# Brancing the residents of Shelby Township at the Shelby Township Activities Center, Shelby Township Senior Center, Serving the residents of Shelby Township at the Shelby Township Activities Center, Shelby Township Senior Center, Shelby Township Events & Program Winter-Spring 202.

Winter-Spring 2023 GET CAMPY Shelby Township Board of Trustees: Rick Stathakis, Supervisor Apply to work at this year's Summer Recreation Day Camp, and make summer Stanley T. Grot, Clerk James Carabelli, Treasurer Lisa Casali, Trustee memorable for township youth Lucia Di Cicco, Trustee John Vermeulen, Trustee Vince Viviano, Trustee CELEBRATE WITH EGG SCRAMBLE & EAST NATURE CENTER BUNNY LUNCH EARTH DAY EXPANDS SENIOR CENTER NATURE CENTER LIBRARY Spring is in bloom at the Shelby Sample something sweet at the Library to reopen March 6 as Burgess-Shadbush Nature Center. Township Senior Center. remediation continues

Shelby Township Parks, Recreation & Maintenance



#### HIT THE FIFI N

ASA-Certified slow-pitch softball at Mae Stecker Park starts play April 30. Registration for returning teams, same season and division as the previous year, begins Feb. 23. See page 11 for more.

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#### SAY PI

The senior center celebrates Pi Day, 3/14, with its annual celebration of the mathematical sign pi with slices of pie while supplies last. See pages 12-13 for all of the seniors' programs.

#### LISTING KEY

Activity# Time Day Date Place

Fee: \$115 resident, \$122 nonresident

TEN.18 8-9 AM Sa 3/4 MSF

M-Monday T-Tuesday W-Wednesday

Th-Thursday F-Friday Sa-Saturday Su-Sunday



#### **BACK DOWN HOME**

The biggest little festival in Michigan is back as the Down Home Days Festival returns, May 25-29. See page 24 for an event flyer.

### **GET RECREATIONAL**

CHARTER TOWNSHIP OF SHELBY
Parks, Recreation & Maintenance Department
Joe Youngblood, Director

"We Create Community through People, Parks & Programs" Shelby Township Activities Center 14975 21 Mile Road, Shelby Township, MI 48315

#### **OFFICE HOURS**

8:30 AM-noon and 1-5 PM, Mon-Fri Office closes daily for lunch noon-1 PM

#### **CONTACT INFORMATION**

Phone: 586-731-0300 Email: shelbyprm@shelbytwp.org

#### PRM MISSION STATEMENT

The Shelby Township Parks, Recreation and Maintenance Department staff provides progressive leisure, organized sports, cultural and educational programs to the township. It protects our natural resources and offers outdoor recreational opportunities to members of the community in a safe, healthy and enjoyable environment. The staff provides innovative and quality services to residents, businesses and service organizations in Shelby Township.

#### **CLOSURES**

The Parks, Recreation and Maintenance Department Office and Shelby Township Senior Center will be closed in observance of the following holidays:

- April 7 for Good Friday
- May 29 for Memorial Day



ShelbyTwpParksAndRec



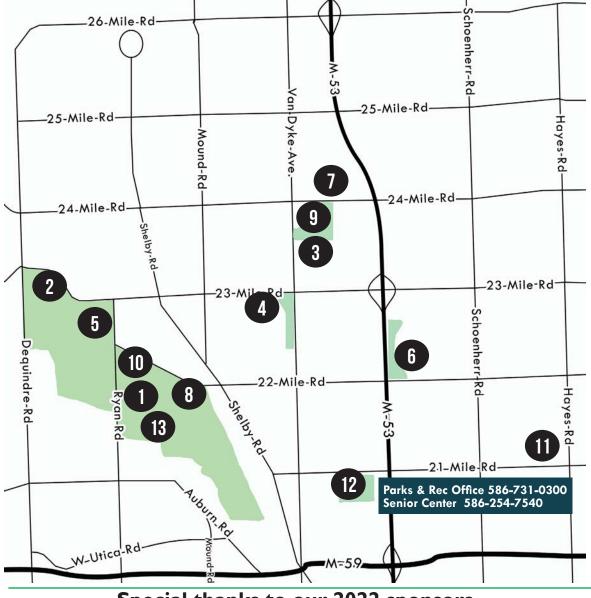
TheShelbyTwp



TheShelbyTwp

# 2023 Yard Waste Collection starts March 27.

Weight restrictions: 200 lbs. in 95-gallon carts or 50 lbs. in 32-gallon containers. Brush & tree limbs larger than 2 inches in diameter should be bundled with trash.



#### Special thanks to our 2022 sponsors

- Genisys Credit Union
- Christian Financial Credit Union
- Knights of Columbus St. Therese of Lisieux
- Vince & Joes
- Dr. Ban Barbat
- Badalamenti-Ferlito Orthodontics
- D-Lux Karate
- Kirk, Huth, Lange & Badalamenti PLC
- Trillium Facility Solutions

For information on sponsorships, email shelbyprm@shelbytwp.org



#### 1. Burgess-Shadbush Nature Center

4101 River Bends Drive Shelby Township, MI 48317 586-323-2478

#### 2. Chief Gene Shepherd Park & Splash Pad

2452 23 Mile Road Shelby Township, MI 48316

#### 3. Senior Citizen Park & Lions Soccer Field

51720 Van Dyke Avenue Shelby Township, MI 48316

#### 4. Ford Field Central Park

7460 23 Mile Road Shelby Township, MI 48316

#### 5. Holland Ponds

50385 Ryan Road Shelby Township, MI 48317

#### 6. Lombardo Park

11695 22 Mile Road Shelby Township, MI 48315

#### 7. Mae Stecker Park

8600 24 Mile Road Shelby Township, MI 48316

#### 8. River Bends Park

5700 22 Mile Road Shelby Township, MI 48317

## 9. Municipal Campus, Heritage Garden & Hope Chapel

52700 Van Dyke Avenue Shelby Township, MI 48316

# 10. River Bends Park Fishing Site & Organization Camp

Ryan Road, South of 22 Mile Shelby Township, MI 48317

## 11. Shelby Township Activities Center

Parks & Rec Office Senior Center Office 14975 21 Mile Road Shelby Township, MI 48315

#### 12. Whispering Woods Kiwanis Park

11000 21 Mile Road Shelby Township, MI 48315

#### 13. Woodall Neighborhood Park & Skate Park

4550 River Bends Drive Shelby Township, MI 48317

For more information on all Shelby Township parks and facilities visit shelbytwp.org/parks.

#### **RESERVATION POLICY**

Park pavilions, Hope Chapel and Heritage Garden can be reserved on a first-come, first-served basis with no restrictions on the date. Reservations can be made for any date, based on availability, for any month or year. Full payment is due at the time of the reservation. You may be subject to any price increases that go into effect between the date the reservation is made and the event date.

Parks and rec does not grant refunds for Heritage Garden or Hope Chapel reservations. Refund requests for pavilion reservations can occur up to 30 days before the reservation date. Requests must be in writing. Parks and rec deducts a 10% cancellation fee from the refund.

#### **REFUNDS**

Request refunds for pavilion reservations up to 30 days before the reservation date. Requests must be in writing. Parks and rec deducts a 10% cancellation fee from the refund. Any reservation made less than 30 days in advance is non-refundable. The letter must state that you wish to cancel the reservation for shelter use. If payment was made by cash or check, a check will be processed and mailed to the address on the permit within four weeks. Refunds for credit card payments will be immediate.

#### **SHELTER RESERVATIONS**

8 AM-8 PM, or Dusk

Required for gatherings of 20 or more people. Reserve by calling 586-731-0300 or go online to register.shelbytwp.org. Cash, check, credit card payments accepted

#### **Park Amenity Symbols**

Picnic tables		Baseball diamond	
Electrical outlet		Sand volleyball court	<b>6</b>
Water	ਨ	Basketball court	<b>#</b>
Charcoal grill	∑'s,	Restroom	88
Playground		Horseshoe pit	U

#### PARK PAVILIONS



#### **Chief Gene Shepherd Park Shelter**

SIZE: 40' X 60' CAPACITY: 70-180

PAVILION RESERVATION FEE:

\$170 Resident \$200 Nonresident

\*Fee does not include the use of the



#### **River Bends Park Bittersweet Shelter**

SIZE: 45' X 33' CAPACITY: 90-100

PAVILION RESERVATION FEE:

\$170 Resident \$200 Nonresident





#### **Mae Stecker Park Shelter**

SIZE: 15' X 15' CAPACITY: 20-25

PAVILION RESERVATION FEE:

\$50 Resident Nonresident



#### **River Bends Park Hickory Grove Shelter**

SIZE: 45' X 30' CAPACITY: 90-100

PAVILION RESERVATION FEE: \$170 Resident

\$200 Nonresident





#### Woodall Neighborhood **Park Shelter**

SIZE: 40' X 30' CAPACITY: 40-50

PAVILION RESERVATION FEE:

\$100 Resident

\$130 Nonresident



#### **River Bends Park Mapleview Shelter** SIZE: 50' X 30'

CAPACITY: 90-100

PAVILION RESERVATION FEE:

\$110 Resident

\$140 Nonresident





#### **ACTIVITIES CENTER**

#### Shelby Township Activities Center Rental Hours

5-9 PM Mon-Fri | Time varies Sat-Sun

Rooms come with tables and chairs
Kitchen is unavailable
No alcohol permitted
Call 586-731-0300 for more information.

Room	Resident fee per hour	Nonresident fee per hour
Cafeteria Up to 125 occupants	\$60	\$80
Wertz Room up to 40 occupants	\$40	\$50
Card Room up to 25 occupants	\$30	\$40
Computer Room up to 25 occupants	\$30	\$40
Craft room up to 25 occupants	\$30	\$40









#### HERITAGE GARDEN

#### **Garden Reservations**

8 AM-8 PM, or dusk \$35 per hour for residents \$110 per hour for nonresidents

Encouraged for photographers and professionals, reservations ensure exclusive access to 10-foot gazebo and gardens surrounded by wrought-iron fence.



#### **Wedding Reservations**

2-hour minimum
Standing ceremony
Max of 10 chairs allowed
\$5 rental per chair available
Reserve by calling
586-731-0300

Maintained by Shelby Gardeners
Club and the Parks and Rec
department

#### HOPE CHAPEL



### Wedding Reservations

\$335 for residents \$435 for nonresidents Includes 2.5-hour ceremony time block and 1-hour rehearsal

Chapel seats up to 80 guests.

Fridays, Saturdays and Sundays are available for weddings with Thursdays reserved for rehearsals.

The wedding party is responsible for contracting its own clergy or officiant to perform their ceremony.

Call **586-731-0300**,
or email
shelbyprm@shelbytwp.org for
details or to check availability.



#### **BURGESS-SHADBUSH NATURE CENTER**



#### Plan a Field Trip

The Burgess-Shadbush Nature Center welcomes scouting groups, school groups and organizations to schedule time with us. All ages are welcome, and we are excited to plan an event suited to your wishes. We invite you to contact us for a listing of topics ranging from STEM programs to traditional nature-based lessons to tailor a program to badge, classroom or other learning requirements. At least one adult leader is required for every six youths attending the program. Please contact the nature center for details and availability.

Have a happy birthday

You can hold your child's next birthday party at the Burgess-Shadbush Nature Center. The party includes close encounters with live animal ambassadors and a guided nature hike. In the event of inclement weather, a craft will replace the hike. Your reservation will include the use of our multi-purpose room for four hours. The room holds about 40 adults and children. Hosts are responsible for decorations, food, table covers, cake and party favors. Parties are available select days, typically Saturday or Sunday afternoons when nature center events don't conflict. The fee is \$120 for Shelby Township and Utica residents and \$145 for non-residents. The reservation is confirmed when payment is made. You can register in person at the nature center with cash, credit or check.

#### **VOLUNTEER**

Volunteer coaches, officials and staff play a vital role in our sports leagues Consider taking some time to make your child's sports experience a positive one by volunteering as a coach or assistant coach. To assist you, we'll provide general rules and guidelines at a volunteer meeting held before the season. No coaching experience is necessary. For more info on volunteering, please call 586-731-0300.

#### KIDDIE SPORTS

#### **Kiddie Sports**

Introduce your toddler to sports such as baseball, basketball and soccer. Your child will practice kicking, running, jumping, throwing and catching while developing gross motor skills such as balance, coordination, body awareness, physical strength and reaction time. In addition, we include other traditional games for fun, emphasizing teamwork, effort and participation. Children must be 3.5 by the first day of class and be potty-trained. Please be sure to wear gym shoes.

Ages 3.5-5 \$35 resident, \$42 nonresident

#YAKIDS.01 9:30-10:15 AM T 3/7 5 wks #YAKIDS.02 9:30-10:15 AM T 5/2 5 wks

#### MOMMY AND ME DROP-IN

Meet other moms while your child burns off energy in an open-gym session. Your toddler will run, jump and roll around during active play to promote muscle control, coordination, motor development, language development, cooperation and sharing. Moms or caregivers must stay with toddlers, as this class has no instructor. ID required at front desk..

Ages I-3 \$4/child resident, \$6/child nonresident

DROP-IN 9:30-11:30 AM Sa 3/18 6 wks

#### **RUGBY KIDS**

**NEW** Rugby Kids is a non-contact flag rugby league to introduce kids to rugby fundamentals while making friends and having fun. Practices and games are held on the same day. Registration includes a Rugby Kids T-shirt. Games take place at Mae Stecker Park's softball fields. Class duration varies from 45-70 minutes based on age. There will be no class May 27. Class times will be finalized by April 28. Email rugbykidsmich@gmail.com or call 586-202-8468 for more information.

\$85 resident, \$92 nonresident

#RUGBY.01 9-11:45 AM Sa 5/6 6 wks

#### **SNAPOLOGY**

For more information on Snapology programs email *Troy@snapology.com*. **Roblox Workshop** 

Students will explore their favorite  $Roblox^{TM}$  adventures by using Lego bricks and creating games. From designing an Obby to building a 3-D character skin, students will be fully immersed in the gameplay and game design world of Roblox.

Ages 6-12 \$38 resident, \$45 nonresident

#SNAP.01 9:30 AM-12:30 PM Sa 3/18 1 day

#### **Robopets Robotics**

Children will begin their exploration into the world of robotics by building simple animal-inspired machines that are controlled by unique, iconbased program codes. We will teach your little learner some fundamental engineering and programming concepts as they build goofy animals.

Ages 4-6 \$55 resident, \$62 nonresident

#SNAP.02 6-7 PM M 4/17 4 wks

#### **Combat Robots Workshop**

Children will discover basic strategies for building sturdy structures and then apply that knowledge to build a robot for friendly competition.

Ages 6-12 \$38 resident, \$45 nonresident

#SNAP.03 9:30 AM-12:30 PM Sa 5/20 1 day

#### **GOLF**

TGA Premier Golf brings its youth program to the gym at the Shelby Township Activities Center. Golfers ages 5-13 learn swing fundamentals, putting, chipping, rules and etiquette in a safe, nurturing environment. TGA provides equipment and guarantees a student-coach ratio of 8:1 or better.

Ages 5-13 \$139 resident, \$146 nonresident

#YATGA.01 5-6 PM M 4/24 6 wks

#### YOUTH BASEBALL

Youth baseball registration for Shelby Township and Utica residents runs Jan. 13—March 18 with online, walk-in and phone-in options available. Sign up by Feb. 15 to receive a \$10 discount on your registration fees. Nonresidents add \$10 per player. When registering online, you need your Household ID number and password. Email shelbyprm@shelbytwp. org or call 586-731-0300 to acquire that information. Register at register. shelbytwp.org.

Pee Wee Tee begins in early May and runs for seven weeks. All other leagues begin in late April or early May, depending on field conditions. Season is completed by July 4. Refunds are available through April 15. PRM deducts a \$10 fee from all refunds.

As a guide, most players play one to two seasons in each division before moving up to the next division. Games and practices may also be on Fridays and Saturdays for all divisions if needed. Pee Wee Tee game times are at 10 a.m. on Saturday. All other game times are 6:30 p.m. on weekdays and vary on Saturdays if required. All divisions will have approximately four practices and 12 games. Managers can request up to two other coaches, and one buddy request is allowed per player. Forming teams will NOT be permitted. Requests are not guaranteed, and your other coach or buddy must also request you.

The registration fee includes a team shirt, hat and an end-of-season award. Players supply their glove. No games take place on Memorial Day weekend. Practices and games are at parks throughout Shelby Township.

Volunteer coaches, officials and staff play a vital role in our sports leagues. Please consider taking some time to make your child's sports experience a positive one by volunteering as a coach or assistant coach. We'll provide general rules and guidelines at a volunteer meeting held before the season to assist you. No coaching experience is necessary. For more info on volunteering, please call 586-731-0300.

The fees listed are for Shelby Township or Utica residents. Nonresidents add \$10 per player to the cost.

Activity #	Division	Age	Days	<b>Before</b>	After
				2/15	2/15
#YLBASE.01	Pee Wee Tee	Ages 4-6	Sa	\$60	\$70
#YLBASE.02	Coach Pitch	Ages 6-8	M/W	\$99	\$109
#YLBASE.03	Pitch Machine	Ages 8-10	T/Th	\$99	\$109
<b>#YLBASE.04</b>	Boys' Baseball	Ages 9-11	T/Th	\$99	\$109
#YLBASE.05	Boys' Baseball	Ages 11-13	M/W	\$99	\$109
<b>#YLBASE.06</b>	Boys' Baseball	Ages 13-16	T/Th	\$99	\$109

#### SOCCER

Soccer Shots is an engaging children's soccer program with a focus on character development. The team will impact children's lives on and off the field through best-in-class coaching, communication and curriculum. The coaches are the best-trained in the business. The expert approved curriculum is age-appropriate and aligns with childhood education standards. Max 12 participants. Minimum 6 participants. Classes are held indoors at the Michigan Stars revolution Training Center at 42840 Merrill Rd., Sterling Heights, MI 48314. There is an annual registration fee of \$25, in addition to the class registration fee, which includes a Dri-fit jersey. If you register within the last 12 months of the fiscal year, you do not have to pay the annual registration. For more information, visit soccershots.com/macombco, call 586-783-7555 or email jschaefer@soccershots.com/macombco.

\$139 resident, \$146 nonresident

Ages 2-3 (Pare	ent involvement require	d)		
#SSHOTS.01	6:30-7:10 PM	W	4/12-5/31	8 wks
#SSHOTS.03	6:30-7:10 PM	F	4/14-6/9	8 wks
#SSHOTS.05	10-10:40 AM	Sa	4/15-6/10	8 wks
Ages 3-5				
#SSHOTS.02	7:15-7:55 PM	W	4/12-5/31	8 wks
#SSHOTS.04	7:15-8 PM	F	4/14-6/9	8 wks
#SSHOTS.06	10:45-11:25 AM	Sa	4/15-6/10	8 wks
Ages 5-8				
#SSHOTS.07	11:30 AM-12:10 PM	Sa	4/15-6/10	8 wks

#### **TENNIS**

Tennis Program Director Bill McGarry is a United States Professional Tennis Association Professional 1 instructor. McGarry played college tennis at the University of Michigan with five years of tour experience and more than 25 years of teaching experience, including his current winter sessions at Wimbledon Racquet Club. All make-ups must be pre-scheduled with McGarry at

586-855-8990. He is also available to answer any tennis programming questions. Classes are at Mae Stecker Park at 8600 24 Mile Road.

#### Young Star Tennis/Level 1

Learn forehand, backhand and volley to improve developing gross motor skills through plenty of fun and games. Orange and regular balls will be used. Please bring a racquet and water bottle to class. No class 5/11.

#### Ages 4-7

\$133 resident, \$140 nonresident #YATEN.01 4:30-5:30 PM	T/Th	4/25-5/18	4 wks
\$133 resident, \$140 nonresident #YATEN.02 10:30-11:30 AM	Sa	4/29-6/10	7 wks
\$152 resident, \$159 nonresident #YATEN.03 4:30-5:30 PM	T/Th	5/23-6/15	4 wks

#### Rising Star Junior Tennis Academy Level 2

This class is for younger kids who have been through a few sessions and are ready for more. Learn forehand, backhand and volley to improve developing gross motor skills through plenty of fun and games. Orange and regular balls will be used. Please bring a racquet and water bottle to class. No class 5/11.

#### Ages 6-9

\$194 resident, \$201 nonresident #YATEN.04 5:30-7 PM	T/Th	4/25-5/18	4 wks
\$194 resident, \$201 nonresident #YATEN.05 9-10:30 AM	Sa	4/29-6/10	7 wks
\$222 resident, \$229 nonresident #YATEN.06 5:30-7 PM	T/Th	5/23-6/15	4 wks

#### Top Gun Beginner/AB Tennis/Level 2

All basic strokes will be taught with an emphasis on correct grips and form to produce muscle memory. Drop feeds and rallying will begin at this level as well as competitive contests and games. Please bring a racquet and a water bottle to class. No class 5/10 or 5/29.

Ages 8-15	\$194 resident, \$20		dent	
#YATEN.07	6:30-8 PM	M/W	4/24-5/17	4 wks
#YATEN.08	11:30 AM-1 PM	Sá	4/29-6/10	7 wks
#YATEN.09	6:30-8 PM	M/W	5/24-6/14	4 wks

#### The Academy Intermediate & Advanced/Level 3-4

Whether you're playing for school or getting more competitive, this is the class you want. Our experienced staff will take you to the next level and help you reach your goals. Advanced skills, situational games and match play will all be found here. Bring plenty of water. No class 5/10 or 5/29.

\ges 9-18	\$259 r	esident	\$266	nonresident
<b>15C2 1-10</b>	D437 I	esidelit.	DAGO	HOHESIGEHE

#YATEN.10	4:30-6:30 PM	M/W	4/24-5/17	4 wks
#YATEN.11	2-4 PM	Sa	4/29-6/10	7 wks
#YATEN.12	4:30-6:30 PM	M/W	5/24-6/14	4 wks



#### MASTER K'S KARATE

At Master K's Karate, located at 50658 Van Dyke Ave., students gain confidence and social skills in a caring, structured environment geared for enjoyment. The supervised atmosphere emphasizes encouragement, safety and fun in non-contact classes. Wear comfortable clothes and bring a smile. Register now with Shelby Township Parks and rec at *register.shelbytwp.org*.

#### **Little Dragons**

This introductory class focuses on promoting a positive first experience with the martial arts. Training touches on basic stances, kicking, blocking, punching and self-defense utilizing self-control while building self-esteem. The class is limited to 15 students.

Ag	es 4-5	Four-week class	\$45 res	sident, \$	52 nonresident
#Ÿ.	AKAR.01	5-5:30 PM	M	3/6	4 wks
#Y.	AKAR.02	5-5:30 PM	M	4/3	4 wks
#Y.	AKAR.03	5-5:30 PM	M	5/1	4 wks

#### **Young Dragons**

"Young Dragons" is a beginner course designed as a positive introduction to the martial arts. Training touches on basic stances, kicking, blocking, balance, coordination and self-defense. Uniform not required. Class limited to 20 students.

Ages 6-11	Four-week class	\$50 resident, \$57 nonresiden
#YAKAR.04	4:45-5:30 PM	Th 3/2 4 wks
#YAKAR.05	4:45-5:30 PM	Th $4/6$ 4 wks
#YAKAR.06	4:45-5:30 PM	Th $5/4$ 4 wks
#YAKAR.07	10:15-11 AM	Sa 3/4 4 wks
#YAKAR.08	10:15-11 AM	Sa $4/1$ 4 wks
<b>Ages 6-11</b> #YAKAR.09	Three-week class	<b>\$39 resident, \$46 nonresiden</b> Sa 5/6 3 wks

#### **NEW Karate for Families**

A beginner's class to bring the whole family together to learn about karate, make memories, exercise and learn something new. Parents will have the opportunity to connect with their kids, learn with them and meet other adults. Training touches on basic stances, kicking, striking, blocking, balance, coordination and self-defense. Family participants must reside in the same household.

#### \$50 resident, \$57 nonresident for first family member \$30 resident, \$37 nonresident for each additional family member #AAKAR 16 11:15 AM-noon Sq. 3/4 4 wks

#AAKAR.16 11:15 AM-noon Sa 3/4 4 wks #AAKAR.17 11:15 AM-noon Sa 4/1 4 wks

#### **Karate for Adults**

Get in shape while learning karate and self-defense. Wear loose clothing for this fun, non-contact beginner's class. Work at your level and increase focus, balance, control and strength while learning valuable martial arts techniques. Relieve stress and achieve greater self-confidence.

Ages I2+	\$50 resident, \$57	nonresid	lent	
#AAKAR.01	7:15-8:15 PM	M	3/6	4 wks
#AAKAR.02	7:15-8:15 PM	M	4/3	4 wks
#AAKAR.03	7:15-8:15 PM	M	5/1	4 wks
#AAKAR.04	7:15-8:15 PM	T	3/7	4 wks
#AAKAR.05	7:15-8:15 PM	T	4/4	4 wks
#AAKAR.06	7:15-8:15 PM	T	5/2	4 wks

#### Kickboxing Workout

Get into shape with this high energy, no contact workout that introduces kickboxing techniques and exercises. Learn the proper way to kick, punch and perform combinations taught by a black belt instructor. This is not an aerobics class. Wear loose clothing. Specific hand protection recommended (available through Master K's).

Ages 14+	\$50 resident, \$5	7 nonresid	ent	
#AAKAR.07	8:30-9:30 PM	Th	3/2	4 wks
#AAKAR.08	8:30-9:30 PM	Th	4/6	4 wks
#AAKAR.09	8:30-9:30 PM	Th	5/4	4 wks
#AAKAR.10	7:15-8:15 PM	T	3/7	4 wks
#AAKAR.11	7:15-8:15 PM	T	4/4	4 wks
#AAKAR.12	7:15-8:15 PM	T	5/2	4 wks

#### **Co-ed Boxing Workout**

Get into shape with this high energy, no contact workout that introduces boxing techniques and exercises. Learn the proper way to punch and perform combinations. This is not an aerobics class. Wear loose clothing. Specific hand protection recommended (available through Master K's).

Ages 14+	Four-week class	\$50 r	esiden	t, \$57 nonı	resident
#AAKAR.13	9-10 AM	Sa	3/4	4 wks	
#AAKAR.14	9-10 AM	Sa	4/1	4 wks	

**Ages I4+**#AAKAR.15

Three-week class
9-10 AM

\$39 resident, \$46 nonresident
\$a 5/6 3 wks

#### MARIA MARINO'S

#### EMPOWER Studio is located at 15923 Angelo Dr.

#### Yoga

Build a dynamic foundation of yoga postures to increase flexibility, strength and muscle tone with a more peaceful mind. All skill levels and ages are welcome.

\$44 resident, \$51 nonresident.

#AAYOGA.01 7:30-8:30 PM		Th	3/9	4 wks
\$65 resident, \$72 nonresident.				
#AAYOGA.02	7:30-8:30 PM	Th	4/6	6 wks

#### **Z**umba

Zumba mixes salsa, cha-cha, samba, meringue, calypso, hip-hop and belly dancing with international flair for a dynamic and effective fitness system. Routines feature aerobic fitness interval training with fast and slow rhythms to burn calories and fat, and sculpt your body. Dance experience is not necessary with instructor Michele Meckl.

\$40 resident, \$47 nonresident

#AAZUMB.01	7:30-8:30 PM	W	3/8	4 wks
\$60 resident, \$67 i	nonresident		,	
#AAZUMB.02	7:30-8:30 PM	W	4/5	6 wks

#### Cardio Mix & More

This challenging workout mixes cardio, kickboxing, interval training and total-body sculpting.

Twice a week \$72 resident, \$79 nonresident Once a week \$36 resident, \$43 nonresident

#AACARD.01 6:30-7:30 PM 4 wks Twice a week \$108 resident, \$115 nonresident Once a week \$54 resident, \$61 nonresident 6:30-7:30 PM

#AACARD.02

**Interval Training** 

This workout alternates segments of cardio and weight training. These simple but challenging moves maximize calorie burning by raising and lowering heart rate.

Twice a week \$72 resident, \$79 nonresident Once a week \$36 resident, \$43 nonresident

#AAINTER.01 9:30-10:30 AM 3/6 4 wks

Twice a week \$108 resident, \$115 nonresident Once a week \$54 resident, \$61 nonresident

#AAINTER.02 9:30-10:30 AM

#### LABLAST FITNESS

**NEW** Created by Emmy-nominated choreographer and "Dancing with the Stars" pro, Louis van Amstel, "LaBlast Fitness" is a dance fitness program based on ballroom dances. The class is partner free and includes music from every era and genre. Participants begin to understand rhythm through clapping, then choose their own intensity by adding plyometric movements or weights as they see fit.

\$60 resident, \$67 nonresident

Free demonstration class

#AADLASI.UI	0:30-7:13 PM	ın	3/2	i aay
Class				
#AABLAST.02	7-8 PM	Th	3/23	4 wks

#### DANCE PARTY FITNESS

**NEW** Get your body moving to salsa, cumbia, belly dancing, bollywood and hip-hop with music from around the world. Follow @ZumbawithRadha on Instagram for routines that will be used in class. All fitness levels are welcome. Classes take place at the Shelby Township Activities Center at 14975 21 Mile Road.

**\$56 resident, \$63 nonresident** #AADANCE.01 6-7 PM

3/7 8 wks

#### CHAIR YOGA

Enjoy the benefits of yoga from the comfort of your chair. Chair Yoga uses basic yoga poses while seated or standing with the support of a chair. It emphasizes deep breathing, posture and form, stretch, and inner wellness. Yoga postures increase flexibility, strength and muscle tone while relaxing the mind. All skill levels and ages are welcome, and the class meets at the Shelby Township Activities Center at 14975 21 Mile Rd.

\$36 resident, \$43 nonresident, \$11 walk-in

#AACHAIR.01	9-10 AM	Sa	3/4	6 wks
#AACHAIR.02	9-10 AM	Sa	4/15	6 wks

#### **Circuit Blast**

Move from station to station for an intense calorie-burning workout utilizing various equipment including medicine balls, bands, steps and more.

\$36 resident, \$43 nonresident

#AACIRC.01 9:30-10:30 AM 3/10 4 wks \$54 resident, \$61 nonresident #AACIRC.02 9:30-10:30 AM 6 wks

#### Sweat, Tone & Sculpt

This class creates a serious workout with low-impact exercises to burn calories and strengthen muscles. It's a sweat-inducing workout you'll love.

\$36 resident, \$43 nonresident

#AASWEAT.01 Th 3/9 6:15-7:15 PM \$54 resident, \$61 nonresident Th #AASWEAT.02 6:15-7:15 PM 4/6 6 wks

#### **Strength & Tone**

This no-impact, east-to-follow workout utilizes light weights to strengthen muscles and bones.

\$36 resident, \$43 nonresident #AATONE.01 9-10 AM

4 wks \$54 resident, \$61 nonresident #AATONE.02 9-10 AM Th 4/6 6 wks

#### Cheer Camp

6 wks

Cheerleaders learn sideline cheers and chants, arm-motion technique, proper posture, jumps, kicks, and more. This camp encourages children to exercise while building self-esteem and confidence and making friends. Children will be grouped according to age.

Ages 5-10 \$65 resident, \$72 nonresident

#YACHEER.01 10 AM-NOON M/T/W/Th 7/24-7/27



#### **AEROBICS, STRENGTHENING & STRETCH**

This upbeat class incorporates dancing and aerobic moves with weights, elastic bands and chair exercises. Equipment provided. The maximum is  $15\,$ participants. Classes are held at the Shelby Township Activities Center at 14975 21 Mile Rd.

\$48 resident, \$55 nonresident

#AASTRET.01 6-7 PM 3/16 6 wks

#### TAI CHI

Tai Chi is a form of moving meditation consisting of slow, graceful movements that can improve balance, increase circulation and reduce daily stress. It also strengthens the body and mind. Instructor Vicki Norman will help you experience the many benefits of Tai Chi. This class is for all ages & very popular, so enroll now. No equipment is necessary and there is no floor work, but please wear loose clothing. Classes meet at the Shelby Township Activities Center located at 14975 21 Mile Road and are run by Certified Yang Style instructor Vicki Norman.

\$90 resident, \$97 nonresident

7-8 PM 3/14 8 wks #AATAI.03 #AATAI.02 7-8 PM 5/9 8 wks Τ

#### **POUND FITNESS**

Come experience this invigorating, full-body workout that combines strength training, conditioning and cardio while drumming with lightly weighted drumsticks. Designed for all fitness levels and ages 12 and older, "POUND" provides a great atmosphere for toning up and having fun. Dress comfortably and bring a yoga mat. Classes are held at the Shelby Township Activities Center at 14975 21 Mile Road. Maximum class size is 20 participants. Contact Jenn at jennifer0372@yahoo.com.

\$117 resident, \$124 nonresidents, \$9 drop-in

#AAPOUND.01 3/14-5/30 7-8 PM 12 wks

20 wks

#### **BODY IMAGES**

#### 51204 Danview Technology Ct BodylmagesFitnessCenter.com

Classes begin March 13, and sessions last three months. You can take any class, any day, any time.

**Fit Bootcamp** 

Three-month 10-class package #AABODY.01

Three-month unlimited package

Six-month unlimited package #AABODY.03

#AABODY.02

\$279 resident, \$286 nonresident

\$529 resident, \$536 nonresident

\$169 resident, \$206 nonresident **Bodypump** 9:15-10:15 AM M/W 6-7 PM

T/Th

M/W 7-8 PM NEW 10-10:45 AM Sa

This class is a 45-minute workout that focuses on improving your cardio, toning your arms, legs and butt, as well as core conditioning. You work through boxing, partner drills, medicine balls, TRX, BOSU and much more. Work at your own pace as all levels are welcome.

This weight class is for everyone and will make students toned, lean and fit. Using light to moderate weights, with lots of repetition, it features a totalbody workout that burns calories. The class features motivational instructions and upbeat music. It is perfect for any fitness level. Our instructors are certified, so join today.

#### **NEW Cardio/Core/Chisel** 6-6:45 PM M

This 45-minute circuit training class focuses on toning and conditioning your "buns, guns and core." Through strength training exercise and short-burst cardio, you'll scorch calories for maximum results. All levels of fitness are welcome.

#### **NEW Pound and Pump** 9:30-10:15 AM F

This full-body cardio jam session combines light resistance with constant simulated drumming. The workout fuses cardio, Pilates, strength movements, plyometrics and isometric poses. Through continual upper-body motion using our lightly weighted drumsticks, you'll turn into a calorie-torching drummer.

#### 6-6:45 PM Let's STEP!

This full-body cardio workout gets everyone energized. Basic stepping is the heart of this fun 45-minute class and is as easy as walking up and down the stairs. It will tone your hips, thighs and butt. This low-impact workout is for all levels of fitness.

#### **Pound Unplugged** 8-8:45 AM Sa

This class balances focused, high-intensity movements with restorative stretches, rhythmic breathing and meditation. This workout uses exercise drumsticks and guides you through an intentional, rhythmic journey to promote health and fitness - mentally, physically and emotionally. This class is for everyone. This class alternates with the Barre class on Saturdays.

9-10 AM

#### Move it, Shake it, Tone it 5-5:45 PM

This low-impact, all-ages class goes from warm-up to "move it" with cardio segments and then to "tone it" with strength and toning segments with threeto five-pound handheld weights. The "shake it" part is up to you. All fitness levels are welcome.

#### **Barre** 8-8:45 AM Sa

Barre is a hybrid workout class combining ballet with Pilates, dance, yoga and strength training. All fitness levels are welcome for this amazing workout. This class alternates with the Pound Unplugged class on Saturdays.

#### DREAM DANCE CO

51756 Van Dyke Ave. Shelby Township 48316 - 586-488-7011 - Annie@DreamDanceCo.net

#### **Discover Dance**

Discover imaginative play with singing, structured explorations and skill development. Discover Dance IS an outlet for creative expression, physical growth and social interaction with multiple styles of dance.

Ages 2-3 \$200 resident, \$207 nonresident

#YADDC.01 10-10:30 AM 20 wks

### Dreama Ballerina I

Dreama Ballerina is an introduction to dance covering ballet and tap basics through discovery and imagery to build self-awareness and an ability to comprehend dance skills. Lessons enhance listening skills, spacial awareness, structure and social skills, and create confidence and friendships.

\$200 resident, \$207 nonresident Ages 3-5

#YADDC.02 6:45-7:15 PM 20 wks Т 3/7#YADDC.03 5:30-6 PM Th 3/9 20 wks

#### Jazz Pizazz

Jazz Pizazz is a fun, high-energy class that explores the basics of jazz. Perfect for children who have tons of energy and love fast-paced movement. Watch your dancer beam with happiness as they gain new skills and selflove.

**Ages 4-5** \$200 resident, \$207 nonresident

#YADDC.04 11:30 AM-Noon 20 wks Sa 3/11

#### **Tiny Tumblers**

Children learn gymnastics and acro fundamentals. Dancers will get to jump, tumble, roll, balance and more. Build strength, flexibility and gymnastics skills.

Ages 4-5 \$200 resident, \$207 nonresident

#YADDC.05 6:15-6:45 PM 20 wks **#YADDC.06** Noon-12:30 PM 3/11 20 wks Sa

#### Tiny Tappers

This class is an introduction to tap for our younger dancers.

Ages 4-5 \$200 resident, \$207 nonresident

20 wks **#YADDC.07** 5-5:30 PM

Learn classical jazz styles as well as modern styles with a multitude of jumping and turning skills. Class will consist of a jazz warm up, progressions and combinations.

\$236 resident, \$243 nonresident Ages 6-9

#YADDC.08 6:45-7:30 PM 20 wks

Lyrical

Lyrical dance uses the techniques from both ballet and jazz, while portraying a story to the audience. Lyrical is extremely technical, and it emphasizes fluidity, grace and the ability to express your emotions while dancing.

Ages 6-8 \$200 resident, \$207 nonresident

#YADDC.09 6:45-7:15 PM 3/8 20 wks W

\$236 resident, \$243 nonresident Ages 9+

20 wks #YADDC.10 7:15-8 PM

#### **Acro**

Acro dance is a combination of tumbling, limbering and balancing skills. Dancers gain strength and progress quickly in other areas with acro training. Skills are first taught on the mats and then moved onto the floor.

Ages 6-9 \$236 resident, \$243 nonresident

**#YADDC.11** 5-5:45 PM Τ 20 wks

Ages 10-18 \$236 resident, \$243 nonresident #YADDC.12 6-6:45 PM Th

Hip-Hop

With a fusion of jazz styles and street dancing, students learn isolations, tutting, popping, locking and other moves unique to hip-hop dance. Hip-hop helps with strength, coordination and quick rhythm.

Ages 9+ \$200 resident, \$207 nonresident

20 wks #YADDC.13 5:45-6:15 PM M 3/6

#### **Tap**

Tap dance increases musicality, rhythm and coordination. Students will learn how to make different rhythms with their feet and put those rhythms to music. Tap class consists of warm up, center floor and combinations.

\$200 resident, \$207 nonresident Ages 6-9

#YADDC.14 6:15-6:45 PM 20 wks

#### **Ballet**

Ballet is a classical style of dance where dancers will learn the basics of ballet technique and proper body placement. Ballet is a slower pace dance style with a structured setting.

\$236 resident, \$243 nonresident Ages 6-8

#YADDC.15 6-6:45 PM W 3/8 20 wks

#### **GRACEFUL MOVES DANCE**

Classes are held at 54728 Shelby Rd, inside Rainbow Plaza

A leotard, tights and proper style of dance shoes are required for all classes. Male dancers may wear gym shorts and t-shirt. Ballet skirts and shorts are acceptable for some classes if they are worn over tights and a leotard. Please have long hair in a ponytail or bun. All spring classes run 3/6-4/29. No classes 4/2-4/9. One week free, get seven classes for the price of six.

#### Child's 1st Dance Class - Creative Movement

This class is a great first dance class for both boys and girls. Children learn movement, basic dance techniques and terminology while following instructions. This class does not allow parents in the classroom and is a perfect way for children to practice separation from parents before they enter pre-school. Shoes: Juliet, Lily or Daisy style in pink for girls and black for boys. Any soft, clean, non-slip shoe is also acceptable. No slippers. Dress: leotard and tights for girls, skirts optional. Gym shorts and t-shirt for boys. No baggy pants allowed.

#### Ages 2-3.5 \$68 resident, \$75 nonresident

#YAGRACE.01	4:50-5:20 PM	W 3	/6-4/24	7 wks
<b>#YAGRACE.02</b>	10-10:30 AM	Sa 3	/11-4/29	7 wks

#### **Prima Ballerinas**

This class teaches the beginning fundamentals of ballet with the fun of fairy tales and princesses. Shoes: Juliet or Lily style leather ballet shoes in pink for girls and black for boys. No slippers. Dress: leotard and tights for girls, skirts optional. Gym shorts and t-shirt for boys. No baggy pants allowed

#### Ages 3.5-5 \$68 resident, \$75 nonresident

#YAGRACE.03	6:20-6:50 PM	T 3	/7-4/25	7 wks

#### Young Ballerinas

This class teaches the beginning fundamentals of ballet with the fun of fairy tales and princesses. Shoes: Juliet or Lily style leather ballet shoes in pink for girls and black for boys. No slippers. Dress: leotard and tights for girls, skirts optional. Gym shorts and t-shirt for boys. No baggy pants allowed.

#### \$68 resident, \$75 nonresident

<b>#YAGRACE.04</b>	5:45-6:15 PM	T	3/7-4/25	7 wks

#### Tap/Ballet Combo

This class will teach ballet and tap steps, how to count music, proper dance technique and dance terminology. In addition, dancers will learn to make rhythmic sounds using new rhythm tap and ballet essentials. Shoes: Mary-Jane style tap shoes in tan with buckle. Also Juliet, Lily or Daisy style ballet shoes in pink for girls or black for boys. Dress: leotard and tights for girls, shorts or skirts required. Gym shorts and t-shirt for boys. No baggy pants allowed.

#### Ages 3.5-5 \$88 resident, \$95 nonresident

#YAGRACE.05	5:40-6:25 PM	M 3	3/6-4/24	7 wks
#YAGRACE.06	5:25-6:10 PM	W 3	8/8-4/26	7 wks

#### BABYSITTER CERTIFIED CPR/FIRST AID

Ages 9 and older learn to be safe, responsible and confident while building a competitive edge over other babysitters. Topics include first aid, knowing when and how to call 911, CPR with a practice dummy, choking, and more. Students completing the course earn certifications in babysitter safety, CPR and first aid. Students also learn to be safe and responsible when home alone, including what to do if somebody comes to the door or asks for personal information. Bring a snack. Class meets at the Shelby Township Activities Center at 14975 21 Mile Road. For more information, visit livesafeacademy.com/babysitting.

#### \$50 resident, \$57 nonresident

#BABY.01	5:30-8:30 PM	W	3/22	1 day
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#### TRAUMA INFORMED S.E.L.F

Learn what trauma is, how it affects people, how to recover, and how to build resilience. We will cover the difference between childhood trauma and adult trauma. You will learn the power of the S.E.L.F. process to identify, understand, engage, and help yourself and others. With the mental health crisis this class is a must. Class is held at the Shelby Township Activities Center at 14975 21 Mile Rd. For more information, email info@daniellebernock.com.

#### \$25 residents, 32 nonresidents

#### **BELLY DANCING**

Classes are at the Shelby Township Activities Center at 14975 21 Mile Rd. Please contact Lori at *underthemoonbd@gmail.com* or 586-803-1918.

### Level I & 2 – Basics and Beyond......Ages I6+

Belly dancing is a wonderful form of exercise and expression. Meet new people while learning various choreographies. There will be an opportunity to perform in a show in October. Please dress comfortably.

#### \$36 resident, \$43 nonresident

#AABELLY.01	6-6:55 PM	W	3/8	6 wks
#AABELLY.02	6-6:55 PM	W	4/26	6 wks

#### Performance Group.....Ages 16+

Perfect your moves, learn new ones and get a step up in choreography. Lessons will offer different dance styles and teach how to layer moves to various music. There will be performance opportunities available. This class is by invite only from the instructor.

#### \$48 resident, \$55 nonresident

#AABELLY.03	7:05-8:30 PM	W	3/8	6 wks
#AABELLY.04	7:05-8:30 PM	W	4/26	6 wks

#### LINE DANCING

Join this popular class and learn how to line dance. Whether you are a beginner or an experienced dancer, this is the class for you. Lessons occur at the Shelby Township Activities Center at  $14975\ 21$  Mile Road. No class 5/29. Max of 75 dancers per class. Class fills up fast, register early.

#### \$42 resident, \$49 nonresident

#AALINE.01	6-8 PM	M	3/6	7 wks
#AALINE.02	6-8 PM	M	4/24	7 wks

#### A-1 STUDIO

#### a 1 musics tudios.com

A1-Studios offers one-on-one music lessons in the comfort of your own home. Lessons last 30 minutes a week and are available in piano, keyboard, guitar and drums. Learn from an instructor with more than 40 years of full time teaching experience. From beginner to advanced levels, students will learn music theory as well as pop, rock and classical music. Rentals are available for those without an instrument. For all ages. Contact Shelby Township Parks and Recreation at 586-731-0300 to set up a time and day for lessons.

#### \$99 resident, \$106 nonresident

#MUSIC.01

#### SELF-DEFENSE FOR CHILDREN

4 wks

A child's safety could depend on recognizing a threat and responding effectively. This fun, interactive, age-appropriate workshop teaches essential, life-saving information about the threats facing our children, strategies for prevention, and real-world techniques designed to reduce their risk of abductions, assaults, and other forms of violence. This program teaches students that they have the right to be safe, that no one has the right to hurt them and that they are worth protecting. The class is for ages 6-10 and meets at the Shelby Township Activities Center. For more information, visit livesafeacademy.com/childsafety.

#### Ages 6-11 \$20 resident, \$27 nonresident

#YASELF.01 5:30-6:30 PM W 3/29 I day

#### SELF-DEFENSE FOR WOMEN

You do not have to spend years training in an expensive self-defense program. Instead, learn simple, life-saving skills from programs designed to increase your safety after only one class. Our hands-on courses teach time-tested, realistic methods that are easy to understand and remember. This course puts safety first and instills confidence by building on success. Participants reduce stress, have fun and learn according to their rate of progression. No previous training is required. While this class is open to students 12 and older, we discuss serious topics openly and professionally. Minors should be accompanied by a participating adult when possible. Unpaid spectators are not allowed. Participants must have a release and hold harmless agreement signed by a legal guardian before class. Class meets at the Shelby Township Activities Center at 14975 21 Mile Road. For more information, visit livesafeacademy.com/selfdefense.

#### Ages 12+ \$35 resident, \$42 nonresident

#AASELF.01	6:30-8:30 PM	W	3/29	1 day
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#### ADULT SOFTBALL

#### ASA Certified - Slow Pitch Leagues Held at Mae Stecker Park - 8600 24 Mile Road

Registration for returning teams, same season and division as the previous year, begins Feb. 23. Registration for new teams begins March 3. Play for all divisions begins the week of April 30. Contact Mike Adams at 586-731-0300 or email madams@shelbytwp.org for more information. A manager's meeting for registered teams takes place before the start of the season.

- Non-refundable team fees must be paid in full. Spaces for teams cannot be held without full payment by credit card, cash, check or money order.
- All teams in all leagues must pay a \$20 per game umpire fee before each game. Doubleheader umpire fees are \$40. Umpire fees are payable to the umpire by each team before each game.
- All leagues include game balls, 12 T-shirts for season champions, and 12 T-shirts plus a trophy for playoff champions.
- A \$50 forfeit fee is assessed upon forfeit for each game forfeited. Forfeit fees must be paid before a team can play its next game.
- All leagues are open leagues.

Men's Double-Header League – The season includes 11 double-headers (22 games) and playoffs. Games take place at 6:20 p.m., 7:30 p.m., 8:40 p.m. and 9:50 p.m. weekdays. Sunday games begin at approximately 2:30 p.m. The home run rule allows each team two home runs. Following the second home run, the one up rule takes effect.

Coed League - The season includes 12 regular-season games and singleelimination playoffs. Games start at 6:20 p.m., 7:30 p.m., 8:40 p.m. and 9:50 p.m. Mondays.

\$600

#AASOFT.01 Monday night

#AASOFT.02

**Tuesday night #AASOFT.03** Wednesday night #AASOFT.04 Thursday night #AASOFT.05

#### Sunday afternoon

#### RAP 7 BALL INTRODUCTION MEETING

In the Spring of 2023, the Shelby Township Parks, Recreation and Maintenance Department introduces RAP7, a new and exciting hybrid of baseball and cricket. To learn the game, join us for an informational meeting and exhibition game Saturday, May 20, at the Shelby Township

Activities Center at 14975 21 Mile Road, Attend this event with a maximum of three members of your team. The meeting starts at 3 p.m. with light refreshments served after the exhibition game. The league will begin in mid-June at the Shelby Township Activities Center. With the participation

of a minimum of six teams, the winning team wins \$500 cash. If there are 10 or more teams, a cash prize of \$1,000 goes to the winner. To attend the free meeting, call 586-731-0300 and register by May 15 or email madams@shelbytwp.org. For more information, visit youtu.be/JqMhe7Fo91M







# SHELBY TOWNSHIP SENIOR CENTER

#### **PICKLEBALL**

The senior center offers many different pickleball opportunities, from full games inside and outside to lob machine practice. Check out the most up-to-date pickleball schedule information online at **shelbytwp.org/seniors** or in our newsletter.

#### **VETERAN SERVICES**

The senior center is excited to welcome back Darryle Johnson, an accredited services officer from the Macomb County Office of Veterans Services Department. If you need help with veterans services and benefits, you can see him 9 a.m.-2 p.m. on the first and third Thursday of the month without an appointment. All ages welcome.

#### **GYM**

Our senior center hosts many activities in the gym. We have daily pickleball and walking. Check out the schedule in the current senior center newsletter or check our website, shelbytwp.org/seniors for the most up to date information.

#### **CARD GAMES**

We are playing all kinds of card games at the senior center. We play Euchre, Pinochle, Hand and Foot, Shanghai Rummy, and Bridge. Check the calendar at *shelbytwp.org/seniors* for specific days and times for the games that interest you.

Shelby Township Senior Center 14975 21 Mile Road 586-739-7540 seniors@shelbytwp.org shelbytwp.org/seniors

OPEN: 8:30 AM-5 PM, Mon-Fri

Closed: Saturday & Sunday

The senior center will be closed:

- April 7 for Good Friday
- May 29 for Memorial Day

The senior center will be open Saturday, April 15, from 9 a.m.-Noon to allow those unable to make it during the week a chance to renew their memberships.

# Join the Shelby Township Senior Center

The Shelby Township Senior Center has a variety of activities for adults age 50 and older to help keep residents mentally, physically and socially healthy.

You must register as a Shelby Township Senior Center member every year to participate in events and activities. The cost is \$5 for Shelby Township and Utica residents or \$10 for non-residents.

Our services include transportation, a free community loan closet for medical equipment, mental stimulation with puzzles and brain teasers, physical activity and organizations to promote socialization.

The most up-to-date senior center information is found in the senior center newsletter. Find it online at shelbytwp.org/seniors or pick up a paper copy at the front desk.

#### **CLUBS & CLASSES**

#### **B**ingo

10 AM | Mondays

#### **Brain Games**

1 PM | 2nd & 4th Tuesdays

#### **Knit & Crochet**

11 AM | 2nd & 4th Wednesdays

#### Quilting Group

12:30 PM | 1st & 3rd Wednesdays

#### Genealogy

1 PM | 3rd Wednesday

#### **NEW Mexican Train Dominoes**

10 AM | Thursdays

#### **Greeting Card Class**

10 AM | Check calendar for dates at shelbytwp.org/seniors

#### Craft Class

10 AM | Check calendar for dates at shelbytwp.org/seniors



Registration required. Register at **586-739-7540** or by stopping by the front desk.

#### **EVENTS**



#### **COMPUTER CLASSES** 1-3 PM | MARCH 1 - APRIL 5

\$50 | 6 WEEK CLASS

Do you have a computer that you need help using? Join our beginning computer class and learn basic computer skills. Our patient instructor will guide you using our laptops. Advance registration is required.

#### PANCAKE BREAKFAST

9 AM | WED, MARCH 8 **\$3 DONATION** 

The Aktion Club hosts a delicious pancake breakfast at the senior center.

#### **EASTER EGG STUFFING**

9:30 AM | TUE, MARCH 14

Join the senior center as we stuff eggs for the township's Easter events. Afterwards, we'll enjoy some pizza. Stop by the front desk if you would like to participate.



#### **PIE DAY**

#### 11:30 AM-NOON | TUE, MARCH 14 WHILE SUPPLIES LAST

March 14 marks the annual celebration of the mathematical sign pi. The date of March 14 was chosen because the first three digits of pi are 3.14. Join us for some pi day fun with a slice of pie, while supplies last. Thanks to our pie donors: Town Village of Sterling Heights, Comfort Keepers, Oakleigh of Macomb, Shelby Manor, Shelby Crossing and Alcon Insurance. Please let us know you'll be here.



#### **NEW BETTER FOUNDATIONS -ART WITH TONY**

9 AM-NOON | 6 CLASSES | \$70 MARCH 16, 23, & 30 | APRIL 13, 20 & 27

Join award-winning artist, Tony Warren, as he guides us in the basics of art foundations.

#### PREMIER WORLD DISCOVERY TRAVEL PRESENTATION

10 AM | TUE, MARCH 21

We are excited to be able to offer our members trips through Premier World Discovery. Stop in and meet Tracey, our representative. Tracey will share details on the upcoming trips and travel opportunities. Bring your questions and suggestions for new places.



#### **PUZZLE DAY #2**

1 PM | MON, MARCH 27

Our first puzzle competition was so much fun, we decided to do it again. Work on your own or gather a team of up to three people. We'll provide 300-piece puzzles and snacks. Please register in advance.



#### TAKE ME OUT TO THE **BALLGAME LUNCHEON**

11 AM | THU, MARCH 30 | \$12

We welcome back Marty Gitlin, who will share an enlightening journey through Detroit baseball history. We'll enjoy some video highlights and hear fascinating stories while enjoying a delicious hot dog luncheon and ballpark treats. Thank you to our sponsors, Baldwin House - Lakeside and Brookdale Senior Living.



#### **RED CROSS BLOOD DRIVE**

1:30-7 PM | THU, APRIL 13

Time for another American Red Cross Blood Drive. Appointments are preferred to schedule staff adequately. Please call the senior center or go to redcrossblood.org to make your appointment today.

#### **HAPPY BIRTHDAY 65!**

10 AM | SAT, APRIL 15

Are you or someone you know turning 65 this year? Join us for a presentation presented by the Michigan Medicare Medicaid Assistance Program. Topics will include: understanding Medicare insurance needs, comparing Medicare drug plans, explaining Medicare Advantage plans, reviewing Medigap coverage choices and applying for help to pay Medicare coverage.



#### **SPRING BRUNCH** 10 AM | THU, APRIL 20 | \$14

Enjoy a delicious breakfast brunch while listening to pianist and singer Matthew Ball as he plays New Orleans boogie-woogie and swing music. Traditional breakfast fare will be served. Thank you to our sponsors, Town Village of Sterling Heights, Sullivan Funeral Home and Comfort Keepers.



### SENIOR PROM DINNER DANCE

5 PM DOORS | 5:30 DINNER | \$20 THU, APRIL 21 | DANCING FOLLOWS DINNER

Put on your dancing shoes and join us for a wonderful evening of a buffet dinner, friends and dancing to the music of Phase 2. No partner needed.

#### **UPCOMING TRIPS**

#### March 22 Firekeepers

\$53 (includes \$25 slot play and \$5 food credit)

**April 24-25 Ark Encounter** \$419 (double occupancy)

May 15-18 Springtime in the Smokies \$1,145 (double occupancy)

June 7-9 Mackinac Island Lilac Festival \$850 (double occupancy)

June 21-22 Oak Ridge Boys & **Shipshewana** 

\$379 (double occupancy)

July 20 A Day in the D \$109

Aug. 14-21 Canadian Rockies

\$4,899 (double occupancy including air transportation)

Aug. 23 Huron Lady

Sept. 12-20 South Dakota National Parks

\$2,799 (double occupancy)

#### GROUP FITNESS

Check out our group fitness line up and drop-in for an instructor-led class for \$3 per class. No advance registration is required. Occasional cancellations occur to accommodate programming or instructor schedules. Refer to the detailed calendar in the Shelby Township senior newsletter.

Zumba Gold 11:30 AM Mon This workout incorporates dance and fitness routines set to Latin music. Zumba Gold is performed at a reduced intensity but still burns many calories.

Balance Class 1-2 PM Mon This medium-impact class uses different techniques to strengthen the core and to build balance and coordination.

**Aerobics** 10-11 AM Tue & Fri This class is our highest level of impact and focuses on aerobic moves.

Line Dance 1-2 PM Tue This class introduces line dance to participants.

Chair Exercise 10-11 AM In this low-impact aerobic class, you sit in a chair for most of the class.

NEW Tai Chi 2:30 PM

This beginner class helps improve your quality of life, especially for those suffering from arthritis. Tai chi is great for body posture and increases strength and flexibility.

Yoga 1-2 PM Thυ This well-rounded mat yoga class includes standing and balancing postures and stretches on the mat. This class is designed to increase flexibility, strength and balance. Please bring your mat.

**Chair Yoga** 2:15-3:15 PM This class is designed for people who have mobility challenges but would still like to experience the benefits of yoga. This class will use the wall and the chair for support and will not be on the floor.

**Drum Class** 11 AM-Noon Fri Make exercise fun as Rhonda leads us with drum sticks and an exercise ball as this class combines sitting and standing exercises with music. All equipment is provided.

#### PARTIES AND DANCES

The Senior Center hosts monthly parties and special events. Check the Senior News for detailed information on the most current events.



Burgess-Shadbush Nature Center 4101 River Bends Drive 586-323-2478 shadbush@shelbytwp.org OPEN: 10 AM-6 PM, Wed-Sat

Closed: Monday & Tuesday

#### **VOLUNTEER AT THE CENTER**

12-5 PM Sun

No matter your passion, the Burgess-Shadbush Nature Center can help you explore it as a nature center volunteer.

The center has options for high school students looking for service hours, projects for scouts, and jobs like tending our gardens and taking care of our animals that everyone can enjoy.

In addition to individuals, the nature center also has more extensive group opportunities for classrooms or businesses. Volunteers must be at least 16 years of age. Individuals in a group volunteer project may be younger but must have adult supervision at all times.

Fill out a volunteer form at shelbytwp.org/nature, call 586-323-2478 or email shadbush@shelbytwp.org.

# Celebrate birthdays at the nature center

You can hold your child's next birthday party at the Burgess-Shadbush Nature Center. The party includes close encounters with live animal ambassadors and a guided nature hike. In the event of inclement weather, a craft will replace the hike. Your reservation will include the use of our multi-purpose room for four hours. The room holds about 40 adults and children.

#### **GUIDED HIKES**

Join us for a guided hike on our beautiful trails led by one of our knowledgeable naturalists. Dress appropriately for weather conditions. **Free** 

#### Free

#NCHIKE.12	2-3 PM Su	3/26
#NCHIKE.14	2-3 PM Su	4/23
#NCHIKE.15	2-3 PM Su	5/7
#NCHIKE.16	2-3 PM Su	5/21

#### NATURE TALES & STORYTIMES

#### Nature Tales for Pre-Schoolers...Ages 3-5

Little explorers enjoy a one-hour nature program with a seasonal story, rhyme, snack and hands-on activity. Designed for ages 3-5, participants must be accompanied by an adult. Tales take place on select Thursdays. Pre-registration required.

#### \$2 resident child, \$3 nonresident child

72 resident cinia, 75 nomesident cinia			
DATE	10:30-11:30 AM	1:30-2:30 PM	
3/2	#NCTALES.23	#NCTALES.24	
3/16	#NCTALES.25	#NCTALES.26	
4/6	#NCTALES.27	#NCTALES.28	
4/20	#NCTALES.29	#NCTALES.30	
5/4	#NCTALES.31	#NCTALES.32	
5/18	#NCTALES.33	#NCTALES.34	

#### Saturday Storytime Adventure...Ages 3-5

Start your pre-schoolers weekend with an outdoor adventure. We begin with a nature-themed story followed by an animal meet-and-greet before we head outside for a short hike. Designed for ages 3-5, participants must be accompanied by an adult. Registration is required.

#### \$2 resident child, \$3 nonresident child

# SATSTORY.7	11 AM-Noon	Sa	3/11
# SATSTORY.8	11 AM-Noon	Sa	4/8
# SATSTORY.9	11 AM-Noon	Sa	5/13

For more information on all nature center events and programs check out our calendar at **shelbytwp.org/nature**.

#### **EVENTS**

#### **Breakfast with the Birds**

Join our naturalists as we identify birds at our bird feeders. Learn about a variety of backyard bird species while enjoying coffee, hot cocoa and delicious breakfast pastries. Then make your own bird treat to hang in your backyard. All ages and birding skills are welcome. This will be a great introduction to birding for anyone interested in this fun outdoor hobby. Preregistration required.

Ages 2 and under free. \$3 per resident, \$5 per nonresident #NCBREAK.01 10 AM-Noon Sa 3/4

#### Family Fun Day: Winter Survival

During this unique family day out, you will learn basic outdoor skills necessary to survive a snowy night in the woods. We will go over best practices for being prepared on the trail, building a fire and shelter, and making nutritious tea from pine needles. We will finish by roasting hot dogs over a campfire. Meatless "hot dogs" will be available first come, first served. Recommended for children 5 and older. Pre-registration required.

\$3 resident, \$5 nonresident

#WINTSU.02 1-4 PM Su 3/12

#### **Maple Syrup Festival**

Join us as we turn our maple sap into syrup through the process of maple sugaring. Learn how trees make sugar and how people through the ages have harvested it. There will be hands-on crafts and an opportunity to taste test our finished product. Jars of our organic, homemade maple syrup will be available for purchase. Ages 2 and under are free.

\$5 per resident, \$7 per nonresident

#NCMAPLE.01 Noon-3 PM Su 3/19

#### Spring Clean Up - Teaching Gardens

We need volunteers to help get the Teaching Gardens ready for the growing season. Come for an hour or the entire day. Enjoy this free opportunity to learn from our knowledgeable MSU Extension-certified Master Gardeners. In addition, volunteers can enjoy a free pizza and salad lunch at noon. All ages can join us with adult supervision required for all children. Bring your hand tools and gloves.

Free

#NCGARDEN.1 9:30 AM-12:30 PM Sa 4/8

#### **Earth Day Celebration**

Join us as we celebrate our favorite planet, Earth. Enjoy live bluegrass music by the Balduck Mountain Ramblers, meet live animal ambassadors and learn how you can be kind to wildlife. **Thank you to our sponsors - Malibu Building Inc.** There will also be eco-friendly crafts, educational stations, story time, face-painting and scheduled guided hikes. Shop small at the Local Artisan Market and stay for a tree planting ceremony at noon. Registration preferred.

Free

#NCEARTH.01 10 AM-2 PM Sa 4/22

#### **Great Blue Heron Fest**

Shelby Township is home to a large great blue heron rookery. Join us at Holland Ponds at 50385 Ryan Road to learn about this amazing species. Enjoy free all-ages guided hikes, activities and educational stations. In the event of rain, guided hikes will continue at Holland Ponds on a schedule and all other activities will take place at nature center.

Free

#NCHERON.01 Noon-2 PM Sa 5/6

#### **Shadbush Gardens Annual Plant Sale**

Get a head start on your spring planting while supporting the Teaching Gardens. Choose from a variety of plants. Knowledgeable master gardeners will be on-site to help with plant selection and answer questions. All proceeds to benefit the Teaching Gardens.

Free

No registration 9:30 AM-12:30 PM F/Sa 5/12-5/13

#### Reptile Care 101

Join us in this one in a "chameleon" opportunity to learn the ins and outs of caring for captive reptiles from our resident certified master herpetologist. In this unique course, we will learn about the essentials of reptile husbandry, participate in hands on animal training and enrichment activities, and interact with our ambassador reptiles. Pre-registration required.

Free

#NCREPT.01 6-9 PM F 5/12



#### HOME SCHOOL CLASSES

#### For Ages 4-12

Our home school curriculum immerses students in nature while teaching topics in ecology and history. These 90-minute programs occur on select Wednesdays for children ages 4-12. Upon arrival, students split into two age groups, 4-7 and 8-12, so content is compelling, engaging and appropriate. An adult is required to attend and supervise participants. A large portion of every class takes place outdoors, so please dress accordingly. Pre-registration required. \$3 resident, \$5 nonresident

#### Maple Sugaring

Students learn how trees make sugar and how people throughout history have harvested it. Then they will sample maple syrup made at the nature center.

#NCHOME.07 1:30 PM W 3/1

#### **Pollinator Pals**

Students will learn what a pollinator is and what their roles in our ecosystems are. After, they will head outdoors in search of their own pollinator pals.

#NCHOME.08 1:30 PM

#### Wonders of Watersheds

Students learn how the water in their backyards eventually drains into the Great Lakes through the region's watersheds.

4/5

#NCHOME.09 1:30 PM W 5/3



# EARTH DAY CELEBRATION

LIVE MUSIC | CRAFTS | ANIMALS | STORYTIME FACE PAINTING | HIKES | EDUCATIONAL STATIONS

# APRIL 22, 2023

10 AM-2 PM - TREE PLANTING AT NOON

Celebrate our favorite planet, Earth. Hear live bluegrass music by the Balduck Mountain Ramblers and shop small at our Local Artisan Market. Enjoy animal ambassador meet-and-greets sponsored by Malibu Building Inc., games, educational stations, storytime, face painting, scheduled guided hikes and eco-friendly crafts while supplies last. Meet local environmental organizations and learn how to get involved.

Thank you to our Community Groups:
Clinton River Watershed Council, Lake St. Clair CISMA,
Rochester Pollinators and CombUnity Honey Co.

BURGESS-SHADBUSH NATURE CENTER

4101 RIVER BENDS DRIVE - SHELBY TOWNSHIP, MI 48317
SHELBYTWP.ORG/NATURE



# 2023 EVENTS













#### MARCH

4 Breakfast with the Birds
8 Mother & Son Dance
19 Maple Syrup Festival
APRIL

1 Easter Bunny Lunch 1 Easter Egg Scramble 22 Earth Day Celebration MAY

Great Blue Heron Festival

JUNE
9 Splash Bash Kickoff
10 36th Annual Fishing Derby
11 Clinton River Day

JULY

8 26th Annual Kid's Olympics

12 Free Summer Concert & Movie

19 Free Summer Concert

**Bat Hike** 

22 Bat Hike22 Flea Market

26 Free Summer Concert

**AUGUST** 

24

5 Kid to Kid Sale 12-13 40th Annual Art Fair

19 Bat Hike

SEPTEMBER

9 Bow Wow Luau

23 Bat Hike

**OCTOBER** 

13 Halloween Spooktacular & Movie

20-21 Haunted Nature Center

**NOVEMBER** 

11 Turkey Fest19 Snack and Shop30 Christmas Aglow

**DECEMBER** 

Christmas on the FrontierBreakfast with Santa

Dinner & Dancing with SantaWinter Solstice Hike & Bonfire

#### CONNECT WITH YOUR COMMUNITY

The Shelby Township Parks & Recreation Department invites businesses and organizations to take advantage of a promotional opportunity and to show their support of the community. Our sponsors play an important role in the success of our annual free and/or low cost family events and youth athletic leagues. Their support helps to purchase supplies and offset necessary operating costs and provides a tool to reach out to area families.

Several options are available and depending on the level, benefits may include:

- Name and/or logo on promotional materials
- · Name in social media advertising and email blasts
- · Sponsor provided promotional information placed at event
- Table or area for sponsor to greet attendees and distribute information
- · Sponsor provided banner placed at the sponsored event or athletic field
- · Recognition in the edition of "Branching Out" that event is advertised in

SPONSORED BY:

GENISYS

SHELBY TOWNSHIP PARKS & RECREATION

# EASTER PEGG SCRAMBLE \*\*



AGES 3-5 · BEGINS @ 2 PM AGES 6-10 · BEGINS @ 3:30

SHELBY TOWNSHIP ACTIVITIES CENTER

APRIL 1

14975 21 MILE ROAD

ADVANCED REGISTRATION REQUIRED - NO WALK-INS \$2 FOR RESIDENTS - \$10 FOR NONRESIDENTS

CALL 586-731-0300 OR VISIT REGISTER. SHELBYTWP. ORG TO REGISTER.





APRIL 1 - 11 AM

\$ 9 RESIDENTS \$14 NONRESIDENTS



SHELBY TOWNSHIP ACTIVITIES CENTER 14975 21 MILE ROAD

\* SHELBY TOWNSHIP \*
PARKS & RECREATION

SHELBYTWP.ORG

\*

\*



Shelby Township Library 52610 Van Dyke Ave. 586-739-7414 shelbylib@libcoop.net shelbytwp.org/library

# FRIENDS OF THE LIBRARY SPRING TRIP

#### Ford Piquette Avenue Plant 8:30 AM-3 PM May 3, 2023

As the birthplace of the Ford Model T car, the Ford Piquette Avenue Plant is recognized as one of the world's most significant automotive heritage sites. Join the Friends of the Library as they tour Ford Motor Company's first purpose-built factory, the Ford Piquette Avenue Plant, built in 1904 on Piquette Ave. and the Milwaukee Junction Rail Line. Departs from the Shelby Twp. Library, and costs \$98 per person.

#### Whats included:

- Transportation
- Free time to explore
- Lunch at Amore da Roma
- Friends of the Library donation
- Guided tour of the Museum

## Shelby Township Library to reopen March 6 as remediation continues

As crews address water damage caused by a building failure on Christmas Eve, the Shelby Township Library will reopen on March 6. While there is still work to remediate the library fully, some areas may be closed for limited periods, and some services associated with our technology lab may be unavailable.

While we can still not provide a full timetable for complete remediation, reopening the

library to our community and patrons was of utmost importance. We are excited to welcome everyone back inside.

We reschedule some library technology events, programs and activities to accommodate the remediation process. All other programs are on schedule and we will be ready for our popular Summer Reading Season to kick off in June. For up-to-date program schedules, check the

calendar at shelbytwp.org/library or visit the library's Facebook page.

If patrons or residents have questions regarding what is open and available daily, library staff is available by phone at 586-739-7414 or by email at shelbylib@libcoop.net for assistance. Additionally, all digital services are available at shelbytwp.org/library.



The Charter Township of Shelby Parks,
Recreation and Maintenance Department is
accepting applications for part-time and
seasonal help. SEE MORE AT SHELBYTWP.ORG/JOBS

#### Job opportunities include:

Chief Gene Shepherd Park & Splash Pad Recreation Aide PRM Grounds Maintenance

Summer Recreation Day Camp Director, age 21 and older

Summer Recreation Day Camp Asst. Director, age 21 and older

Summer Recreation Playground Aide

Summer Recreation Aide

# Chief Gene Shepherd Park & Splash Pad Aide

18 or older; pay starts @ \$13.07 Spend your summer helping families enjoy fun in the sun. Great first job for teens.

#### • Grounds Maintenance

18 or older; pay starts @ \$15.53 Work outside in 1,200 acres of parks. Great for retirees.

#### Summer Recreation Day Camp Director

21 or older; pay starts @ \$16.55 Help lead the 2023 Summer Recreation Day Camp. Great for education or recreation college students

#### Summer Recreation Day Camp Asst. Director

21 or older; pay starts @ \$14.72 Lend a hand at the 2023 Summer Recreation Day Camp. Great for education or recreation college students

# Summer Recreation Playground Aide

18 or older; pay starts @ \$13.07 Guide 2023 Summer Recreation Day Camp campers. Great for teens interested in education or recreation careers.

#### Summer Recreation Aide

18 or older; pay starts @ \$13.07 Make all of our summer programs go and explore different areas of township recreation, a great for first-time job and teens interested in education or recreation careers.



Parks • Recreation • Seniors

#### SHELBY TOWNSHIP INFORMATION

# Floodplain Information

FLOOD HAZARD AREAS — Portions of Shelby Township are encumbered by the 100-year floodplain. The areas most susceptible to flooding are along the main and middle branch of the Clinton River. Smaller floodplain areas exist proximate to the Harris, Longstaff, Decker, Dunn and Bannister Drains. Of

course, any drain, stream, river or other body of water in the township poses a flooding risk.

Find out if your property is in the regulated 100-year floodplain and additional information on floodway, Historical Flooding and Wetland by calling the Shelby Township Floodplain Management Office at 586-731-5969 or by visiting the Building Department. The township keeps records of elevation certificates for public view. Maps can also be reviewed online at fema.gov or by visiting the Building Department.

FLOOD SAFETY — Here are some things you can do to protect your family and property from flooding.

- Contact your property insurance agent to see if a flood insurance policy would help you. Even if you're not in the mapped floodplain, you may be subject to flooding from local drainage. In either case, flood insurance can be a good investment because most homeowner insurance policies do not cover damage caused by surface water flooding.
- · Do not walk or drive through flood water. Currents are deceptive; just six inches of moving water can knock you off your feet. Do not drive around barriers, as the road or bridge may be washed out.
- Stay away from power lines and electrical wires. If your house is about to be flooded, turn off the power at the service box. Electrical current can travel through water. Electrocution is the second leading cause of death during floods.
- Be alert to gas leaks. Turn off the gas to your house before it floods. If you smell gas, report it to a township official or your gas company. Do not use candles, lanterns or open flames if you smell gas or are unsure if your gas has been shut off.
- Keep children away from the flood waters, ditches, culverts and storm drains. Flood waters can carry unknown items that have dislodged themselves. Culverts may suck smaller people into them rendering them helpless.
- Clean everything that has been wet. Flood water will be contaminated with sewage and other chemicals which pose severe health threats.
- · Look out for animals, especially snakes. Small animals that have been flooded out of their home may seek shelter in yours.
- Do not use gas engines, such as generators, or charcoal fires indoors during power outages. Carbonmonoxide exhaust can pose serious health hazards.

#### PROPERTY PROTECTION **MEASURES** — Talk to us about

There are ways to modify your building to minimize flood damage. Where flooding is shallow, measures such as small flood-walls, regarding the yard, and floodproofing the walls or utilities can be relatively inexpensive. Where flooding is deep, a building may need to be elevated.

Check with the Shelby Township Building Department before you build, alter, regrade or fill on your property. Call 586-731-5969 first. A permit may be needed to ensure that a project is compliant with all regulations. These regulations are designed to protect your property from flood damage and to make sure you do not cause a water problem for your neighbors.

#### **FLOODPLAIN PERMIT REQUIREMENTS** — All

development within the 100-year floodplain (including construction of buildings, filling, excavation, fences, etc.) is required to obtain a permit from the Shelby Township Building Department. Other state and local permits may be applicable too. Applications must be made prior to doing any work in a floodplain area. Please contact the Building Department to receive all the information you will need in order to properly develop in the floodplain at 586-731-5969. You may report any unlawful development activities to the above number as well.

SUBSTANTIAL IMPROVEMENT/ **DAMAGE** — For buildings within regulated floodplains, the National Flood Insurance Program requires that, if the cost of improvements to a building or the cost to repair damages (from any cause) exceeds 50 percent of the market value of the building (excluding land value), the entire building must be brought up to current floodplain management standards. Building improvement projects include exterior and interior remodelina. rehabilitation, additions, and repair and reconstruction projects. Please contact the Shelby Township **Building Department at** 

586-731-5969 for details.

FLOOD INSURANCE — If you do not have flood insurance, talk to your insurance agent. Most homeowner's insurance policies do not cover damage from floods. Flood insurance is only available to participating communities in the National Flood Insurance Program (NFIP), such as Shelby Township. Our commitment to floodplain management helps to minimize flood hazards and enables us to be a part of the NFIP. Additionally, because Shelby Township participates in the Federal Emergency Management Agency's Community Rating System program, flood insurance premiums are discounted.

Be sure to check your policy to ensure you have adequate coverage. Usually these policies cover the building structure, but not the contents. Contents coverage can also be obtained by asking. There is a 30-day waiting period before flood insurance coverage becomes effective. Plan ahead; do not wait until a flood is predicted before purchasing flood insurance.

If you are building within a floodplain, the purchase of flood insurance is mandatory if using a federally regulated/insured bank for a loan.

**NATURAL & BENEFICIAL** FUNCTIONS — Don't pour oil, grease, pesticides, or other pollutants down storm drains or into the ditches and streams. Our streams and wetlands help moderate flooding and are habitat for fish, frogs, and other species that provide us with recreation or food. Let's protect them and their homes. Floodplains play a valuable role in providing natural and beneficial functions to the area around, and including, Shelby Township. Floodplains that are relatively undisturbed provide a wide range of benefits to both human and natural systems. These benefits provide aesthetic pleasure as well as function to provide

active processes such as filtering nutrients. Significant areas in Shelby Township's River Bends and Holland Ponds parks are located within the floodplain associated with the Clinton River. Both enhance waterfowl, fish and other wildlife habitats and provide feeding/ breeding grounds. Lastly, such floodplain areas provide natural erosion control and open space so further flooding damage does not occur.

**DRAINAGE SYSTEM MAINTENANCE** — As simple as it may sound, keeping smaller ditches and streams free of debris dramatically improves run-off capacity in low-lying areas and greatly reduces the occurrence blockage that significantly contributes to flooding. It is illegal to dump materials into a required waterway and violators may be fined. If you see someone in the act of dumping in one of our watercourses, please report it to the Shelby Township Building Department at 586-731-5969 or the Macomb County Public Works Offices at 586-469-5327.

#### **ADDITIONAL INFORMATION –**

If you have flooding or draining concerns call the Shelby Township Building Department at 586-731-5969 for on-site assistance. If you should require further or more detailed information regarding flood-related issues in Shelby Township contact:

 Federal Emergency Management Agency 15801 Michigan Ave., Dearborn MI, 48126

Phone: 800-621-3362 Web: fema.gov • Shelby Township Building Dept.

52700 Van Dyke Ave., Shelby Township MI, 48316 Phone: 586-731-5969 Email: building@shelbytwp.org Web: shelbytwp.org/building

 Shelby Township Library 52160 Van Dyke Ave., Shelby Township 48316 Phone: 586-739-7414 Email: shelbylib@libcoop.net Web: shelbytwp.org/library





# The Pipeline

Now Available at shelbytwp.org/waterqualityreport

To have a copy mailed to you, contact Shelby Twp. DPW at 586-731-5990 or email dpw@shelbytwp.org



In Compliance of the Federal Water Pollution Control Act, Shelby Township maintains a NPDES MS4 permit. For more information on the township's Storm Water Management Plan or to comment on the Township's NPDES MS4 permit, visit shelbytwp.org/dpw.



#### **RESERVATIONS**

We accept walk-in registrations, in person, at the Shelby Township Activities Center at 14975 21 Mile Road. It's not necessary to complete a form for walk-in enrollment. Use cash, check, credit card or money order for walk-in payment.

Enroll for most classes and activities by visiting **register.shelbytwp.org.** Look for the registration link and follow the prompts using your email address for login to our new RecPro database. Facility reservations and ticket sales are not available online.

Call the Parks, Recreation and Maintenance Department at **586-731-0300** to enroll by phone using your credit card. You will receive a receipt by email if your household has an email address on file with PRM. Otherwise, your credit card bill is confirmation of your enrollment.

For your convenience, a registration drop box is available for after-hours enrollment at the front doors of the activities center. To register by mail or drop-box, enclose a check, or credit card information and a completed enrollment form in an envelope and mail it to our new address, Shelby Township Activities Center, 14975 21 Mile Road, Shelby Township, MI 48315.

You can fax or email registration by sending a completed enrollment form and credit card information. To fax, submit your documents to 586-323-3054, or, to email, send all documents to shelbyprm@shelbytwp.org.

For mail, fax or email registration, please complete and sign the enrollment form on the next page.

#### REGISTER ONLINE

Online registration for Shelby Township park and recreation programming is available through the township's platform at *register*. *shelbytwp.org*.

If you have registered for programs or events with the Shelby Township Parks, Recreation and Maintenance Department, the Shelby Township Senior Center or the Burgess-Shadbush Nature Center within the past three years, your "household account" automatically transitioned to the new system. Established users must set a new password for the system by clicking the "Sign In" button and following "reset password" prompts.

New users must set-up a "household account" in the new system before submitting an online registration. To set-up a "household account," call Parks, Recreation and Maintenance at 586-731-0300.

If you have any questions, contact us at 586-731-0300 or shelbyprm@shelbytwp.org. The Parks, Recreation and Maintenance Department offices are open 8:30 a.m.-5 p.m., Monday through Friday. Offices are closed daily noon-1 p.m. for lunch.

#### DATES

Unless otherwise noted, registration for activities, programs and events is available now. Enrollment using any of the methods listed will be processed upon receipt.

Nonresidents must add \$7 for each activity unless the description lists a different fee.

# EVENT RESERVATIONS OR TICKET SALES

A \$2 per family mailing fee is added to reservations or sales not made in person if a receipt cannot be emailed. This fee does not apply to class enrollment. Event reservations are not available online.

#### ENROLLMENT CONFIRMATION

Walk-in enrollment confirmation occurs at the time of registration. A receipt will be emailed for any enrollment not taken in person if an email address is on file.

# LATE REGISTRATION & PARTIAL ATTENDANCE

PRM does not prorate fees because of late registration or partial class attendance.

#### SENIOR DISCOUNT

Enrollees 65 or older are eligible for a 10% discount on their class enrollment upon request at the time of registration. If applicable, the discount occurs after the nonresident fee. A senior discount is not available for facility, park or event reservations.

#### **REFUND POLICIES**

- PRM honors most refund requests if the request is made before a class meets for the second time.
- See league information for refund deadline dates, fees and policies for athletic leagues.
- Requests for refunds for one-day events or classes, camps or for programs that meet for consecutive days must occur at least seven business days prior to the scheduled date.
- A \$7 fee per enrollment will be deducted from refunds for processing unless the description lists a different fee.
- A refund check will be mailed three to four weeks from the date of request for cash and check transactions.
- PRM credits refunds to your card for credit card refunds.
- Fees of \$7 or less are not eligible for refunds.
- Partial refunds are not issued.
- PRM does not grant refunds for Heritage Garden or Hope Chapel reservations.
- Refund requests for shelter reservations can occur up to 30 days before the reservation date. Requests must be in writing. PRM deducts a 10% cancellation fee from the refund

#### **CHECK RETURN POLICY**

Any check returned for insufficient funds or any other reason is subject to processing and bank fees payable before further participation or registration.

#### **CANCELLATIONS**

PRM reserves the right to cancel an activity or program because of a lack of enrollment or other circumstances beyond its control. If a cancellation is necessary, PRM will contact enrollees by phone, and a full refund will be processed.

#### **INCLEMENT WEATHER**

When the weather calls for enough precipitation to cancel games, practices or classes, PRM places a phone message at 586-726-4556 and posts it to facebook.com/shelbytwpparksandrec. Please check these areas before phoning PRM.

#### NOTICE TO STUDENTS

Instructors and staff members are not permitted to sell any product, service or espouse any spiritual or religious activity while performing duties as an instructor or facility member for the Charter Township of Shelby. Said persons must state their occupation and commercial role at the first class meeting. Also, literature with commercial content or business cards may be made available to students only upon the student's request. The Charter Township of Shelby, PRM and its staff are not responsible for any activities that may take place inside or outside the classroom or off township properties.

#### **DEPARTMENT POLICIES**

Anti-Discrimination - The Parks, Recreation & Maintenance Department does not discriminate on the basis of race, color, national origin, sex, religion, age, gender identity, expression of sexual orientation or disabled status in the employment of or the provision of services.

Insurance - While the Parks, Recreation & Maintenance Department is committed to the safety of all of its participants, it takes no responsibility for personal injuries or loss of personal property while using township facilities or participating in activities. It is recommended that anyone enrolled in a program or using the facilities make provisions to provide adequate coverage with their own insurance program.

Photo Policy - The township frequently takes photos or video images of event and activity participants, visitors to our parks, and persons utilizing our facilities. These photos and video images are the sole property of the township and may be used for promotional and marketing purposes at its discretion.

For more information on all parks and recreation, senior center and nature center events and programs check out our calendar at **shelbytwp.org/**parks.

#### TOWNSHIP DIRECTORY

#### Assessing Department

Phone: 586-731-5910

Email: assessing@shelbytwp.org

#### **Building Department**

Phone: 586-731-5969

Email: building@shelbytwp.org

#### Clerk's Office

Phone: 586-731-5102 Email: clerk@shelbytwp.org

#### **Code Enforcement**

Phone: 586-726-7248

Email: ordenf@shelbytwp.org

#### **Community Relations**

51690 Van Dyke Ave. Phone: 586-254-7130 Email: info@shelbytwp.org

#### **41A District Court**

Phone: 586-739-7325

Email: 41 Ainfo@shelbytwp.org

#### **Fire Department**

Phone: 586-731-3476 For emergencies dial 911

#### **Human Resources**

Phone: 586-726-7241 Email: **HR@shelbytwp.org** 

#### Library

Phone: 586-739-7414 Email: shelbylib@libcoop.net

#### Parks, Recreation and Maintenance

Phone: 586-731-0300

E-mail: shelbyprm@shelbytwp.org

#### **Planning Department**

Phone: 586-726-7243

Email: planning@shelbytwp.org

#### **Police Department**

Phone: 586-731-2121 For emergencies dial 911

#### **Public Works**

Phone: 586-731-5990 Email: dpw@shelbytwp.org

#### Supervisor's Office

Phone: 586-731-5154

Email: rstathakis@shelbytwp.org

PLEASE SIGN HERE

FOR OFFICE USE ONLY Processed by \_\_\_\_\_

Email

Drop-Box

Fax

Mail \_ Notes

#### **Treasurer's Office**

Phone: 586-731-5145

Email: treasurer@shelbytwp.org



# FOR MAIL, FAX OR EMAIL ENROLLMENT. PLEASE PRINT CLEARLY -- COMPLETE ENTIRE FORM & SIGN Registrations will be processed upon receipt. Enrollees will be notified if a class is full, canceled, or requires a supply list. A receipt will be sent via email if you have provided an email address. If you would like a receipt mailed to you, please include a self-addressed, stamped envelope with your mail-in or drop-box registration. Don't forget to sign the signature line. Include your check, money order or credit card information. Make checks payable to Shelby Township Parks, Recreation and Maintenance. Event tickets not sold in person will be assessed a \$2 mailing fee if the receipt cannot be emailed. This fee does not apply to class registrations.

First Name	Last Na	me	_ PAYMENT INFORMATION
			Check/Money Order #
Sex Date	of Birth	Grade	
Activity #	Activity Name		Credit Card - circle Visa Mastercard Amex Discov
ACTIVITY #	Activity Name		-
Start Time	Start Date	_	Credit Card #
orarr rime	Start Date		-
	N. D. E. ''		Cardholder's Name
Activity Fee	NonRes Fee if rec	quired	
Гоtal Fee:		-	Expiration Date
First Name	Last Na	me	FAX-IN REGISTRATION ACCEPTED WITH CREDIT CARD PAYMENT ONLY! FAX FORM TO 586-323-303 Mail registration form to: Shelby Township Parks, Recreation & Maintenance, 14975 21 Mile Road, Shelby Township, MI 48315
Sex Date	of Birth	Grade	PLEASE PRINT CLEARLY & SIGN BELOV
			Street Address
Activity #	Activity Name		City/Township
			Zip Code
Start Time	Start Date	_	Home Phone Work Phone
			Cell Phone
		_	Email Address
Activity Fee	NonRes Fee if rec	juired	Name of Parent or Guardian of Minor Child
Total Fee:			
			Emergency Contact Person
First Name	Last Na	me	_
			Emergency Phone
Sex Date	of Birth	Grade	Relationship to Enrollee
			PLEASE COMPLETE APPLICABLE
Activity #	Activity Name		INFORMATION:
TCIIVIIY #	Activity Name		Jersey/Shirt Size:
		_	Youth Adult XS S M L XL
Start Time	Start Date		Is someone in the household volunteering?
			Circle: Coach Asst Other
Activity Fee	NonRes Fee if rec	– nuired	Name
,			Phone
Total Fee:		-	Team with (name)
NOTE REGA fees and da We apolo WAIVER represer foreseeable and traveling	ARDING PRINTING EI tes contained in our gize for any misprint: OF LIABILITY - In reg ntatives, successors, a e or not, sustained by to or from the above	RRORS - Our officatalog, on flyers, but reserve the alstering for the almostructors of myself, my child elisted activity.	Phone

(Signature of Student or Parent of Minor Student)



