basics. The class progresses with different combinations for weddings, evenings out or any ballroom dance floor. **Fee: Single - \$56 resident, \$63 nonresident, Couple - \$99 resident, \$106 nonresident.**

#121509-A1 7-8 PM Wed March 11 6 wks  
#121509-A2 7-8 PM Fri March 13 6 wks

**Latin Social Ballroom Dancing** – Beginners can learn to build a strong foundation of basic Latin dances like the cha-cha, salsa and merengue. The class covers social combinations for weddings, evenings out or any ballroom dance floor. **Fee: Single - \$56 resident, \$63 nonresident, Couple - \$99 resident, \$106 nonresident.**

#121509-B1 7-8 PM Mon March 9 6 wks  
#121509-B2 7-8 PM Tue March 10 6 wks

**Tango Social Dancing** – This class is appropriate for beginners and teaches basic lead-and-follow movements. The lessons learned are essential for weddings, evenings out or any ballroom dance floor. **Fee: Single - \$56 resident, \$63 nonresident, Couple - \$99 resident, \$106 nonresident.**

#121509-D1 8-9 PM Fri March 13 6 wks  
#121509-D2 8-9 PM Sun March 15 6 wks

**Hip Hop Club Style** – This class is appropriate for beginners and teaches basic movements that you can use at weddings, evenings out or on any dance floor. **Fee: Single - \$56 resident, \$63 nonresident, Couple - \$99 resident, \$106 nonresident.**

#121509-E1 7-8 PM Thu March 12 6 wks



## NEW WAY MARTIAL ARTS & FITNESS TRAINING CENTER

48075 Van Dyke Ave. Shelby Township, MI 48317

**Women's Body Transformation (Ages 14 & Up)** – This class involves different training tools and various intensities taught by a female functional training certified instructor. Classes are set up as circuit training or boot camp for maximum weight loss and will include strength, weight, endurance, body resistance, medicine ball, and cardio training. Coach Izi created this class specifically for women to improve their strength and increase bone density. Get strong, and shape up in a fun, motivational atmosphere without the main focus being on heavy weight lifting. Get fit with other women that will be there to help support you in achieving your goals. The results of this class are tremendous. This style of training is highly effective and will turn your body into a calorie-burning machine. **Fee: \$75 resident, \$82 nonresident**

#121328-A1 10-11 AM Mon or Wed or Fri Feb. 24 4 wks  
#121328-A2 10-11 AM Mon or Wed or Fri March 23 4 wks  
#121328-A3 10-11 AM Mon or Wed or Fri April 20 4 wks

## BODY IMAGES

51204 Danview Technology Court

BodyImagesFitnessCenter.com

Classes begin the week of March 2, and sessions last 12 weeks. You can take any class, any day, any time.

#121301-A1 12 CLASSES \$98 resident, \$105 nonresident  
#121301-A2 24 CLASSES \$168 resident, \$175 nonresident

**Bodypump** – This weight class is for everyone and will make students toned, lean and fit. Using light to moderate weights, with lots of repetition, it features a total-body workout that burns calories. The class features motivational instructions and upbeat music. It is perfect for any fitness level. Our instructors are certified, so join today.

Mon, Wed & Fri 9-10 AM  
Mon & Wed 4:45-5:45 PM  
Mon & Wed 7-8 PM  
Tue & Thu 6-7 PM  
Sat 10:20-11:20 AM

**“STEP” Aerobics** – This workout is for all levels of fitness. It uses basic stepping movements and motivating music to give you a fun cardio workout. It features segments of toning with dumbbells focused on shaping your upper and lower body as well as your core and abs.

Mon 6-6:45 PM

**Total Body H.I.I.T.** – This class is a 45-minute cardio interval training workout designed to make you burn calories and improve upper- and lower-body strength. Every workout is different and may use exercise bands, balls, weights and more. It is excellent for all levels of fitness. We'll show you modifications to every exercise, so there's nothing you can't do.

Wed 6-6:45 PM

**Weekend Warriors' Bootcamp** – This class is a 45-minute workout that focuses on improving your cardio, toning your arms, legs and butt as well as core conditioning in a circuit-style class with boxing, partner drills, medicine balls, suspension training, balance trainers and much more. You can work at your own pace as all levels are welcome.

Sat 9:30-10:15 AM

**Pound** – This is a full-body cardio jam session, combining light resistance with constant simulated drumming. The workout fuses cardio, Pilates, strength movements, plyometrics and isometric poses. Through continual upper-body motion, using our lightly weighted drumsticks, you'll turn into a calorie-torching drummer.

Tue & Thu 7:15-8 PM

**NEW Low Impact** – This old-school aerobics class features workouts without stress on your joints or your muscle and skeletal system. Its fun, motivating music and simple patterns will improve your physical fitness and burn fat no matter your level of fitness.

Tue 5-5:45 PM

## GRACEFUL MOVES GROUP FITNESS

Graceful Moves Fitness offers a variety of group fitness classes for all levels of fitness. Whether you are starting or are already involved in a fitness program, Graceful Moves Fitness has a course that will work for you. Our supportive groups, friendly staff and relaxed atmosphere help make your experience fun and successful. The class schedule runs per session, so we meet your needs without a long-term commitment. We provide equipment and certified instructors to help you achieve the results you want. Wear comfortable workout apparel and clean tennis shoes that have not been worn outside.

- Make-up classes only available within the session
- No gym membership and no hidden fees
- Equipment provided
- Brand new raised sprung floor
- Certified fitness instructors
- Carry your fitness shoes in and change inside

**Spring 1 Session** runs eight weeks: March 2-May 2 (no classes April 5-12 for spring break)

Mix N' Match Any Classes for the following fees:

#121315-A1	1 class/week (8 classes)	<b>\$65 resident, \$72 nonresident</b>
#121315-A2	<b>2 classes/week (16 classes)</b>	<b>\$95 resident, \$102 nonresident</b>
#121315-A3	Unlimited Classes throughout these 8 weeks	<b>\$120 resident, \$127 nonresident</b>

**Spring 2 Session** runs six weeks: May 4-June 13 (no classes May 22-25 for Memorial Day weekend)

Mix N' Match Any Classes for the following fees:

#121315-A4	1 class/week (6 classes)	<b>\$55 resident, \$62 nonresident</b>
#121315-A5	<b>2 classes/week (12 classes)</b>	<b>\$80 resident, \$87 nonresident</b>
#121315-A6	Unlimited Classes throughout these 6 weeks	<b>\$105 resident, \$112 nonresident</b>

**Basic Yoga** – This beginner yoga class forms a foundation of breathing, flexibility, strength, and meditation techniques. Yoga promotes health and relaxation by building self-strength and posture. No shoes are needed.

9:15-10:15 AM	Tue	March 3
<b>9:15-10:15 AM</b>	<b>Tue</b>	<b>May 5</b>

**Fit Yoga** – As a beginning form of power yoga, this class focuses on the fundamentals of sun salutation, breathing, relaxation, flexibility and strength. As the course progresses, intensity increases. No shoes are needed.

6:45-7:45 PM	Mon	March 2
<b>6:45-7:45 PM</b>	<b>Mon</b>	<b>May 4</b>
8:20-9:20 AM	Sat	March 7
<b>8:20-9:20 AM</b>	<b>Sat</b>	<b>May 9</b>

**Chisel Body Sculpting** – Work with a certified personal trainer to sculpt and define your body. This intense workout focuses on light weights and high repetitions with resistance tubing, body bars and free weights. Increase your strength and improve definition while working on muscular endurance. Clean tennis shoes that have not been worn outside are required.

7:15-8:15 PM	Tue	March 3
<b>7:15-8:15 PM</b>	<b>Thu</b>	<b>March 5</b>
7:15-8:15 PM	Tue	May 5
<b>7:15-8:15 PM</b>	<b>Thu</b>	<b>May 7</b>

**Zumba** – This Latin-inspired dance fitness with interval training maximizes calorie burning and body toning by mixing body sculpting movements with easy-to-follow dance steps. Clean tennis shoes that have not been worn outside are required.

7:55-8:55 PM	Mon	March 2
<b>9:15-10:15 AM</b>	<b>Wed</b>	<b>March 4</b>
7:55-8:55 PM	Wed	March 4
<b>9:30-10:30 AM</b>	<b>Sat</b>	<b>March 7</b>
7:55-8:55 PM	Mon	May 4
<b>9:15-10:15 AM</b>	<b>Wed</b>	<b>May 6</b>
7:55-8:55 PM	Wed	May 6
<b>9:30-10:30 AM</b>	<b>Sat</b>	<b>May 9</b>

**Barre Fit** – Barre Fit mixes the regimen of ballet, pilates, strength and flexibility training using a ballet barre to sculpt the lower body and abs. This class focuses on core work and stretching with a total-body conditioning technique for an intense workout.

7-7:50 PM	Wed	March 4
<b>7-7:50 PM</b>	<b>Wed</b>	<b>May 6</b>

## WAG 'N' TAILS

The Wag 'N' Tails Activity Center is at 56776 Mound Road just south of 26 Mile Road at the Mound Shelby Commons Industrial Plaza. The Wag 'N' Tails Studio is at 53153 Hayes Road, just north of 23 Mile Road. Please contact us to review your class location and requirements. All health vaccinations must be current and include DHLPP, Bordatella, negative fecal test, negative heartworm test and Rabies for dogs 6 months and older. Please bring vaccination records before the first class. Don't forget your training treats.

**Puppy Preschool (7 wks-6 mths)** – A detailed course designed to educate dog parents on how puppies think, learn and communicate. Housetraining, understanding nipping and biting, and proper greetings are just a few of the behavior topics covered in addition to commands taught.

**Fee: \$219 residents, \$226 nonresidents**

#131822-A1	12:30 PM	Sat	Feb. 29	6 wks	Center
#131822-A2	<b>8 PM</b>	<b>Mon</b>	<b>March 9</b>	<b>6 wks</b>	<b>Center</b>
#131822-B1	11 AM	Sun	March 15	6 wks	Center
#131822-B2	<b>6:30 PM</b>	<b>Tue</b>	<b>March 31</b>	<b>6 wks</b>	<b>Studio</b>
#131822-C1	6:30 PM	Thu	April 16	6 wks	Studio
#131822-C2	<b>8 PM</b>	<b>Wed</b>	<b>April 22</b>	<b>6 wks</b>	<b>Center</b>

**Bark To The Basics** – Come and find some relief to the behavior problems you have been tolerating. If you're not having difficulties, this class provides exercise and socialization while teaching and reinforcing the basics.

**Fee: \$239 resident, \$246 nonresident**

#131822-F1	11 AM	Sat	Feb. 29	6 wks	Center
#131822-F2	<b>6:30 PM</b>	<b>Mon</b>	<b>March 9</b>	<b>6 wks</b>	<b>Center</b>
#131822-G1	12:30 PM	Sun	March 15	6 wks	Center
#131822-G2	<b>8 PM</b>	<b>Tue</b>	<b>March 31</b>	<b>6 wks</b>	<b>Center</b>
#131822-G3	8 PM	Thu	April 16	6 wks	Center
#131822-G4	<b>6:30 PM</b>	<b>Wed</b>	<b>April 22</b>	<b>6 wks</b>	<b>Studio</b>



### ADDRESS

4101 River Bends Dr.  
Shelby Township, MI 48317

### CONTACT

Phone: 586-323-2478  
Fax: 586-323-2479  
naturecenter@shelbytwp.org  
facebook.com/BurgessShadbushNatureCenter

### HOLIDAY CLOSURES

The Burgess-Shadbush Nature Center will be closed on the following dates:

- Good Friday, April 10
- Independence Day, July 3-4

### A SPECIAL NOTE ABOUT OUR PROGRAMMING

Sometimes nature happens, and we have to adjust our programs and events last-minute for the safety of our guests and staff. If you have questions about any programs and the potential impact of extreme weather, call the nature center at 586-323-2478 or check our Facebook page for special event notes.

### ONLINE REGISTRATION

We encourage online registration for upcoming programs at webtrac.shelbytwp.org. Whether you are interested in a free program or one that requires a nominal fee, online registration helps our staff plan programs for the correct audience size. If there is an activity number next to the listing, you can register for the event. Some events have a limited amount of space. Pre-registration enables us to plan for adequate staffing to accommodate larger program attendance.

### CRITTER ADOPTIONS AT THE BURGESS-SHADBUSH NATURE CENTER

This is a great way to introduce to your child what it means to care for an animal. Your donation will help fund animal care and unexpected expenses such as vet bills. As part of the adoption, the adopter's name will go on a list of contributors and put on display around the nature center. Please contact the nature center at 586-323-2478 or naturecenter@shelbytwp.org for further details or to sign up for an adoption.

By participating in our animal adoption program, you and your child are encouraged to come in regularly to feed, clean and care for one of our animals. We'll house it here while you learn more about the creature and what it takes to be a pet-owner. You'll receive an adoption certificate to show off to friends and family. Adoption fees are \$25 for a 1-year adoption of smaller creatures and \$50 for a 1-year adoption of our larger creatures.

### PLAN A FIELD TRIP

The Burgess-Shadbush Nature Center welcomes individual scouting groups, school groups and organizations to schedule programs with us. All ages are welcome, and we are excited to plan an event suited to your wishes. We invite you to contact the nature center for a listing of topics ranging from STEM programs to traditional nature-based lessons to tailor a program to badge, classroom or other learning requirements. The nature center requires at least one adult leader for every six youths attending the program. Please contact the nature center at 586-323-2478 for details and availability.

### REACHING OUT FROM THE BURGESS-SHADBUSH NATURE CENTER

The Burgess-Shadbush Nature Center is hitting the road, and we want to stop by to see you. We are now offering a wide range of outreach topics. Our programs are designed for hands-on learning with living animals and mounted specimens for demonstrations. We also provide programs for events with large crowds. Please call us for additional information if you are interested in booking for a more festive occasion. Our programs cover various topics. We'll work with you to build a one-of-a-kind program to suit your needs. We do not offer outreach programs to private residences.

### BIRTHDAY PARTIES AT THE NATURE CENTER

You can hold your child's next birthday party at the Burgess-Shadbush Nature Center. The party includes a chance to touch, hold and take photos with some live animals. Weather permitting, it also includes our popular nature walk. Your reservation will cover the use of our multipurpose room for four hours. The room holds a maximum of 24 adults and children. Hosts are responsible for decorations, food, table covers, cake and party favors. Parties are available select days, typically Saturday or Sunday afternoons when nature center events don't conflict. The payment confirms your reservation. You can register in person at the nature center with cash, check or credit card. Call the nature center at 586-323-2478 or email naturecenter@shelbytwp.org for more details. We now also provide sets of birthday gift bags. Let us put together your party favors for you.

**Fee: \$120 for Shelby Township and Utica residents and \$145 for nonresidents**

### HOME SCHOOL CLASSES

Home-school programs are available for any child 4 and older and cover a variety of natural science, heritage and outdoor topics. The cost is \$3 per participating child. Younger nonparticipating siblings are welcome. Registration is encouraged. Classes typically occur at 1:30 p.m. the first Wednesday of each month, September through May. Occasional date variations may occur because of holidays or other nature center programs.

**Exploring Ecology** - All animals rely on ecosystems to survive, even you. This class discusses different ecosystems and the role humans play in them.

#212845-F1 1:30-3 PM Wed Feb. 5

**Maple Syruping** - To prepare for our maple sap harvest, we will learn how and why we collect maple sap in the spring as well as how to identify the right trees to tap.

#212845-G1 1:30-3 PM Wed March 4

**Spring Nature Hike** - Join us as we look for the earliest signs of good weather. Make sure you bring your boots and coats because we will be outside for most of the class.

#212845-H1 1:30-3 PM Wed April 1

**Nature Art** - Nature is beautiful. Let creativity be your guide as we talk about patterns that you can find in nature before we re-create them.

#212845-I1 1:30-3 PM Wed May 6

**SCIENCE OLYMPIAD** - Our Science Olympiad study programs are designed to provide background information with some creative suggestions for studying and remembering vital information. A short, challenging sample quiz will be given using photographs, preserved specimens and sometimes live animals. Students can work alone, in teams or with leaders. Students should bring recommended books and notes to help with the quiz, and we recommend taking notes during the program. We highly recommend pre-registration. Walk-ins are welcome, but seating is limited. Science Olympiad events may be added or changed as more information about the 2020 season is available. Please call for the nature center additional details and an updated list of events. **Cost per program: \$4 per student.** Coaches and parents are free, if space permits.

### Division A

#### Amazing Arthropods- Introduction to Insect Orders

#212853-A1 10 AM-12:30 PM Feb. 1

#### Wildlife Safari

#212853-A2 10 AM-12:30 PM Feb. 8

### Division B/C

#### Water Quality

#212853-B7 2-4:30 PM Feb. 1

#### Ornithology

#212853-B6 2-4:30 PM Feb. 8

#### Dynamic Planet

#212853-B5 10 AM-12:30 PM Feb. 22

#### Heredity (B only)

#212853-B4 2-4:30 PM Feb. 22

#### Geologic Mapping (C only)

#212853-B3 10 AM-12:30 PM Feb. 29

Stop by the nature center to explore our Teaching Gardens.



**Exotic Animal Day** – Purchase tickets today for our annual Exotic Animal Day program. Both programs run 75-90 minutes and are the same. They include naturalist Randy Baker from Naturalist Endeavors discussing small lizards, snakes and other critters as well as larger species. Programs also feature a nocturnal animal presentation by Amanda Felk from the Night Nature Alliance. Programs include native and nonnative animals. Cameras are always welcome, but please refrain from flash photography when requested. Space is limited so register today. **Fee: \$5 per person**

/580-02 11:30 AM March 7  
/580-03 2 PM March 7

### NATURE TALES FOR PRESCHOOLERS

Our assortment of seasonal stories delights children as they listen to an entertaining one-hour nature adventure with a story, snack, and craft or outing. Tales are suitable for ages 3-5 accompanied by an adult. Early registration is required as each class is limited to 24 children.

**Fee: \$2 per child ages 3-5.**

Date	10-11 AM	1:30-2:30 PM
Feb. 20	#212220-F2	#212220-F4
March 5	#212220-G1	#212220-G3
March 19	#212220-G2	#212220-G4
April 2	#212220-H1	#212220-H3
April 16	#212220-H2	#212220-H4
May 7	#212220-I1	#212220-I3
May 21	#212220-I2	#212220-I4
June 4	#212220-J1	#212220-J3
June 18	#212220-J2	#212220-J4
July 2	#212220-K1	#212220-K3
July 16	#212220-K2	#212220-K4
August 6	#212220-L1	#212220-L3

### MERIT BADGE DAYS

The Burgess-Shadbrush Nature Center is happy to present our new merit badge series. Our certified merit badge counselors will be available on select days to assist in acquiring the following merit badges:

- |                               |                                       |
|-------------------------------|---------------------------------------|
| • Bird Study                  | • Fish and Wildlife Management        |
| • Mammal Study                | • Forestry                            |
| • Reptile and Amphibian Study | • Wilderness Survival                 |
| • Insect Study                | • Orienteering                        |
| • Nature                      | • <i>Environmental Study</i>          |
| • Soil and Water Conservation | • <i>Sustainability</i>               |
| • Plant Science               | • <i>Citizenship in the Community</i> |

Scout groups or individual scouts accompanied by a parent or leader are welcome to book for this program. Call the nature center for details and to set up your appointment. Dates available are March 28 and Oct. 10. These programs require preregistration.

### ADULT/ TEEN NATURAL EDUCATION CLASSES NEW DATE & TIME

Come check out our new natural education classes that cover topics to help make our homes, neighborhoods and lives a little greener. We also welcome topic suggestions to help answer any nature-inspired questions, comments or concerns you may have. **Classes are held the second Saturday of every month 10-11 a.m.** Occasional times may vary depending on holidays or preexisting nature center events. **Fee: \$3 per person.**

**Barking in the Forest** – Have you ever gone for a winter walk in the woods and wondered what those sleepy giants around you are? Identifying trees in cold weather can be tricky so spend the morning with us to learn tips on identifying your favorite trees without looking at the leaves.

#112450- C5 March 14

**Rescuers in the Mitten** – We all know spring means cute and fuzzy baby animals. This class will discuss what wildlife rehabilitation in Michigan is like, and whether or not those fuzzy babies you see need help.

#112450- C6 April 11

**Tiptoeing Through the Wildflowers** - With spring fully sprung in our beautiful state, we will walk through our wooded trails to talk about which wildflowers you can see this early and why they're so important to our wildlife.

#112450- C7 May 9

**Maple Syrup Festival** – Our Maple Syrup Festival's four scheduled program tours highlight how sugar gets into the tree, how to recognize and tap maples for their sap, and move fireside to warm up for the boil-down process. Taste some of the nature center's warm syrup and maple candy. Guests will use traditional collection equipment and study our maple trees. Scheduled tours take place at 11 a.m., noon, 1:30 p.m. and 2:30 p.m. Register early as this program fills fast. **Fee: \$3 per person (Ages 4+)**

Time 1 - /574-01 11 AM Time 2 - /574-02 Noon  
Time 3 - /574-03 1:30 PM Time 4 - /574-04 2:30 PM

**EGG-citing Easter** – Join the fun and have an "egg-citing" time. Decorate eggs, an Easter bag, go on an Easter egg hunt, hear about the legend of the Easter Bunny and meet him in person. We'll have games and fun activities to keep you hopping with excitement.

**Fee: \$6 per participating child (recommended for ages 3+)**

#232404- A1 1-4 PM April 5

**Spring is Springing** – Wildflowers begin to bloom, early insects and critters stir, trees blossom; it must be spring. Bring your boots to walk the trails in search of signs of spring at the nature center and learn how animals celebrate the spring. **Free Program**

#132408-C2 1-3 PM April 11

**Heron Festival** – Check out Holland Ponds' great blue heron rookery as we celebrate our annual Heron Festival. We have games, pond dipping and guided walks around the Holland Ponds property to watch for wildlife and hopefully see these beautiful birds at their nests. **Fee: \$3 per person**

#132408-B1 10 AM-3 PM May 2

**Camp Sampler Day** – At our Camp Sampler Day, you can take part in sample projects, activities and mini topics to give you and your kids an idea of how much fun they can expect at our annual summer camps. Camps offered for the summer of 2020 include beginning archery, intermediate archery, advanced archery, Littles, Junior Explorers, Exploring Nature, Pioneer Camp, Outdoor Skills Camp, and Arts and Crafts Camp. Don't forget to register to ensure supplies last. **Fee: \$3 per person**

#112609-B1 noon-4 PM May 16

**River Day Celebration** – Celebrate the Clinton River and learn what makes the river vital to us as part of the Clinton River watershed. Walk along the river to observe plants and animals and discover ways that you can make a difference in the health of the Clinton River. **Free Program**

#332451-A1 11 AM-2 PM June 6

**Pollinator Bioblitz** – Observe National Pollinator Week at the Pollinator Bioblitz. Identify native pollinators, and we learn about the world of citizen science that makes it possible to study our essential friends.

**Fee: \$3 per person**

#332451-B1 noon-3 PM June 20

**Pollination Celebration** – The nature center teams with the MSU Extension Macomb for this pollinator showcase. This program features a lecture by a local bee researcher and ends with a series of stations covering honey tasting, beekeeping in Michigan, wild bee habitats and more. Call the nature center for more details and registration instructions. **Fee: \$5 per person (Ages 5+)**

#332451-B2 5:30-7:30 PM June 25

**History of River Bends Park** – Spend a day learning the story of River Bends Park. We have great historical pictures and artifacts with a program about the people responsible for our humble beginnings. We also cover how we've made the transition to the nature center we are today. **Free Program**

/580-01 1 PM-3 PM June 27

### ADDRESS

Shelby Township Activities Center  
14975 21 Mile Road, Shelby Township, MI 48315

### CONTACT

Phone: 586-739-7540  
seniors@shelbytwp.org  
facebook.com/ShelbyTwpSeniors

### OFFICE HOURS

8:30 AM-5 PM, weekdays

### REGISTRATION

Senior center registration for 2020 is underway. Memberships are \$5 for Shelby Township and Utica residents and \$10 for nonresidents. You must be a member of the senior center to enjoy its programming and events.

### BUILDING CLOSURES

The senior center is closed Monday, Feb. 17, for Presidents Day and on Good Friday, April 10.

### INCLEMENT WEATHER

The Shelby Township Senior Center is listed among school closings in the event the building must close because of unsafe weather. In the event of severe weather, please check the school closings before coming to the center.

### SPRING FLEA MARKET AND BAKE SALE

Our Spring Flea Market and Bake Sale takes place 9 a.m.-4 p.m., April 30-May 1. Donate usable household goods to the sale to support the senior center. Mark your calendars and stop in to do a little shopping and pick up some delicious baked goods. The market closes entirely at 4 p.m., Friday, May 1. It will not carry over to Monday.

### VETERANS REPRESENTATIVE

The senior center is excited to welcome Macomb County Veterans' Services 10 a.m.-3 p.m. on the first and third Thursday. Darryle Johnson is an accredited service officer who can assist veterans and active-duty service members with information and benefits. Feel free to stop in and get your questions answered.

### NEW EXERCISE CLASSES

The senior center offers many exercise classes such as yoga, circuit classes, aerobic exercises, Zumba Gold, chair exercise, balance class and Tai Chi. Stop in today for detailed schedule information.

### ALZHEIMERS SUPPORT GROUP

The Alzheimer's Support Group meets at the Shelby Township Senior Center at 7 p.m. on the second Monday of each month. Join this safe place for caregivers, families and friends of persons with dementia to exchange practical information, develop a support system and learn about available resources. All ages are welcome.

### VOLUNTEER OPPORTUNITIES

The senior center and our local Kiwanis Club work together on numerous charitable projects. The group meets 1-4 p.m. on select Wednesdays. Upcoming dates are Feb. 12, March 11, April 8 and May 13. All are welcome, and no advance registration is required.

### GREETING CARDS

Join us at 10 a.m. on most Fridays to create beautiful greeting cards. Please call the senior center at 586-739-7540 for detailed date information.

### GREETING CARD RECYCLING

Donate new and used greeting cards to the senior center. Please drop them at the front desk.

### SENIOR TRANSPORTATION

SMART Community Transit is available for residents 50 and older. Bus tickets are 50 cents each way and cover a limited transportation area. For more information on transportation, please contact the senior center at 586-739-7540.

### MOVIES

Movies are shown twice a month at the senior center. Please check with the front desk for a current schedule.

### CRAFT CLASS

Our craft class meets monthly to explore a new craft. Please contact the senior center for specific dates and projects.

### BRAIN GAMES

Did you know that keeping your brain active and engaged can help delay the onset of dementia? Our brain games group meets at 1 p.m. on the second and fourth Tuesday.

### TRIPS AND TRAVEL

Are you interested in day trips or traveling by air or bus? The senior center offers monthly lunch trips as well as other trips in the United States and abroad. Stop in to see trip options.

### UPCOMING ACTIVITIES

#### February Activities

**Stop the Bleed** is a national campaign to empower everyone, whether a health care professional or the general public, with the knowledge and confidence to stop bleeding in an emergency. The Trauma Services Department of Beaumont Hospital in Troy presents and sponsors this program. The free program takes place at 10 a.m. Feb. 12.

The **"My Funny Valentine" Luncheon** gets going at 11 a.m. Feb. 13. Doors open for seating at 10:30 a.m. We'll enjoy a delicious lunch and a Rod Stewart tribute show. Wear your pink or red and bring a friend or a valentine. Tickets are \$10 and must be purchased in advance.

Doors open on the **"Cool Jazz Mardi Gras" Dinner Dance** at 5 p.m. Feb. 21. Enjoy a delicious buffet dinner and a wonderful evening of dancing. Tickets are \$16 and must be purchased in advance.

#### March Activities

The senior center hosts the **Aktion Club Pancake Breakfast** at 9 a.m. March 4. Bring your smiles and \$3 to enjoy a delicious breakfast while supporting our Aktion Club friends.

Everyone is Irish March 13 at the **St. Patrick's Day "Top o' the Mornin'" Luncheon** at 11 a.m. The event features a delicious lunch and entertainment by the Shannon School of Irish Dance. Tickets are \$10 and must be purchased in advance.

The **Easter Dinner Dance** hops into town at 5 p.m. March 20. The evening will be filled with dancing and an excellent buffet dinner. Tickets are \$16 and must be purchased in advance.

#### April Activities

The **"A Tisket, A Tasket" Easter Brunch** is served at 10:30 April 9. Doors open at 10 a.m. Enjoy a buffet brunch and fantastic entertainment. Tickets are \$10 and must be purchased in advance.

Our **Spring Dinner Dance** takes place at 5 p.m. April 17. The night features a buffet dinner and dancing. Tickets are \$16 and must be purchased in advance.

The senior center hosts an **American Red Cross Blood Drive** April 23. Appointments can be made at redcrossblood.org or by calling the senior center at 586-739-7540

### The following programs and services are also available at the senior center:

- |                   |                             |                        |                      |                  |
|-------------------|-----------------------------|------------------------|----------------------|------------------|
| • Knit & Crochet  | • Senior Loan Closet        | • Choir                | • Card Games         | • Ask the Lawyer |
| • Senior Quilters | • Artist Exhibits           | • Current Events Group | • Cookies & Coloring | • Balance Class  |
| • Red Hat Groups  | • Aerobic & Chair Exercises | • Quilting Group       | • Watercolor Class   | • Brain Games    |
| • Deaf Group      |                             | • Bible Study          | • Walking Group      | • Crafts         |

**ADDRESS**

51680 Van Dyke Ave.,  
Shelby Township, MI, 48316

**CONTACT**

Phone: 586-739-7414  
Fax: 586-726-0535  
shelbylib@libcoop.net

**HOURS**

9 AM-8 PM Mon-Thu  
9 AM-5 PM Fri & Sat  
Closed Sun

**CLOSED**

Feb. 17  
April 10 & 11

**ADULT PROGRAMMING**

**Palentine's Day Party** - Bring your pals or make new friends at the library as we celebrate "Palentine's Day" with snacks, crafts and music. No registration is required, and supplies are limited.

**7-8:30 PM Feb. 12 cafeteria**

**The History of Washington Township** - Are you curious about our neighbor to the north? Join author Linda Osborne-Cynowa Feb. 26 as she shares some of the interesting history contained in her new book from Arcadia Press, "Washington Township."

**7 PM Feb. 26 library atrium**

**Trivia Night at the Library** - Play trivia in a safe and relaxed environment. Feel free to bring a team or drop in on your own and connect with others. Participants compete for prizes by answering a challenging range of questions on pop culture, sports, science, history and more with light refreshments provided.

**7-8:30 PM March 11 library atrium**

**Wildlife Nature Photography** - Local nature and wildlife photographer Robert Weir shares his stories of photography in Shelby and Washington Townships. He covers his work while sharing images from his collection. No registration required.

**7-8:30 PM March 25 library atrium**

**Reboot Your Life for Better Health** - Aaron Wallace of Balance Your Fitness in Troy presents, "Reboot Your Life for Better Health: Return to Nature's Blueprint." Wallace covers how his holistic approach seeks to empower the body's natural healing abilities while discussing topics such as gluten and lactose intolerance, weight loss, digestive issues and chronic pain.

**7-8:30 PM April 8 library atrium**

**Money Smart Week** - Representatives from New Possibilities Educational Group will share how you can attain and maintain financial wellness.

**7-8:30 PM April 1 library atrium**

**ADULT BOOK CLUBS**

Newcomers are always welcome.

**Not Your Parents' Book Club**, 7 PM, the last Tuesday of each month, meets at Steakhouse 22, 48900 Van Dyke Ave.

**Feb. 25** - "The Sparrow" by Mary Doria Russell

**March 31** - "Did You Ever Have a Family" by Bill Clegg

**April 28** - "We Need New Names" by NoViolet Bulawayo

**May 26** - "The Book Woman of Troublesome Creek" by Kim Michele Richardson

**Afternoon Book Club**, 1 PM, the third Thursday of each month

**Feb. 20** - "I Remember Nothing" by Nora Ephron

**March 19** - "The Clockmaker's Daughter" by Kate Morton

**April 16** - "The Woman in the Window" by A.J. Finn

**May 21** - "The Heart is a Lonely Hunter" by Carson McCullers

**Evening Book Club**, 6:30 PM, the second Tuesday of each month

**Feb. 11** - "The Night Tiger" by Yangsze Choo

**March 10** - "God Help the Child" by Toni Morrison

**April 14** - "The Heart's Invisible Furies" by John Boyne

**May 12** - "Madame Bovary" by Gustave Flaubert

**Mystery Book Club**, 10:30 AM, the second Saturday of each month

**March 14** - "A Dangerous Man" by Robert Crais

**April 18** (special date) - "Partner in Crime" by J. A. Jance

**May 9** - "Ricochet" by Sandra Brown

**June 13** - "The Outsider" by Stephen King

**Shelby Township Writers Group**, 6 PM, Thursdays, cafeteria

Members of the Shelby Township Writers Group discuss writing and share invaluable input. The group welcomes newcomers as it seeks to help aspiring writers attain their goals as it meets at 6 p.m. every Thursday.

**FRIENDS OF THE LIBRARY**

There's never been a better time to be a "Friend" of the Shelby Township Library.

As the community gets ready for a new 26,000-square-foot library on the municipal campus at 52700 Van Dyke Ave., the Friends of the Shelby Township Library will play a pivotal role. The Friends will assist in organizing and planning fundraisers, a donation wall and opening-week activities. Throughout this process, there will be early-access opportunities for Friends of the Shelby Township Library members.

Along with helping with the new library, the Friends of the Shelby Township Library supports the library with additional funds and volunteer services. They also sponsor activities for fundraising and membership enhancement and bring attention to library services.

Funds are raised by assessing membership dues, holding fundraisers and selling items in the Friends' Bookstore, located past the checkout desk at the library, and on the Silent Bid Table, located across from the library's reference desk.

These funds are used to provide furniture, equipment, special events, programs, artwork and materials for the library.

The Friends of the Shelby Township Library is an independent, non-profit library support organization with member-elected officials. The Friends of the Shelby Township Library Board meets at 10 a.m. on the third Thursday of each month.

To join the Friends of the Shelby Township Library, fill out the membership form and turn it in at the library's front desk or visit [shelbytwplib.org/friends-of-the-library](http://shelbytwplib.org/friends-of-the-library). For more information, contact the library at 586-739-7414 or [shelbylib@libcoop.net](mailto:shelbylib@libcoop.net).



## Friends of the Library Membership

**Annual Membership  
Dues**

Name	Student	\$5
Address	Senior	\$5
City	Individual	\$10
Zip	Family	\$20
Phone	Supporting Org.	\$20
Email	Business	\$25
	Lifetime	\$300

Amount: \$ \_\_\_\_\_

I would like to volunteer by (check all that apply):

Helping with events

Providing Refreshments

Please cut this application out and turn it in to or mail it to the Shelby Township Library at 51680 Van Dyke Ave., Shelby Twp., MI 48316

**Teen Advisory Board** (grades 7-12) - Join a council of teens that creates teen displays, decorates the library and plans events for teens at the library. Earn community service hours every month for attending or come to hang out and enjoy some snacks. Teens can fill out a TAB application from shelbytwplib.org or at the reference desk.

6-7:30 PM the first Thursday of every month card room

**Teen Marshmallow Pop Workshop** (grades 7-12) - Do you like marshmallows? Do you like chocolate? Combine the two and make a sweet treat. Stick a marshmallow on a lollipop stick and use your creativity to decorate it with chocolate, sprinkles and frosting to create a unique and delicious masterpiece.

6-7:30 PM Feb. 21 library atrium registration required

**Teen Hangout** (grades 7-12) - Teens are invited to join us for activities and games each week.

3-4:30 PM Wednesdays card room

**Teen Game Night: Dungeons and Dragons** (grades 7-12) - Come with a new character and dice, or borrow ours. Learn game basics and meet other adventurers playing Dungeons and Dragons. New and experienced players are welcome. Snacks will be provided.

5:30-7:30 PM April 24 library atrium registration required

ALL AGES PROGRAMMING

**Library Lego Day** (all ages) - Design and build your own Lego creations, or complete the challenges we provide. We will have regular Lego blocks and large Duplo blocks for all ages to share.

1:30-2:30 PM Feb. 15 cafeteria

**Tinker Tuesday** (all ages) - Craft, design, build and create whatever you can imagine using the odds and ends we supply.

1:30-2:30 PM Feb. 18 cafeteria

**Mermaids & Pirates Ahoy** (all ages) - Dress up in your best pirate and mermaid attire and set sail for adventures with all your "mateys." Make a spyglass and pirate hat, hunt for treasure with your map, decorate seashells, make mermaid necklaces, and sample sea-worthy snacks.

1:30-2:30 PM March 7 cafeteria

**Free Comic Book Day** (all ages) - Comic book fans of all ages can drop in to the library throughout the day 9 AM - 5 PM, May 2, to pick out a free comic book and draw comics. Dress up as a comic book character to enter into a prize drawing.

May 2 library atrium

PEEP-O-RAMA CONTEST

March is reading month, and the Shelby Township Library wants to celebrate your creativity using marshmallow Peeps to build a diorama representing a book or scene from a book.

Submit your diorama and entry form to the Shelby Township Library March 2-16. The library's vestibule display case will feature entries. One entry in each age category will win a prize for the best "Peep-o-rama."

Visit the library March 16-22 to vote for your favorite diorama for the "Peeples Choice Award." Full submission guidelines and entry forms are available at the library information desk. The contest is open to Shelby Township residents of all ages. We will contact winners March 23. Pick up dioramas April 1-7 or they will be discarded or eaten.

March 2-16

DROP-IN STORYTIMES  
no registration required

**Baby Bears** (children under 2) - Drop in for short stories, songs, lap bounces and playtime. This program offers early literacy fun for children under 2 with a caregiver.

10-10:30 AM, Feb. 14, Feb. 28, March 27, April 17, May 1 and May 15, card room

**Families and Jammies** - Drop in for stories, songs and activities for the whole family. Wearing pajamas is welcomed.

6:30-7:15 PM, Feb. 13, Feb. 27, March 12, March 26, April 16 and May 21, card room

We regularly add more library events. Check the calendar at [shelbytwplib.org](http://shelbytwplib.org) or follow [facebook.com/ShelbyTwPLib](https://www.facebook.com/ShelbyTwPLib), so you don't miss an exciting library activity such as 2020 Summer Reading this June.

SPONSORS

PRESENTED BY

Utica/Shelby Rotary Club & Macomb Charity Connect



ANDERSON, ECKSTEIN & WESTRICK, INC.  
CIVIL ENGINEERS SURVEYORS ARCHITECTS

BECOME A SPONSOR  
CALL 248-390-4952

Dance the night away for a good cause at

SCHOLARS & JAZZ

6:30 PM

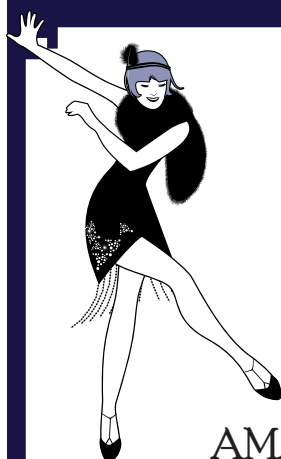
Friday, March 20, 2020

Shelby Gardens  
50265 Van Dyke Ave.

DINNER & MUSIC  
AMAZING RAFFLE PRIZES  
ROARING 20s ATTIRE

Benefiting the new Shelby Township Library

Purchase tickets at [macombcharityconnect.org](http://macombcharityconnect.org)  
\$85 per person / \$800 per table of 10



# BRANCHING OUT



Charter Township of Shelby  
52700 Van Dyke Ave.  
Shelby Township, MI 48316

## 2020 CALENDAR OF EVENTS

Please note that dates, events and locations are subject to change.  
For more information please call 586-731-0300 or  
visit [shelbytwp.org/parks](http://shelbytwp.org/parks).

### FEBRUARY

Thu, Feb. 13  
**Daddy-Daughter Dance**  
Cherry Creek Golf Club

Sat, Feb. 15  
**Winter Hike**  
Burgess-Shadbush Nature Center

### MARCH

Wed, March 4  
**Mother & Son Dance**  
Cherry Creek Golf Club

Sun, March 7  
**Exotic Animal Day**  
Burgess-Shadbush Nature Center

Sat, March 21  
**Maple Syrup Festival**  
Burgess-Shadbush Nature Center

### APRIL

Sat, April 4  
Easter Bunny Lunch  
Shelby Township Activities Center

Sat, April 4  
**Easter Egg Scramble**  
River Bends Park

Sun, April 5  
**"Egg"citing Easter Event**  
Burgess-Shadbush Nature Center

Sat, April 11  
**Spring is Springing**  
Burgess-Shadbush Nature Center

### MAY

Sat, May 2  
**Heron & Spring Festival**  
Holland Ponds

Sat, May 16  
**Camp Sampler Day**  
Burgess-Shadbush Nature Center

### JUNE

Sat, June 6  
**River Day**  
Burgess-Shadbush Nature Center

Last Day of School (UCS)  
**Splash Bash Summer Kickoff**  
Chief Gene Shepherd Park

Sat, June 13  
**34th Annual Kid's Fishing Derby**  
Heritage Garden Lake

Sat, June 20  
**Pollinator Bioblitz**  
Burgess-Shadbush Nature Center

Sat, June 27  
**History of River Bends**  
Burgess-Shadbush Nature Center

### JULY

Sat, July 11  
**25th Annual Kid's Olympics**  
Whispering Woods Kiwanis Park

Wed, July 15  
**Free Concert**  
Municipal Campus

Wed, July 22  
**Free Concert**  
Municipal Campus

Sat, July 25  
**13th Annual Shelby Township's  
Flea Market**

Wed, July 29  
**Free Concert**  
Municipal Campus

### AUGUST

Sat, Aug. 1  
**Kid to Kid Sale**  
Shelby Township Activities Center

Sat & Sun, Aug. 8 & 9  
**37th Annual Shelby Township  
Art Fair**  
River Bends Park

### SEPTEMBER

Sat, Sept. 5  
**Sportsman's Skill Day**  
Burgess-Shadbush Nature Center

Sat, Sept. 12  
**Bow Wow Luau**  
Chief Gene Shepherd Park

Sat, Sept. 19  
**Night the Animals Talked**  
Burgess-Shadbush Nature Center

Fri, Oct. 9  
**Halloween Spooktacular  
& Movie Night**  
Municipal Campus

Fri & Sat, Oct. 16 & 17  
**Haunted Nature Center**  
Burgess-Shadbush Nature Center

Sat, Oct. 24  
**Spidermania**  
Burgess-Shadbush Nature Center

### NOVEMBER

Fri, Nov. 20  
**Snack & Shop Vendor Show**  
Shelby Township Activities Center

Thu, Dec. 3  
**Annual Christmas Aglow  
Tree Lighting**  
Municipal Ground

Sat, Dec. 5  
**Breakfast with Santa**  
Shelby Township Activities Center

Sat & Sun, Dec. 5 & 6  
**Pioneer Christmas**  
Burgess-Shadbush Nature Center

Thu, Dec. 10  
**Dinner & Dancing with Santa**  
Burgess-Shadbush Nature Center

Mon, Dec. 11-18  
**Light Up the Holidays Christmas  
Decorating Contest**

Sun, Dec. 20  
**Santa Visits the Nature Center**  
Burgess-Shadbush Nature Center



Charter Township of Shelby  
**PARKS, RECREATION,  
AND MAINTENANCE**  
586-731-0300 [shelbypr@mshelbytwp.org](mailto:shelbypr@mshelbytwp.org)

# NEW KIDS CLUB

Join our Kid's Club email list for information about events and activities happening at the Shelby Township Activities Center. This group may meet monthly. Sign up for alerts for events such as magic shows, sports competitions, movie nights, art classes and craft workshops. Receive Kid's Club text notifications by texting @stkidsclub to 81010. Parents and guardians must join our notification system.